



The weekly newsletter of Highdown School and Sixth Form Centre

w/c 23 January 2023 Week B

HOUSE POINTS

Caversham	73795
Grove	70709
Mapledurham	72470
Rosehill	70671

CALENDAR OF EVENTS

Term dates can be found here: [2022/23](#)

Term 3

Careers Spotlight wk3: STEAM and National Apprenticeship

House week 3: Respect

Tues 24 Jan *Apprenticeship Fair 6pm*

Thurs 26 Jan *Yr11 Learning Review Evening 4pm*

Highdown School and Sixth Form Centre

Apprenticeship
Awareness
Event
2023

Tuesday
24th
January

6- 8 p.m.

We would like to welcome students and parents from Years 9-13 to our Apprenticeship Awareness Event.

Varsha Menon from ASK

(<https://amazingapprenticeships.com/about-ask/>) will give a talk at 6:30 p.m. which will outline how apprenticeships work, how we apply for them and answer any questions you may have. From 6.00 p.m, there will be a range of local and national apprenticeship providers available for informal conversations.

Sumera Iftexhar, our Careers Adviser, will be available to answer questions about pathways and application processes.

Any questions please contact us via:

careers@highdown.rea.ding.sch.uk

CAREER



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Information

Latest News

Please download our mobile website app to ensure you receive all the latest news. Click this [link](#) for further information.

Problems with Class Charts

If you are experiencing issues with accessing your Class Charts account, please contact vihamer@highdown.reading.sch.uk



Lost Property

There is a large quantity of un-named lost property in reception, including coats, hats, gloves, umbrellas and water bottles.

For one week only from Monday 23 January, items will be displayed on the table inside the pupil's reception.

If your student has lost an item, please ask the student to look and only take what belongs to them.

If the student has misplaced any valuable item e.g. jewellery please come and ask at the pupil's reception window.

Also ask for any PE kit / kit bags / trainers/ football boots / school shoes.

Absence Reporting

Please notify us if your son/daughter is unable to attend either online or onsite lessons due to illness or other reason.

Please report all absences using the Class Charts app rather than by telephone, email or ParentMail. We hope parents will find this route much more straightforward and efficient. You can find out more here:

<https://www.highdown.reading.sch.uk/attachments/download.asp?file=1803&type=pdf>.

Drop Off/Collection

We respectfully remind parents/carers who are dropping off or collecting their child/children, to be mindful of the need to keep the local roads clear for other vehicles to pass, ensure pavements remain clear for pedestrians to use safely without having to step out into the road, avoid obstructing local residents' driveways and to observe the double-yellow lines outside the school gate. Outside the school can be very busy, particularly at the end of the school day and at this time of the year, and we ask parents/carers to help keep our students and local primary aged students safe through their considerate parking. Thank you.

Holocaust Memorial Day

Reading's evening of reflection to mark Holocaust Memorial Day is taking place in the Civic Offices on Wednesday 25 January at 6.30pm. The theme for this year is 'Ordinary People' and looks at how everyone can play a bigger part than we might imagine in challenging prejudice. The free event will feature guest speakers, a choral performance, candle lighting and memorial service and an address from a former teacher in a school in Kyiv, Ukraine. The event will take place in the Council Chamber and will be live streamed at: <https://www.facebook.com/Readingcouncil>. Please see the council's [press release](#) for more details.

Job Vacancies

Join Us

We currently have the following vacancies. Please follow the link [here](#) to the school website to find out more information.



1560 on roll

11-18 mixed comprehensive

Headteacher: Ms Rachel Cave, BSc, NPQH

HIGHDOWN SCHOOL AND SIXTH FORM CENTRE

EAL COORDINATOR

Term time only plus 2 staff training days
Actual Salary: £12,857pa. 21 hours per week

We are looking to appoint an experienced EAL Coordinator to provide support for students with EAL needs, at all key stages. You will help students to develop English language skills and learning strategies. TEFL qualification would be an advantage but is not essential.

