

Free sustainable and healthy travel workshop for Year 6 pupils

This workshop, which promotes sustainable and healthy travel, is delivered by the Southeast Communities Rail Partnership and Great Western Railway, aims to encourage pupils to think about their transport choices and how these choices impact on their health and their environment.

The **free** interactive, classroom workshop (can be delivered via Zoom) is for Year 6 pupils. The workshop is an hour long and covers:



Congestion & Pollution Activity - What is congestion? What is pollution? Which car exhaust chemicals are good / bad for our health?



London to Edinburgh Travel Game - How long will it take a plane, train, diesel car, petrol car, electric car and bicycle to travel from London to Edinburgh? Which form of transport will emit the most CO2 emissions on this journey?



Buses and Biofuels video - This video, produced by the California Academy of Sciences, forms the basis of a discussion around different methods of powering our vehicles.

Healthy Travel Game - What forms of transport are best for our health? Is it walking? Or an electric car? Or a diesel powered train?



Safety Game - Which forms of travel are the most dangerous? The answers may surprise you...

Stay Safe Activity - We want the pupils to think about how they can stay safe on the roads when they walk or cycle to school.

"The children were fully engaged and interested for over an hour."

Teacher, East Sussex

To make a booking please contact:

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