



The weekly newsletter of

## Highdown School and Sixth Form Centre

w/c 6 March 2023 Week A

### HOUSE POINTS

|              |       |                                       |
|--------------|-------|---------------------------------------|
| Caversham    | 95675 | <a href="#">YoungMinds</a>            |
| Grove        | 92205 | <a href="#">Daisy's Dream</a>         |
| Maple Durham | 93888 | <a href="#">Refugee Support Group</a> |
| Rosehill     | 91870 | <a href="#">Berkshire Vision</a>      |

Thank you for your continued support with our charitable fundraising in school.

### COMIC RELIEF'S RED NOSE DAY

Our Student Leaders would like to support [Comic Relief's Red Nose Day](#) this year, which takes place nationally on **Friday, 17 March**.

On this day, students are invited to wear something red instead of their normal uniform, for a minimum donation of £1. On this occasion, all money raised will be split between Comic Relief and our House Charities.

Please note, taking part in this non-uniform day is optional, with mentors collecting money from those who do participate, on Friday morning, and that this event will be the only non-uniform day this term.

Our Key Stage 3 Charity & Fundraising Ambassadors are also organising a Bake Sale to raise even more funds on Friday 17 March, and this will take place during KS3 break and lunchtime. Students in Years 7-9 will be able to make a purchase if they have the exact change. More details on the Bake Sale will be shared with students via Mentors and Class Charts.

Thank you in advance for your support.

### CALENDAR OF EVENTS

Term dates can be found here: [2022/23](#)

#### Term 4

**All week:** Careers Spotlight Week 4: National Careers Week

Y12 Geography Residential visit to Pembrokeshire

**Wed 8 Mar:** International Women's Day

**Thurs 9 Mar:** Careers Lesson: National Careers Week

Y11 Music Tech practical

Y9 Immunisation catch-up

A Level English workshop - The Handmaids' Tale

Y8 Learning Review Evening (Virtual)

**Fri 10 Mar:** Whole School Production rehearsal

Y10 Trip to Zebra



Follow us



## Information

### Latest News

Please download our mobile website app to ensure you receive all the latest news. Click this [link](#) for further information.

### Problems with Class Charts

If you are experiencing issues with accessing your Class Charts account, please contact **vihamer@highdown.reading.sch.uk**



### Absence Reporting

Please notify us if your son/daughter is unable to attend either online or onsite lessons due to illness or other reason.

**Please report all absences using the Class Charts app rather than by telephone, email or ParentMail. We hope parents will find this route much more straightforward and efficient. You can find out more here:**

<https://www.highdown.reading.sch.uk/attachments/download.asp?file=1803&type=pdf>.

### ParentMail Accounts

We respectfully request all parents and carers regularly check their student's dinner money balances to ensure they are in credit.

**If you need to top them up, please allow time for these to be processed as they may not show up immediately.**

### The Highdown Herald

The Highdown Herald is our student-run newspaper.

The latest edition is now available to read on our school website, along with past editions at:

<https://www.highdown.reading.sch.uk/highdown-herald>

### Staying safe online

The UK Safer Internet Centre website has some top tips for Parents and Carers on how to support your child to stay safe and happy online. For further details please click on the following link:

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/top-tips-for-parents-and-carers>

### The Big Walk and Wheel

Sustrans Big Walk and Wheel (20-31 March) aims to inspire pupils to make active journeys to school, improve air quality in their neighbourhood and discover how these changes benefit their world. It is open to all primary and secondary schools in the UK, including SEN schools. It is free to take part and there are daily prizes to be won.

School resources on offer include curriculum-linked lesson plans, school assembly presentation, top tips and an inclusivity guide. You can find out more and register at the [Big Walk and Wheel](#) website.

### Chess Boards

We are hoping to start an after school chess club and are looking for some chess boards.

We would be very grateful for any donations.

If you have any un-used chess boards, please contact the school office.