We require enthusiastic and committed candidates, who have experience working with children, to join our hardworking and successful team. You will need a high level of interpersonal skills, be well motivated and enthusiastic about working alongside young people. You will also have an excellent standard of literacy and numeracy.

Closing date: Applications considered on receipt

For details and an application form visit our website: www.highdown.reading.sch.uk. Please return your completed application form to Miss Nicci Burns, Headteacher's PA, by email on hnb@highdown.reading.sch.uk

Highdown School is committed to safeguarding and promoting the welfare of young people and expects all staff to share this commitment. We are also trained in safer recruitment and the successful applicant will be subject to an enhanced DBS check and a 'Prohibition from Teaching' check.

Online searches will be completed prior to shortlisting.



1560 on roll

11-18 mixed comprehensive

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HIGHDOWN SCHOOL AND SIXTH FORM CENTRE

CLEANER/HOUSEKEEPING TEAM

- £10.79 per hour.
- 15 hours per week. Monday to Friday 3pm to 6pm. Morning shifts also available.

Come and join our Housekeeping team. Duties include; cleaning classrooms and offices, toilets, emptying bins, vacuuming, mopping floors helping to create a safe and welcoming environment to promote learning for our students

The successful candidate will be conscientious and reliable with a friendly and pro-active attitude. Experience is desirable, but training will be provided.

Applications considered on receipt.

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HIGHDOWN SCHOOL AND SIXTH FORM CENTRE

EXAMINATIONS INVIGILATOR

- £10.79 per hour
- Flexible hours

We are looking to expand our team of Invigilators to support the running of external and internal examinations at Highdown.

You should enjoy working as part of a team and an interest in working in a school environment is essential. This will ideally suit responsible, punctual, calm, organised and approachable individuals.

Full training will be provided.

For details and an application form visit our website: www.highdown.reading.sch.uk. Please return your completed application form to Miss Nicci Burns, Headteacher's PA, in the post or by email on hnb@highdown.reading.sch.uk

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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about THE METAVERSE

AGE RATING

Varies per
metaverse
platform

WHAT ARE THE RISKS?

UNSAFE AREAS

Many metaverse platforms feature little to no moderation. This is due to the decentralised nature of the metaverse - as there is no one company overseeing the platform, users can create and build with freedom. This can be a minefield for younger users as adult material or sensitive topics can feature on a parcel of land seen by everyone.

VOICE COMMUNICATION

The freedom found within creation is also found in communication. Most metaverses use proximity VOIP communication (Voice Over Internet Protocol) and users can approach any other user to start a conversation. It is necessary for avatars to be quite close to another in order to talk and once they are, anything can be said. While a chat box can be moderated, voice chat cannot.

ANONYMITY

As with almost every other form of online interactions, anonymity features heavily within the metaverse. The concept for the metaverse is to live any type of life digitally. This could mean that 'bad actors' (those with malicious intent) can take advantage of others with ease. Reporting and monitoring these users is becoming easier on the more popular platforms, but others struggle to police these situations.

'Metaverse' is a relatively new term to many, however the concept has been around for some time. Videogames, for example, use many aspects of the metaverse; avatars, digital currency, mini-games, and open communication. A metaverse can also take many forms; Fortnite can be seen as a metaverse, as is Roblox. Put simply, a metaverse is an online environment where people interact, play games and express themselves. Away from traditional videogames, there are newer and more 'dedicated' metaverses such as Decentraland, The Sandbox and Somnium Space which are akin to Second Life.

VIRTUAL REALITY

Not all metaverse platforms are VR enabled, in fact less than 10% feature VR interactivity. However, it's always worth monitoring the amount of time younger users spend in virtual reality. A VR metaverse differs greatly to VR gaming in user interaction. Approaching each other in a VR metaverse attempts to represent 'reality' and can result in a greater impact if experiences are negative.

PSYCHOLOGICAL IMPACT

Whether in virtual reality or not, interactions and experiences in the metaverse can often carry more weight because they mimic 'real life'. Oftentimes, due to the freedom in avatar creation, younger users may open themselves up to bullying, prejudice or an unrealistic idea of reality. For instance, female-orientated avatars may find themselves targeted by bullies or inappropriate users.

