

# Commitments

## Clubs & Hobbies

	Day/s	Time spent
_____	<input type="text"/>	<input type="text"/>
_____	<input type="text"/>	<input type="text"/>
_____	<input type="text"/>	<input type="text"/>
_____	<input type="text"/>	<input type="text"/>
_____	<input type="text"/>	<input type="text"/>

## Job/ other commitments

	Day/s	Time spent
_____	<input type="text"/>	<input type="text"/>
_____	<input type="text"/>	<input type="text"/>

## Subjects

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

## Downtime

	How happy does it make me? (1-10)	How often should I do it? (daily/weekly)
_____	<input type="text"/>	<input type="text"/>
_____	<input type="text"/>	<input type="text"/>
_____	<input type="text"/>	<input type="text"/>
_____	<input type="text"/>	<input type="text"/>

### 1. Subject

Topics I need to revise for

What topics are my strengths?

What topics are my weakest?

### 1. Subject

Topics I need to revise for

What topics are my strengths?

What topics are my weakest?

<div>Educated Minds with MISS COLE</div> <div></div>		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning motivation	"To change your reality, you must change your mentality. " – Daniel Ally	"What if I fail?" "Oh, my darling, what if you fly?" -Erin Hanson	"Only those who risk going far can possibly find out how far they can go. " –T.S. Eliot	"See the invisible, believe the incredible, achieve the impossible." -Joel Brown	"We are the directors of our own mindset." -unknown	"If you want more, you have to require more from yourself." -Dr. Phil	"Believing in negative thoughts is the single greatest obstruction to success." -Charles F. Glassman	
9.00								
10.00								
11.00								
12.00								
13.00								
14.00								
15.00								
16.00								
17.00								
18.00								
19.00								
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**Subject**

**Today's topic of study**

**Skills I have improved**

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**Skills that still need improving**

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**Subject**

**Today's topic of study**

**Downtime activities**

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**Reflection**

Unhappy 1 2 3 4 5 Happy

Lazy 1 2 3 4 5 Productive

Stressed 1 2 3 4 5 Relaxed

Tired 1 2 3 4 5 Enthusiastic

**Subject**

**Today's topic of study**

**Notes**

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**Subject**

**Today's topic of study**

**Good things about today**

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**What I hope for tomorrow**

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