Many thanks



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](https://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about

# NGL

AGE RESTRICTION  
**13+**

### WHAT ARE THE RISKS?

NGL (which stands for 'Not Gonna Lie') is an app through which users share a link to their Instagram story or Twitter account, inviting their followers to give anonymous feedback. The app includes some prewritten questions (such as 'if you could change anything about me, what would it be?'), plus the option to ask followers to simply 'send me anonymous messages'. All replies go into the user's NGL inbox, with the sender remaining anonymous – although subscribers to the app can receive hints about who each message was from.

### ANONYMITY AND OVERSHARING

Anonymous messaging gives rise to the 'online disinhibition effect', which causes users to feel detached from their words and actions in the digital world. This can make young people in particular (as they tend to act more impulsively online) far more likely to disclose personal information on the internet, as well as making ill-advised confessions or revealing their fears and insecurities.

### PROTECTION FOR BULLIES

Having their identity hidden makes bullies feel safe from repercussions, so anonymous chat sites are a major avenue for cyberbullying. NGL claims to use AI to filter out insulting terms, but our expert sent a range of such phrases (starting with 'cow' and 'ugly', and becoming progressively more offensive) to a 'dummy' account. All of these trial messages were delivered to the recipient's inbox.

### COSTLY SUBSCRIPTIONS

NGL offers a subscription where – for a weekly fee – users can unlock hints about what's been messaging them, including the sender's approximate location and which device they used. Young people will naturally be extremely curious about who sent which message (especially if they have a lot of Instagram or Twitter followers) and may be unable to resist spending money to find out.

### INFLATED ENGAGEMENT

In June 2022, NGL had to revise its terms of service: informing users if a message was sent by the app's developers as opposed to genuine followers. It emerged that, previously, NGL's makers had attempted to boost engagement with the app (as well as enticing users to pay for subscriptions) by sending fake anonymous messages from bots. This update was rolled out very quietly by the team.

### QUESTIONABLE SUPPORT

NGL does have a 'report this message' button for users to flag upsetting content. After sending a message, however, an automated reply arrives stating "... NGL is 100% anonymous and we have no way of knowing the identity of the user and would not be able to find out, even if we tried." This did not fill our expert with confidence that the app can address bad behaviour adequately.

### ACCIDENTALLY GOING VIRAL

The messages on NGL itself are anonymous, but users can share these messages via their Instagram story or Twitter feed – enabling all their followers (or anyone, if their accounts are set to 'public') to see them. If a young person has disclosed something embarrassing or identifiable on NGL without realising, this information has the potential to be re-shared very quickly to a far wider audience.

## Advice for Parents & Carers

### DEALING WITH NEGATIVITY

Blocking another user on NGL will prevent them sending anonymous messages to your child in the short term – although a determined abuser could get around that obstacle simply by setting up a new Instagram account. If your child continually receives negative messages that upset them, it might be worth encouraging them to consider whether they really need to use the app at all.

### EXPLAIN ANONYMOUS APPS

We understand that a conversation with your child about the risks of anonymous messaging may seem difficult to initiate (especially if you aren't that comfortable with using social media yourself). It is vital, however, that young people understand that, for some people, having their identity obscured online can make them feel more powerful and less accountable for their actions.

### BLOCK IN-APP PURCHASES

To avoid your child running up an eye-watering bill through an NGL subscription (or indeed any kind of costly in-app purchases), go into the settings on whatever devices they use to go online and either disable the ability to make purchases or protect that function with a password. If those options aren't available, it's prudent to ensure there aren't any payment methods linked to their account.

### THINK BEFORE SENDING

Regardless of whether a messaging app is anonymous or not, it's a good idea to regularly talk to your child about how it's wise to think through what they're sharing before they post it. Emphasise that nothing is truly private once it's online. If the post is something your child might hesitate to say to someone face to face, then it's probably not the sort of thing they should be writing online either.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sending behaviour of young people in the UK, USA and Australia.



