15th April, 6th May, 3rd June, 24th June, 15th July

MAINS

Fresh Gavours

Summer Menu



Mon Tue Wed Thu Fri

MASALA MOMENTS

SOUTH AMERICAN CARNIVAL

FISH & CHIP SHOP

Kung Pao Chilli Pork Stir Fry with Peppers (G.So.Mu.Ce) and Noodles (G)

Steamed Rice Garlic and Chili Roasted

Greens

Kung Pao Quorn Chilli Stir Fry with Pepper (G,So,Mu,E,Ce) and Noodles (E)

Steamed Rice Garlic and Chili Roasted Greens

Keralan Chicken Curry

West Indian Spiced Tofu and Aubergine Curry (G.So.Mk)

Potato, Pea and Cauliflower Roti (G)

Spicy Indian Rice

Onion Bhaii (G) Vegetable Samosa (G)

Torn Parathas (G) Mango Chutney Green Coriander Chutney (Mk)

Pulled Chicken Tinga Tortilla with Sour Cream (G,Su,Mu,Mk,E)

Chilli Beef Empanadas (G,Mk,E,Ce)

Feijoada Brazilian Black Bean Stew (Su)

> Pepper, Lime and Spring Onion Rice

> > Cajun Corn (Mu)

Collard Greens

Classic Italian Slow Cooked Beef Lasagne (G.Mk.E) Served with Chef's Seasonal Salad and Garlic Bread (G,Mk,So)

Mediterranean Roasted Vegetable Lasagne (G,Mk,E) Served with Chef's Seasonal Salad

and Garlic Bread

(G,Mk,So)

Battered Fish Fillet (G,F) Cheese and Onion Pastie

(G,So,Mk) "Chip Butty" (G,Se,Mk)

Jumbo Sausage (G,Su) Fish Fingers (G,F,E)

Oven Baked Chips

Garden Peas Baked Bean Curry Sauce (Mk)

Chunky Tartare Sauce (Su.E) Ketchup and Lemon

From £2,20



MONDAY

Jumbo Hot Dog with BBQ Sauce and Sweet Potato Crisps (G,Su,Se,Mu)

TUESDAY

Bombay Burrito with Indian Chicken (G,Mu,Mk,E)

WEDNESDAY

Chicken Pad Thai with Sweet Chilli Sauce (E)

THURSDAY

Wrap with Buffalo Chicken (G)

FRIDAY

Fish and Chip Shop

From £2.25

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognaise (G)

Tomato and Basil (G)

Mac 'n' Cheese (G,Mk)

Served with: Home baked Garlic Bread (G,So,Mk)

> Pesto (Mk) Cheese (Mk)

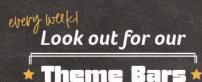
From £1.15



Selection of home bakes, flapjacks, cookies, sponges, jelly and fruit pots

deliciously good food.

At the heart of everything we do is our love of good, fresh and healthy food, prepared by a team who cares!



JACKET POTATOES WITH ALL THE BEST TOPPINGS!



SALAD BAR

Fresh every day packed with tasty choices!



Check out what's on offer today! Available for Free School Meals



22nd April, 13th May, 10th June, 1st July

Summer Menu



Mon Tue Wed Thu Fri

Wedges

MAINS Fresh Garours

Peri Peri Cauliflower Steaks with Coleslaw

From £2.20

GLOBAL EATS

MONDAY

Korean Meatballs with Noodles (G,So,Se,E)

Lamb Shish Kebab and Salad (G,So,Mk,E)

WEDNESDAY

Tandoori Chicken with mango chutney and coriander salad (G,Mk,E)

> **THURSDAY** Hot & Spicy Chicken Wrap (G,Su)

> > **FRIDAY**

Fish and Chip Shop

BURGER BAR

Quarter Pounder Beef

Burger (G.Se)

Spicy Chicken Burger

(G,Se,Mu)

Falafel Burger (G,Se)

All Served in a Sesame

Seed Bun

CARIBBEAN

Jamaican Chicken and Pineapple Tray bake

Jerk Pulled Pork with Tortilla (G) and Banana Salsa

Tofu and Mango Jamaican Stew (So,Mk)

Caribbean Coleslaw (So,Mk,E)

Coconut Rice and Peas (Su)

Reggae Reggae Baked Sweet Potato Wedges (Mu)

FISH & CHIP SHOP

Battered Fish Fillet (G,F)

Cheese and Onion Pastie (G,So,Mk)

"Chip Butty" (G,Se,Mk)

Jumbo Sausage (G,Su)

Fish Fingers (G,F,E)

Oven Baked Chips

Garden Peas Baked Bean Curry Sauce (Mk)

Chunky Tartare Sauce (Su,E) Ketchup and Lemon

From £1.15

DESSERT

Selection of home bakes,

flapjacks, cookies,

sponges, jelly and fruit

pots

Beef Chilli Con Carne

(Mu) with Sour Cream

(Mk) and Crushed

Nachos

Steamed Rice

Vegetarian Mince Chilli

Non Carne (So,Ce),

Served with Tortilla

Chips (G,Mu), Sour

Cream (Mk) and

Jalapenos

Steamed Rice

every week!