Advice for Parents & Carers

TRY IT OUT FIRST

This may sound like an obvious tip, but by entering the metaverse and exploring on your own, you'll be able to see what your child might. You can explore the busier areas and even the quiet sections to see what users are building or advertising. You'll also learn first-hand how users communicate with each other. Many metaverse platforms will feature an entry area which showcases the busiest areas. Check them all out and see what's happening.

LEARN ABOUT NFTS, WALLETS AND CRYPTO

With the metaverse comes Web3 technologies such as NFTs, cryptocurrency and wallets in which to store them. If you have a crypto wallet, do not connect it to your child's metaverse. One simple click could result in loss of cryptocurrency. If you are unsure what these technologies are, try to research them as these terms will appear in the metaverse.

CREATE AN AVATAR TOGETHER

If you decide on allowing your child into the metaverse, set up their initial avatar together. This way you can ensure the avatar is age-appropriate and keeps their identity private. You can also advise on aspects which may result in attracting bullies or unwanted attention. It will also allow you to see which avatar items cost money, and talk to your child about in-game spending.

START WITH THE FAMILIAR

There are already metaverse experiences with children in mind; explain to your child what a metaverse is and have them recognise similarities between those and games like Roblox, Fortnite and Minecraft. Unfortunately, there is no 'child safe' metaverse option as yet, though Epic Games and LEGO are currently developing a family safe metaverse.

Meet Our Expert

Daniel Upscombe is a father to two girls, aged 14 and 12. Before Dan began his Web3 metaverse journey, he worked as a videogame journalist and author for a decade; reviewing games, talking to creators and writing about videogame trends. Dan has also written fifteen guide books about Fortnite, Minecraft, Roblox, Apex Legends and Valorant for HarperCollins and Bonnier Books.



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Mandarin Excellence Programme



Last week, students in our Mandarin Excellence Programme went on a Chinese Culture Trip to the British Museum, Sir Joseph Hotung Gallery of China and South Asia and China Town, London.



Art Trip to the Ashmolean Museum, Oxford



Our GCSE Art students had a wonderful trip to the Ashmolean Museum and city centre in Oxford as part of their final coursework.



Stars of the Week

Year 7

7C	Jack Chambers
7D	Erin Ford
7E	Charlie Whiteway
7F	Hagne Chiu
7G	Nelly Anscorn
7H	Oscar Nash
7J	Archie Toovey
7K	Edward Kelly
7L	Jack Morgan

Year 8

8C	Euan Miller
8D	Alfie Dixon
8E	Lottie Hughes
8F	Charlie Seymour
8G	Imogen Hayes
8H	Lottie Borgeaud
8J	Kristin Hogg
8K	Harry Davies
8L	Maisy Hawkins

Year 9

9C	Corey Hawkes
9D	Cara Fothergill
9E	Ashlynn Kingshott
9F	Rosalind Ong
9G	Sophie Troywest
9H	Evelyn Hunt
9J	Thomas Grenz
9K	Isabel Butcher
9L	Martha Perry

Year 10

10C	Yan Ho Chu
10D	Isaac Davis
10E	Erin Bonsall
10F	Ophelia Baldwin
10G	Amelie Greenfield
10H	Alfie Smith
10J	Summer Rapley
10K	Erin Roberts
10L	Senna Kuiper
10M	Bethia Miller

Year 11

11C	Alessio Carta
11D	Aditya Kaushik
11E	Callum Gilbert
11F	Ollie Williams
11G	Max Hartin
11H	Georgie Gratrix
11J	August Buchan
11L	Fawad Samim

Literacy and Numeracy Challenge

Numeracy Challenge

During an exercise a column of soldiers were marching at a constant speed. At the end of the column was a messenger. He was commanded to proceed to the head of the column, deliver a dispatch and return to his former position at the back of the column, without delay.

On regaining his former position he noticed that the end of the column was in the same position that the head of the column had occupied when he first left his own position.