Source: [https://ngl.link/#what-s\\_ngl](https://ngl.link/#what-s_ngl)

**National Online Safety**  
#WakeUpWednesday

@natonlinesafety

/NationalOnlineSafety

@nationalonlinesafety

@national\_online\_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 01.03.2023



## Safeguarding and National Online Safety

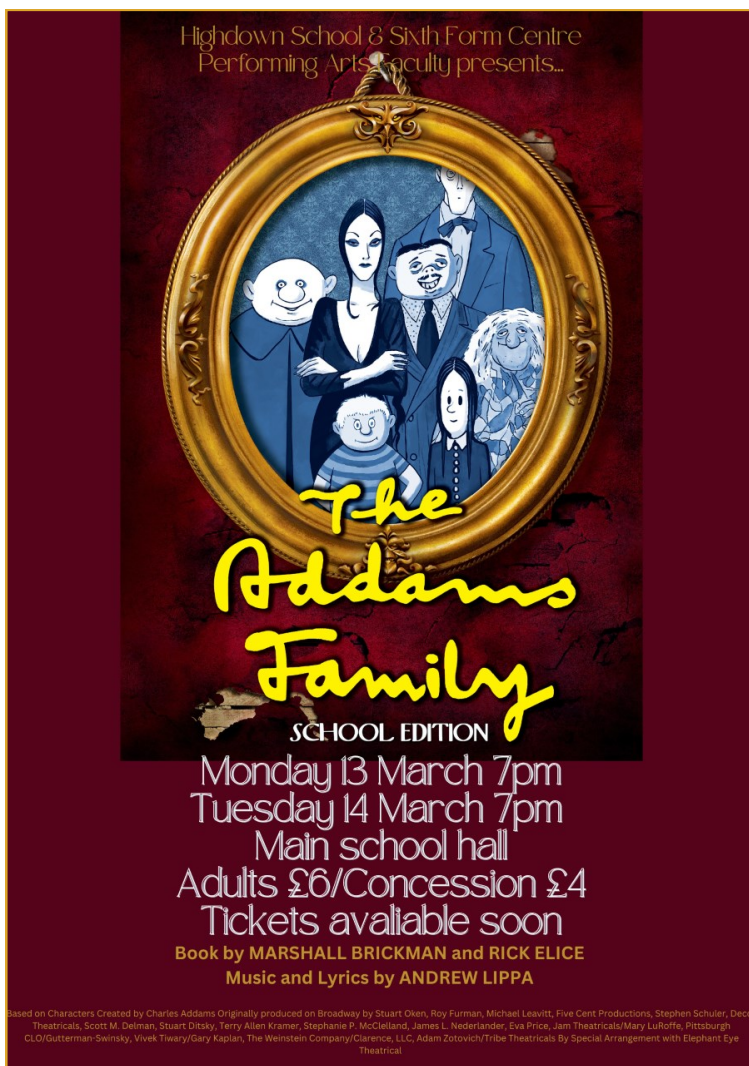
We would like to encourage parents/carers to complete one of the following parent courses in National Online Safety, presented by Myleene Klass:

[Annual Award in Online Safety for Parents and Carers of Children aged 11-14](#)

[Annual Award in Online Safety for Parents and Carers of Children aged 14-18](#)

The course takes about 40 minutes and leads you on a journey through a child's digital habits, exploring the type of online world they are experiencing now, what risks they might be exposed to, and looks at what you can do to support them.

## Drama Production



Tickets are now available via [ParentMail](#) and the Finance Office.

## Lost Property



### Lost Property

We have several items of lost property that have not been claimed, including coats, jackets, hats, scarves, red school hoodies, PE kit bags, odd shoes and trainers.

If you have lost any items, please come to student reception and the office team will help reunite you with your property.

