

Take your taste buds on a journey

Aspens has been chosen to provide the meal service at your child's school. Take a look below for a glimpse at a typical menu.

SAMPLE MENU

STREATERIES

WEEK 2

MAINS		VEGETARIAN	
MONDAY	Cojun Chicken Loaded Mac Cheese with Spicy BBQ Drizzle	MONDAY	Classic Baked Mac with Garlic Crispy Crumb
TUESDAY	Great Pork Sausage Flatbread & Tzatziki with Greek Lemon & Oregano Wedges	TUESDAY	Tiroppa Greek Cheese Fila Pie with Greek Lemon & Oregano Wedges
WEDNESDAY	Tikka Roast Chicken, Cumin Yoghurt & Spiced Onions with Masala Roasties	WEDNESDAY	Masala Spiced Veggie Sausages, Cumin Yoghurt & Spiced Onions with Masala Roasties
THURSDAY	Harissa Lemon Chicken Tagine with Tomato Rice	THURSDAY	Mild West Ethiopian Lentil Stew with Tomato Rice
FRIDAY	Battered Fish or Sausage or Pizza Slice or Chicken Nuggets with Chips and Gravy or Irish Curry Sauce	FRIDAY	Pizza Slice or Veggie Sausage with Chips and Gravy or Irish Curry Sauce
VEGETABLES/SALAD		DESSERTS	
MONDAY	Pepper Lime Soup	MONDAY	Sticky Toffee Cookies
TUESDAY	Mediterranean Salad	TUESDAY	Cinnamon Apple Turnover with Custard
WEDNESDAY	Fresh Steamed Onions	WEDNESDAY	Jam & Cream Biscuits
THURSDAY	Chickpea Inspired Salad	THURSDAY	Banana Caramel Sponge
FRIDAY	Garden Peas or Baked Beans	FRIDAY	Homemade Favourites

HALAL MENUS ARE ALSO AVAILABLE

NOT JUST POTATOES... LOADED SPUDS!		REGULAR CHEF'S SPECIALS	
MONDAY	Cojun Chicken & Spicy BBQ Drizzle	MONDAY	Greek Souvlaki & Tzatziki
TUESDAY	Great Pork Sausage Flatbread & Tzatziki	TUESDAY	All The Classics
WEDNESDAY	Tikka Roast Chicken, Cumin Yoghurt & Spiced Onions	WEDNESDAY	Handcrafted Deli Sandwiches, Baguettes, Wraps, Salads & More!
THURSDAY	Harissa Lemon Chicken Tagine	THURSDAY	Southern Chicken & Chips Pot
FRIDAY	Battered Fish or Sausage or Pizza Slice or Chicken Nuggets with Chips and Gravy or Irish Curry Sauce	FRIDAY	Classic Mac Cheese
AVAILABLE EVERYDAY		AVAILABLE EVERYDAY	
BEANS • CHEESE • TUNA		HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!	
HOT DELI KITCHEN		PASTA, RICE & NOODLE POTS	
MONDAY	Selection of Pizza Slices	MONDAY	Sweet & Sour Chicken Noodles
TUESDAY	Crispy Chicken Burger	TUESDAY	Chicken Tikka Masala Rice Pot
WEDNESDAY	Mexican Chicken Tingo Burrito	WEDNESDAY	Halal Carbonara Pasta
THURSDAY	Chicken & Jalapeno Toastie	THURSDAY	Best Ever Bolognese Pasta
FRIDAY	Southern Chicken & Chips Pot	FRIDAY	Classic Mac Cheese
AVAILABLE EVERYDAY		AVAILABLE EVERYDAY	
BEANS • CHEESE • TUNA		HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!	
BIG BOWL SALADS		DAILY MEAL DEALS	
MONDAY	Herby Grem Lettuce & Roasted Chickpeas	MONDAY	Sweet & Sour Chicken Noodles
TUESDAY	Mixed Yoghurt & Chickpea Salad with Crispy Onion	TUESDAY	Chicken Tikka Masala Rice Pot
WEDNESDAY	Spicy Asian Cucumber Noodle Salad	WEDNESDAY	Halal Carbonara Pasta
THURSDAY	Hearty Chicken & Vegetable Noodle Salad	THURSDAY	Best Ever Bolognese Pasta
FRIDAY	Salad Special	FRIDAY	Classic Mac Cheese
FRESHLY MADE FROM SCRATCH DAILY!		FRESH CUT FRUIT & YOGHURT POTS AVAILABLE DAILY	

STREATERIES

Streateries is our secondary meal offer packed full of mouth-watering flavours from around the world. Designed with variety and choice in mind, the menu is built around daily themes inspired by global street food, giving you the chance to explore flavours, trending cuisines, whilst still ensuring that there is a place on the menu for the comfort of our familiar school dining hall favourites.