What is the ratio of the messenger's speed to that of the column whilst this order was being carried out? (Assume that no time was wasted in delivering the message or returning to his former position.)
Answers on the back page

Literacy Challenge

IM-, MIS-, UN-, DIS- are all used to make words into opposites.

For example, the opposite of Understand is Misunderstand.

Q) What prefixes are needed to give the opposite of each of these:

Possible, Visible, Honest, Lead, Obedient, Mortal, Like, Credible, Understand, Convenient, Patient, Mature, Formal, Order, Behave, Fortunate, Fortune and Valid.

<https://www.nytimes.com/games/wordle/index.html>

The Current Lottery Offer is a Whole Year of Hello Fresh!



We have noticed a drop in lottery tickets and would like to remind you that the more tickets that are bought, the higher the winnings to be had!

The current Lottery offer is a Whole Year of Hello Fresh!

£25 000 is up for grabs EVERY SATURDAY, so keep on playing!

<https://www.yourschoollottery.co.uk/lottery/school/highdown-school-and-sixth-form-centre>

While winning prizes, you are also helping us raise over £1000 a year for the school! If you haven't signed up yet, you still can!

Our next Highdown Quiz is on 24 March,
so save the date!

This time our Quiz will be set by our very
own University Challenge participant,
Mr Hutchinson!

He promises not to make it too difficult!

The PTA are having a
planning meeting on 2
March in the School
Hall, so if you would like
to join us, please do!



On Friday 13 January a group of Year 10 students, together with Dr Capaldi and Mrs Robinson, had the opportunity to go on a 'Behind the Scenes' tour at Royal Berkshire Hospital.

The tour gave us the chance to see the hospital in action, how it runs on a day-to-day basis and to meet some of the people who make all of this possible, some of whom are in more hidden professions that are equally as important as doctors and nurses in keeping a busy hospital functioning.

Our first stop was the boardroom where we met the Chief Nursing Officer and the Acting Chief Executive and we learnt about their roles in the hospital. Next was a visit to the Emergency Department, viewing the Critical Incident Room and then it was on to Pathology. From Pathology we called in at the Operating Theatres, a Dementia Ward, the Pharmacy and the Sexual Health Clinic. During the visit we had the opportunity to talk to a wide range of staff and we learnt about the different career paths they had taken to be in the job they are doing today. The students were also able to ask questions and discover the best routes to get into a whole range of professions in the hospital.

We would like to thank the Widening Participation Team at the RBH for organising this experience. Thank you also to all the staff we met during the tour for inspiring our students.

Highdown Apprenticeship Fair

Date: Tuesday 24 January 2023

Time: 6.00pm - 8.00pm

We are inviting all Yr10-13 students and their families to attend Highdown's Apprenticeship Fair on Tuesday 24 January 2023 from 6.00pm.

The evening will start with a presentation by ASK (Apprenticeship Support & Knowledge programme). The ASK programme is funded by the Department for Education and aims to support schools and colleges in England to increase awareness of apprenticeships, traineeships and T Levels. You can find out more information about ASK here:

<https://amazingapprenticeships.com/about-ask/>

Also in attendance during the evening will be representatives from local companies who will be available to talk to you about apprenticeship opportunities that they offer and information on apprenticeships within the industry that they work.

The evening would be a great chance to gather information about apprenticeships and to see if this is a path that interests you. It will also be a good opportunity to answer questions like these:

- * *Why do an apprenticeship?*
- * *What are the levels of apprenticeship?*
- * *Is getting an apprenticeship competitive?*
- * *How does the application process work?*
- * *Do you need English and Maths?*
- * *How is the training delivered and how long does it take?*

Useful Links with information about apprenticeships:

<https://amazingapprenticeships.com/>

<https://www.apprenticeships.gov.uk/influencers/resources-for-parents>

<https://www.apprenticeships.gov.uk/apprentices/>

<https://www.adviza.org.uk/ask-apprenticeships>

Solent University, Southampton Webinars

It's not too late to apply webinar

Ideal for pupils who are looking to apply for a September 2023 entry and still make the UCAS deadline, and those who may need a bit more time. Webinars feature an information presentation, followed by a Q&A session with Solent staff.