SALAD BAR

deliciously good food.

At the heart of everything we do is our

love of good, fresh and healthy food, prepared by a team who cares!

Look out for our

Theme Bars

JACKET POTATOES

WITH ALL THE BEST TOPPINGS!

Fresh every day packed with tasty choices!

Check out what's on offer today! Available for Free School Meals

Portuguese Peri Peri Chicken with Coleslaw and potato

(Su,E)

and Potato Wedges

(Su,E)

Add Mayonnaise (E), Shredded Iceberg, Fried

> Chips / Oven Chips Onion Rings (G)

Onions, Ketchup

Extras Sliced Cheese (Mk) Pineapple Fried Egg (E)



SERVED EVERYDAY

Tomato and Basil (G)

Home baked Garlic Bread (G,So,Mk) Pesto (Mk)

Served with:

Freshly Cooked Pasta:

Slow Cooked Beef Bolognaise (G)

Mac 'n' Cheese (G,Mk)

Cheese (Mk)

From £2.25

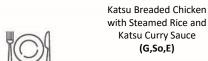
29th April, 20th May, 17th June 8th July

Summer Menu



Mon Tue Wed Thu Fri

TASTE OF AFRICA ** ASIAN FLAVOURS



From £2.70



Fresh Gavours Katsu Breaded Sweet Potato with Steamed

> Rice and Katsu Curry Sauce (G,So,E)

Morrocan Chicken Tagine (G) Harissa Meatballs in

> Tomato Sauce (Su,Ce)

Sweet Potato Falafel with Turmeric Raita (G,So,Mu,Mk)

> Mujadara (G,Mk)

Moroccan Carrot & Orange Salad (G,Su)

Grilled Mint Flatbreads (G,So,Mk)

Crispy Asian Sweet Chilli Chicken (G,So,E)

Szechuan Spiced Pork with Ginger Noodles (G,So,E)

Tofu and Mushroom Mapo Stir Fry (G,So,Mu)

Shredded Asian Slaw (Su,So,Se)

Egg Noodles (G,E)

Coriander Steamed Rice

Spring Rolls (G,So,Mk,E,Ce) Sticky BBQ Chicken (G,Su,So,Ce)

with Potato Wedges and Cowboy Beans (Su,So,G,Ce)

Gnocchi with Roasted Tomato Sauce and Mozzarella Cheese

(G,So,Mu,Mk,E) Served with Pesto Green Beans (Mk) FISH & CHIP SHOP

Battered Fish Fillet (G,F) Cheese and Onion Pastie (G,So,Mk) "Chip Butty" (G,Se,Mk) Jumbo Sausage (G,Su) Fish Fingers (G,F,E)

Oven Baked Chips

Garden Peas Baked Bean Curry Sauce (Mk)

Chunky Tartare Sauce (Su.E) Ketchup and Lemon

From £2.20

GLDBAL EATS

MONDAY

Singapore Noodles with Chicken Teriyaki (G,Su,So,E)

TUESDAY

Mediterranean Chicken Wrap (G,Su,Mk,E)

WFDNFSDAY

Fiery Jerk Chicken Burger with Pineapple Salsa(G,Su,Se) **THURSDAY**

5 Spice Chicken Wrap (G,So,E)

FRIDAY

Fish and Chip Shop

From £2.25

SERVED EVERYDAY

Freshly Cooked Pasta:

Slow Cooked Beef Bolognaise (G)

Tomato and Basil (G)

Mac 'n' Cheese (G,Mk)

Served with: Home baked Garlic Bread (G,So,Mk) Pesto (Mk) Cheese (Mk)

From £1.15



Selection of home bakes, flapjacks, cookies, sponges, jelly and fruit pots

deliciously good food.

At the heart of everything we do is our love of good, fresh and healthy food, prepared by a team who cares!

every week! Look out for our Theme Bars

> JACKET POTATOES WITH ALL THE BEST TOPPINGS!



SALAD BAR

Fresh every day packed with tasty choices!

Check out what's on offer today! Available for Free School Meals