**Please note that any lost PE kit bags will not be held in reception, but can be collected from the Boy's and Girl's changing rooms in the PE Department.**

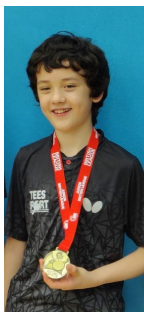
**The last date to claim any lost property will be Friday, 10 March.**

Please be advised that if any items of clothing remain unclaimed after this date, they will go to charity.

## Table Tennis Success



Theo Knip from year 7 has won the Berkshire Schools Individual Competition in table tennis for the U13 age group. He will represent Highdown School and Berkshire County at the National Schools Individual Championship in Wolverhampton in April.



Last month, Theo and his teammates from his table tennis club also competed at the second round of the Junior British League, the highest league in table tennis for under 19s in the UK. They dominated the games and won the title for the Ninth Division convincingly. As the youngest player in the entire Junior British League, Theo played really well and achieved the second highest winning percentage in his division. He also earned Player of the Match for three out of the four games. Well done!



## Year 7

This term our school liaison police officers, PC Packer and PC Marr, will be in school discussing issues around knife crime with year 7 mentor groups. These lessons are discussion based and will cover issues such as: what is knife crime, why might a young person carry a knife, what the law says and what the impacts/consequences of carrying a knife might be. There will also be a discussion around a report from the BBC about a knife crime incident involving a 16 year old.

These lessons will help students to understand why it is so important to not carry a knife or to feel pressured into doing so. It is part of our wider PSHCE curriculum aimed at helping our students make safe and healthy choices. Please discuss with your child what they have learnt in these sessions to help reinforce the important messages. Thank you, *Mrs Taylor*.

## Year 11



Well done to all Year 11s who have been working hard this week for their PPEs. Their behaviour and attitude has been fantastic. I hope everyone has a restful weekend. *The Year 11 Pastoral Team*

## Year 12

Yr12 A level Biologists were investigating the effect of body position on their heart rate. Any excuse to lie down on their tables for a couple of minutes and measure their heart rate. It's amazing the increase in heart rate between lying down and standing up .



## Digital Learning and Innovation

Hello everyone and welcome to the first in a regular series of updates showcasing the school's use of digital technology in the classroom and beyond. As part of the school's Bring Your Own Device policy, students in Years 7 & 8 should come equipped with a fully-charged laptop to every school day; it's probably about time we shared news of some of the learning that's been going on as part of the policy! We'll also be looking at how Highdown has embraced digital learning in Key Stages 4 & 5 in future updates.

First up it's the turn of **Modern Foreign Languages** – our photo shows a Year 8 Spanish class working hard on the Language Gym platform (<https://uk.language-gym.com/>). The Language Gym is a highly interactive website which uses an extensive range of games to test all parts of a student's language learning – the 4 key skills of speaking, listening, reading and writing, as well as their learning of vocabulary.

Teachers can create assignments for classes to follow based on a particular level and topic, and the range of games means that students can make their own choices about how they practice and learn; a further benefit is that students can learn at their own pace, be that in the classroom or at home. Teachers can also use a report function to track student progress and success.

The Language Gym has a full range of activities available in all three of the languages taught at Highdown (Mandarin, Spanish and French) as well as a number of others, including Welsh and Malay! If your child has access to the Language Gym through school, why not ask them to show you how it works; hopefully they'll help you get addicted to the buzz of language learning online.

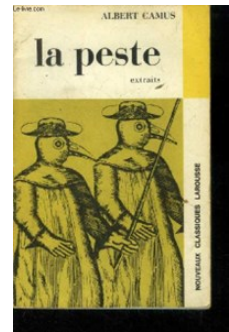
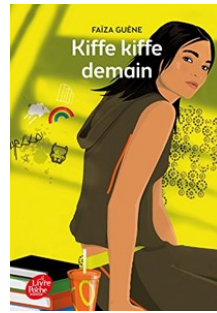
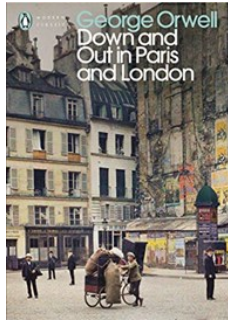
*Mr Fasham, Digital Learning Innovator*



