



Sport & Leisure Ltd.

Here at Highdown Sport and Leisure our goal is to interact with local communities to encourage, promote and increase participation in health and physical activity, assist development and achieve personal goals.

Gym & Swim Membership - £18.50pcm

Enjoy unrestricted use of our newly modified gym during opening hours and our spacious 20 metre, 1.9 metre deep and 1 metre shallow swimming pool during members opening hours.



Gym, Swim & Classes Membership- £30pcm

- Great value membership for our members offering inclusive access to our gym, swimming pool and our Highdown Sport and Leisure classes.
- Boxercise
- Pilates
- Legs, Bums & Tums
- Yoga
- Boot Camp
- Abs Attack
- HSL Bodypump

Our Services

- Free induction
- Contract free
- Fitness training and nutritional advice
- Only 1 months notice
- Only £5 joining fee (with band)
- No cancellation fee



dutymanager@highdown.reading.sch.uk 0118 901 5812 www.highdown.reading.sch.uk

Highdown School and Sixth Form Centre, Surley Row, Emmer Green, Reading, RG4 8LR