



12 January - 16 March 2022



🕖 10am-12 noon 🖳 Online









Join our evidence-based flexible parenting programme.

The group aims to strengthen your relationship with your teenager. It will support you to deal with your teenager's risky behaviours, promote your teen's development and equip you with strategies to help.

The programme is delivered in nine two-hour weekly group sessions on Wednesdays, term-time only.

To enquire or book your place, please contact: 07812 462799