Thursday 26 January, 5.30-7.00pm

Students can book [here](#)

Careers in Maritime/Cadetships

- **Saturday 4 February 2023 (virtual)**
- **Saturday 4 March 2023 (on campus)**
- **Saturday 13 May 2023 (virtual)**

For booking information click [here](#)

Mental health webinars for pupils and parents, carers and guardians

For those interested in knowing more about mental health and wellbeing, how to get support and help others.

Tuesday 7 February, 5.30-7.00pm

Session for parents, carers and special guardians.

To book, click [here](#)

Wednesday 8 February, 4.30-6.00pm

Session for young people.

To book, click [here](#)



Free Careers Workshops from the National Film and Television School for students aged 14+ interested in a career in Film and/or TV

Come along on Saturday 28 January at Edge Hill University for sessions on:

- Producing
- TV Entertainment
- Well being
- Directing

These are introductory sessions and are not suitable for those already working in the industry and are not focused on NFTS courses.

To sign up click [here](#)

Full details of the event can be found [here](#)

Skills Gap's Intensive spring workshops in digital and tech skills for 15-19 year olds

Careers in Hacking

Saturday, 4 Feb 2023

Top-flight businesses and governments the world over are recruiting for a new elite force: a band of ethical hackers charged with protecting our most sensitive information and the infrastructure that powers our everyday living. Our online workshop is taught by Daniel Wilkinson, a Security Consultant at NCC Group. He gives a beginner's guide to ethical hacking and the skills you will need to succeed, with practical experience of hacking your way into a vulnerable online storefront.

AI in Finance

Saturday, 25 Feb 2023

The world of finance has been an early adopter of machine learning, from fraud detection to finance chat bots, yet it's still just touching the surface of AI's potential. Our workshop is led by Chelsea Murray, a data scientist at ING with a Masters in Machine Learning and Machine Intelligence from University of Cambridge. Chelsea will introduce you to the vast range of financial AI applications and give you practical experience training a machine learning algorithm to predict credit card fraud.

Robotics in Space

Saturday, 11 Mar 2023

From exploring the surface of Mars to sizing-up metallic asteroids, the race is on to unlock the mysteries of the universe and answer our planet's biggest challenges. Taught online by robotics experts, this workshop gives a fascinating insight into today's space industry. Take part in a hands-on exercise to design an autonomous robotic lander to explore Europa and get career tips and advice to get ahead.

AI in Astrophysics

Saturday, 4 Feb 2023

With new telescopes powerful enough to see galaxies formed in the wake of the big bang, our online workshop introduces the AI helping scientists to interpret this data to identify stars and plot the shape of the universe. Taught by Joe Sims, an AI PhD student at Leeds University, you will step into the inspiring world of AI in astrophysics and get first-hand experience of using a neural network to classify stars.

Coding for Game Design

Saturday, 25 Feb 2023

With one third of the world's population already estimated to be gamers, the gaming industry offers one of the hottest career tickets today. Our online workshop gives you a unique insight into the latest trends from multiplayer games to game streaming. Led by Josh Hills, a programmer on some of the world's largest multi-player games, including Runescape and Horizon, you will get first-hand experience of developing and enhancing a physics-based game prototype and discover the skills you will need to succeed.

AI in Medicine

Saturday, 11 Mar 2023

Medicine is on the verge of an Artificial Intelligence revolution – from pioneering surgeries to algorithms that predict future health issues. Our workshop is delivered online by med-tech experts and will introduce you to key AI trends in medicine, its influence on global healthcare, and the tech skills you need to get ahead. You will also take part in an exciting hands-on diagnostic exercise using AI modelling tools.

For further information and to register for any of the events please visit: www.skillsgap.tech

UK Electronics Skills Foundation (UKESF)

Free online course An Introduction to Electronic Engineering, designed for pupils aged 15-18.

Developed by the UKESF, in collaboration with the University of Birmingham, the course covers key theoretical and practical concepts using interactive examples, including the basics of component level design from resistors to amplifiers, investigating how we power satellites in space and examining real-world control systems in action. The course will introduce students to the exciting subject of Electronic Engineering, help them to make an informed decision about their career choices and degree subject, and strengthen their application for university, college, or an apprenticeship.

