PHYSICAL EDUCATION

Books

-AQA AS Physical Education by Bevis, P & Murray, M.

-AS Revise PE for AQA by Roscoe D, Davis B, Roscoe J.

-AQA Physical Education by Bizley, K.

-Exercise Physiology And Functional Anatomy by Clegg, C.

-Mechanics And Sport Performance by Walder, P.

-AQA AS Physical Education Student Revision by Burrows, S. Byrne, M. Young, S.

-AS PE for AQA by Wiggins-James, N. James, R. Thompson, G.

-Sports rule books and coaching guides

-Sports Biographies/Autobiographies

Magazines

-Journal of Sports Sciences -Journal of Sport & Social Issues -All sports magazines will offer a view on performing, coaching, science, current issues or history of sport(s) -National newspapers - the sports pages

Websites

-My PE Exam: 1000+ informal, and expert HD video lessons that advance student performance across GCSE, AS, and A2 PE courses. http://mypeexam.org

-Brian Mac's website provides information for athletes, fitness enthusiasts, sports science students and sports coaches on the many topics relating to athletic development, exercise physiology and successful coaching. <u>www.brianmac.co.uk</u>

-**Sport England**: From traditional team sports to activities like walking or going to the gym – we're building an active nation that caters for everyone. <u>www.sportengland.org</u>

-The Football Association www.thefa.com; England Rugby www.englandrugby.com