

Learning Disability and Mental Health

Reading Mencap is running a focus group for parent carers of children 0 - 18 with learning disabilities who have experience of accessing or trying to access support for their child's mental health. What has worked and what barriers have there been?

Reading Mencap will be working with Deb Hunter, Mental Health lead at Brighter Futures for Children to identify what changes are needed to ensure that children with learning disabilities are able to access the mental health support that they need.

There will be a face to face meeting and an online meeting for those who don't wish to meet up face to face.

If you would like to take part, please contact Kate Stonehouse, Reading Mencap

0118 9662518 between 9.30 and 1.30 Monday to Friday, or email familysupport-kate@readingmencap.org.uk