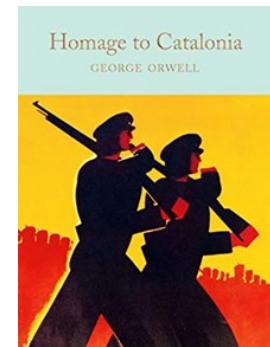
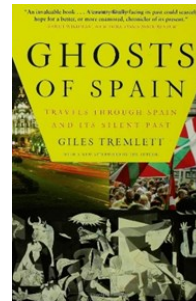
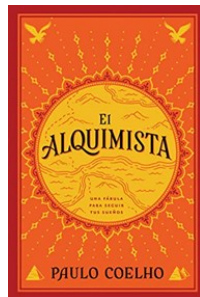
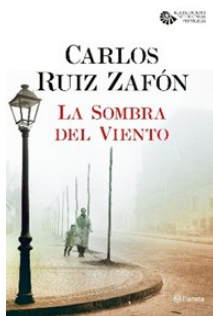


## Modern Foreign Languages: Reading in MFL

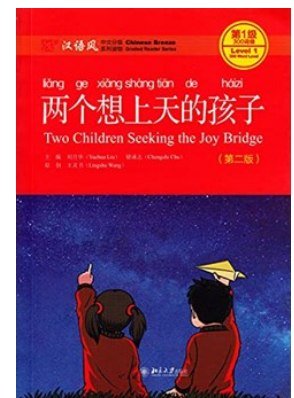
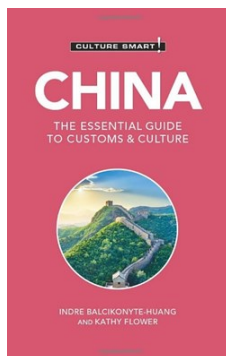
If you enjoy reading, below are some books that your language teachers have recommended. Let your language teacher know which ones you have enjoyed!



French



Spanish



Mandarin



Chinese Breeze Graded Reader Series Level 1 (300-Word Level): Two Children Seeking the Joy - 2nd Edition (English and Chinese Edition)



## Stars of the Week

7C Lilian Moore

7D Leah Fothergill

7E Mollie Whiteway

7F Vanessa Han

7G Liberty Harrison

7H Jan Pallasigue

7J Max Parr

7K Sam Rawlings

7L Matt Turay

8C Annabelle Lam

8D Marley Hormigo

8E Tabby Bradbury

8F Merlin Critchfield

8G Holly Parr

8H Louis Briggs

8J Ariyah Ajaz-Moir

8K Luke Haigh

8L Joshua Lam

9C Griffin Barnett-Ward

9D Ivo Phillips

9E Maud Hawkins

9F Charlie Waterman

9G Henry Hunnisett

9H Magnus Gunning

9J Romy Partington

9K Aleksandar Cvetkov

9L Sammy MacBeth

10C Lewis Waters

10D Benyameen Faisal

10E Josh Horn

10F Ewan Hastings

10G Alamin Khan

10H Katie Wilson

10J Finley Crabb

10K Thomas Wilcox

10L Ella Martin

10M James Kingham

11C Grace Marsh

11D Freddie Chapman

11E Tom Russell

11F Amber Crees-Jones

11G Ben Fraser

11H Bella Uygur

11J Sennen Fuller

11K Maciek Wiercinski

11L Ruby Charnick

## Literacy and Numeracy Challenge

### Literacy Challenge

Word of the week: *Penitent*

ADJECTIVE

Feeling or showing sorrow and regret for having done wrong; repentant.

### Numeracy Puzzle

Two salesmen (A and B) hired a taxi to take them from their office to call on their customers.