The course takes approximately three hours a week over three weeks and is self-paced.

For full details, visit their website:

<https://www.ukesf.org/schools/things-we-are-doing/an-introduction-to-electronic-engineering/>.

The NHS Allied Healthcare Live Virtual Work Experience Programme

The programme is now accepting students in years 10-13 onto February's session.

Students can participate on Sunday 5th February and places are £10 a session. Early booking is recommended.

<https://alliedhealthmentor.org/product/live-virtual-work-experience-programme/>

During the work experience day, students will follow 2 patients from their initial presentation to recovery. They will gain a unique insight into how patients interact with a variety of healthcare professionals and what it's like to work in an NHS multidisciplinary team. This includes:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

Once registered, students will be emailed links to their virtual work experience portals.

Students will be awarded a Work Experience Certificate for every session they complete. Those who complete the full 5-month programme will be awarded a Highly Commended Reference from the Presidents of Allied Healthcare Mentor. These are fantastic additions to their CVs!

Students can register individually at any time throughout the 5-month programme.



Virtual Apprenticeship, Work Experience and Careers Expo

Monday 6 February from 5.00-8.00pm

For students aged 14-18 considering a Degree Apprenticeship or looking for work experience.

30+ Global Employers from a range of industries including: Technology, Business, Accounting, Finance, Engineering, Property/Development

Employers will be sharing insights into their respective industries through workshops and interactive networking sessions in the virtual expo booth areas as well as offering a variety of apprenticeship and work experience opportunities. Below is a list of the employers taking part.

Technology Employers:

Capgemini
IBM
Experian
World Wide Technology
BT Group
Willis Towers Watson
Version 1

Engineering, Property Development & Construction Employers:

Berkeley Group
Babcock
British Airways
Spectris
Mott MacDonald
AWE
Veolia

Business, Accounting and Finance Employers

Goldman Sachs
PwC
KPMG
CIMA
Mazars
Grant Thornton
Fidelity International
Marsh McLennan
Kuehne + Nagel
Legal & General

Registration Link: <https://surveymonkey.co.uk/r/YP-NAW>

The Gallery: Chinese New Year Celebrations

On Thursday 19 January the Gallery offered a special menu to celebrate Chinese New Year.

Here are some photos from the day.



Excellence Club



Excellence Club



This club is a friendly and supportive environment where KS3 students can work through their academic concerns and achieve excellence in their studies. Help will be available with homework, subject content and test revision.

Thank you to all those students who attended the club this week - Tuesday was a record attendance!

During club, we covered a wide range of subjects from English and Maths to Art and Mandarin. It was so lovely to see some new faces and I strongly hope this trend continues!

We were also joined by some amazing sixth formers and year 11 students, who have volunteered to give up some of their free time to support our younger students – displaying true Highdown spirit.

The club will run every Tuesday, Wednesday and Thursday after school in CR1 until 4pm.

If you would like your child to attend, please email Miss Pattison hupa@highdown.reading.sch.uk with your child's full name and mentor group.



Community



Answer to the numeracy challenge:

The ratio of the messenger's speed to that of the column is $x=1+2v$.

Answer to the literacy challenge:

Impossible, Invisible, Dishonest, Mislead, Disobedient, Immortal, Dislike (Unlike?), Incredible, Misunderstand, Inconvenient, Impatient, Immature, Informal, Disorder, Misbehave, Unfortunate, Misfortune and Invalid.

Winter Burglary Crime Prevention Message for Reading

Please see the attached link from Reading Priority Crime Team and Reading Neighbourhood Policing Teams about keeping you and your property safe during the winter months:

[https://www.thamesvalley.police.uk/cp/crime-prevention/protect-home-crime/home-safes/#:~:text=home%20from%](https://www.thamesvalley.police.uk/cp/crime-prevention/protect-home-crime/home-safes/#:~:text=home%20from%20)

HAPPY WEEKEND