It's a daily journey for the taste buds, right in the school dining hall! Included is our standard street food dish, a hand held version, vegetarian/vegan choices along with a selection of sides, salads and a home bake favourite or warm traditional pudding for dessert.



LET YOUR TASTE BUDS DO THE TRAVELLING

Each month we explore a different destination full of flavour! See where this year's promotions are stopping ...

GERMAN HAUS SEPTEMBER	AUTHENTIC ITALIAN OCTOBER	COCINA ESPAÑA NOVEMBER
LET'S BEGIN THE FEASTIVITIES! DECEMBER	ROMAN ROOTS JANUARY	PAN ASIAN STREET FOOD STYLE FEBRUARY
GREAT BRITISH PIES MARCH	INCREDIBLE INDIA X PLANT POWER APRIL	HACIENDA MEXICANA MAY
SABOR DE PORTUGAL JUNE	AMERICAN DINER JULY	

HOT RIGHT NOW!

FROM YOUR FEED TO YOUR COUNTERS.

DON'T MISS THESE LIMITED TIME OFFERS! POPPING UP ALL THE TIME.

Inspired by the hottest current trends, we're bringing the next food trend to your counters!



DELI KITCHEN

Our Deli Kitchen offers students a grab & go option from the best of our classic hot and cold food offer. Packed with variety, flavour, and choice to suit every appetite.

The range includes Authentic Italian hand-stretched pizzas and pasta pots, Hacienda Mexicana burritos, rice bowls, and sides, including Voulez Poulet house rub chicken, dogs and tasty extras all the way through to our fresh deli favourite sandwiches, wraps, paninis, loaded spuds, crisp salads, fruit and chilled dessert pots.



GOOD FOR YOU & GOOD FOR THE PLANET



Caring for the planet is something that really matters to us and our customers. We see it in the way students think, speak up, and take action.

Our range of initiatives and messages support the journey to reduce environmental impacts. We're encouraging them to make choices that are good for them and the planet - now and in the future.

FEED YOUR FAMILY FOR £5

SCAN ME

Discover affordable and quick step-by-step videos to start cooking up some delicious recipes!

GOOD FOR THE PLANET WATCH YOUR WASTE!
MAKE LANDFILL OR GENERAL WASTE YOUR LAST CHOICE.



HELPING THE PLANET ONE BITE AT A TIME

MAKE A GREEN SWAP TODAY

1 AVERAGE BEEF BURGER has the same climate impact as...
10 VEGAN BURGERS

4.0 x 10 = 40



MEAL DEAL



At Aspens, we're all about offering **GREAT VALUE** and a **GREAT CHOICE** for students.

With such a variety of options,
YOU'LL ALWAYS FIND SOMETHING TO



ENJOY!



*FREE SCHOOL MEAL ALLOWANCE CAN BE USED TO BUY A MEAL DEAL.



We encourage customers to talk to us to tell us what they think so we can continually improve!

SUPPORTING BRITISH FARMERS

At Aspens we're proud to support British farmers where we can by serving fresh, seasonal produce with a supply chain that can be traced from field to fork.



Allergens and Special Diets

We cater for different requirements so that all customers can enjoy a tasty meal with us. For pre-packaged food, our labelling processes have been reviewed to give ingredients and allergen information in accordance with Natasha's Law. We continue to encourage customers to talk to us so we can work together to provide food that is safe to eat.

Klimato



We are working with Klimato to tackle carbon emissions from food, highlighting the impact of each meal on our menus.

CONTACT US

E: info@aspens-services.com
w: www.aspens-services.co.uk