Salesman A's customer lived 10km away from their office, and salesman B's customer lived 20km away. The road to B's customer went directly past A's customer.

The trip cost £20 in total.

What part of the bill was it fair for each salesman to pay?

## Work for us

### Join Us

We currently have the following vacancies. Please follow the link [here](#) to the school website to find out more information.



1560 on roll  
11-18 mixed comprehensive  
Headteacher: Ms Rachel Cave, BSc, NPQH

### HIGHDOWN SCHOOL AND SIXTH FORM CENTRE

#### EXAMINATIONS INVIGILATOR

- £10.79 per hour
- Flexible hours

We are looking to expand our team of Invigilators to support the running of external and internal examinations at Highdown.

You should enjoy working as part of a team and an interest in working in a school environment is essential. This will ideally suit responsible, punctual, calm, organised and approachable individuals.

Full training will be provided.

For details and an application form visit our website: [www.highdown.reading.sch.uk](http://www.highdown.reading.sch.uk). Please return your completed application form to Miss Nicci Burns, Headteacher's PA, in the post or by email on [hnb@highdown.reading.sch.uk](mailto:hnb@highdown.reading.sch.uk)

Highdown School is committed to safeguarding and promoting the welfare of young people and expects all staff to share this commitment. We are also trained in safer recruitment and the successful applicant will be subject to an enhanced DBS check and a 'Prohibition from Teaching' check.



1560 on roll  
11-18 mixed comprehensive  
Headteacher: Ms Rachel Cave, BSc, NPQH

### HIGHDOWN SCHOOL AND SIXTH FORM CENTRE

#### CLEANER/HOUSEKEEPING TEAM

- £10.79 per hour.
- 15 hours per week. Monday to Friday 3pm to 6pm. Morning shifts also available.

Come and join our Housekeeping team. Duties include; cleaning classrooms and offices, toilets, emptying bins, vacuuming, mopping floors helping to create a safe and welcoming environment to promote learning for our students

The successful candidate will be conscientious and reliable with a friendly and pro-active attitude. Experience is desirable, but training will be provided.

Applications considered on receipt.

For details and an application form visit our website: [www.highdown.reading.sch.uk](http://www.highdown.reading.sch.uk). Please return your completed application form to Miss Nicci Burns, Headteacher's PA, by email on [hnb@highdown.reading.sch.uk](mailto:hnb@highdown.reading.sch.uk)

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1560 on roll  
11-18 mixed comprehensive  
Headteacher: Ms Rachel Cave, BSc, NPQH

## HIGHDOWN SCHOOL AND SIXTH FORM CENTRE

### COVER SUPERVISOR

Salary: £17,622 - £18,618pa (NJC P14-P17).  
30 hours per week, Term time plus 5 staff training days. Part time position considered.

Highdown School and Sixth Form Centre is a very popular, oversubscribed and successful school set in 32 acres of parkland in Caversham to the north of Reading.

We are seeking to appoint a Cover Supervisor to cover lessons for absent teaching staff. Applicants should be confident, supportive and possess good interpersonal and communication skills.

We are keen to appoint a proactive and passionate individual with a strong classroom presence with excellent classroom and behaviour management skills. The ideal candidate will have experience of working in a similar environment.

You will be linked with a curriculum area and will undertake administrative tasks when you are not required for cover.

#### Why Highdown School?

- We are committed to staff professional learning and leadership development for all staff, at all levels
- We are conveniently located for quick and easy access to London, the rest of Berkshire and Oxfordshire
- Staff have subsidised access to Highdown Sport and Leisure facilities
- Staff have free access to Westfield Health advice and support service

**Closing date:** Applications considered on receipt.

For details and an application form visit our website: [www.highdown.reading.sch.uk](http://www.highdown.reading.sch.uk). Please return your completed application form to Miss Nicci Burns, Headteacher's PA, by email on [hnb@highdown.reading.sch.uk](mailto:hnb@highdown.reading.sch.uk)

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1650 on roll  
11-18 mixed comprehensive  
Headteacher: Ms Rachel Cave, BSc, NPQH

## HIGHDOWN SCHOOL AND SIXTH FORM CENTRE

### LEARNING SUPPORT ASSISTANT

Full time, term time only plus 2 staff training days (NJC P3-4) Actual Salary: £14,968pa.  
8.30am to 3.15pm.

We require enthusiastic and committed candidates, who have experience working with children, to join our hardworking and successful team. You will need a high level of interpersonal skills, be well motivated and enthusiastic about working alongside young people. You will also have an excellent standard of literacy and numeracy.

*Funding is available for further training to obtain Qualified Teacher Status.*

**Closing date:** Applications considered on receipt

For details and an application form visit our website: [www.highdown.reading.sch.uk](http://www.highdown.reading.sch.uk). Please return your completed application form to Miss Nicci Burns, Headteacher's PA, by email on [hnb@highdown.reading.sch.uk](mailto:hnb@highdown.reading.sch.uk)

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Please click on the link below to our website to access some World Book Day Resources.

<https://uk.accessit.online/hgh05/#!dashboard>



# £1 Book Token

Secondary Schools (UK)

World Book Day® changes lives through a love of books and reading. Our mission is to promote reading for pleasure, offering every child and young person the chance to choose and have a book of their own. We hope you will join us in celebrating the joy of reading. Visit [worldbookday.com](http://worldbookday.com) for reading tips, videos, activities and brilliant recommendations from your favourite authors. Your **£1 book token** is available below.

|   |   |   |  |
|---|---|---|--|
|   | <p><b>VALID FROM 16 FEBRUARY – 26 MARCH 2023</b></p> <p><b>THIS IS YOUR</b></p> | <p><b>SPONSORED BY</b></p> <p><b>NATIONAL BOOK TOKENS</b></p>   | <p><b>TERMS &amp; CONDITIONS:</b> Participating retailers undertake to redeem this token as described, subject to the terms and conditions: <a href="http://worldbookday.com/terms-conditions">worldbookday.com/terms-conditions</a></p> <p>Find your nearest participating bookseller at: <a href="http://worldbookday.com/participating-retailers">worldbookday.com/participating-retailers</a></p> <p><b>DETAILS:</b> Retailer's full terms and conditions: <a href="http://worldbookday.com/resources/booksellers">worldbookday.com/resources/booksellers</a></p> <p><b>PROHIBITION:</b> World Book Day is co-ordinated by World Book Day Ltd, registered charity (27905) (England and Wales), registered company (02890953) (UK).</p> |
| <h1>£1 BOOK TOKEN</h1>  |   |   |  |
|  |   | <p>Take me to a bookshop. Choose your £1 book for FREE. OR use me to get £1 off any book or audiobook worth £2.99 or more or more in participating booksellers only, subject to stock availability.</p> |  |
| <p>Changing lives through a love of books and reading</p>                           |   | <p>#WORLDBOOKDAY</p>  |  |

For the full list of £1 books, visit [worldbookday.com/books](http://worldbookday.com/books), for full terms visit [worldbookday.com/terms-conditions](http://worldbookday.com/terms-conditions)

**The World Book Day £1 books are a gift from booksellers, who fully fund the cost of the £1 book token redemptions. Check with your local bookseller what plans they have in place for World Book Day. Please note:**

- Only **ONE TOKEN** can be used per transaction.
- Token is for young person's individual use.
- Offer valid **16 February 2023 – 26 March 2023** inclusive.
- The book token barcode can either be scanned from your phone/tablet screen or printed out and shown in-store. Please check with your local bookseller before visiting if they can accept the barcode on mobile devices.
- The digital £1 book token cannot be redeemed online.

Visit our FAQ page to answer all your questions: [worldbookday.com/about-us/frequently-asked-questions](http://worldbookday.com/about-us/frequently-asked-questions)  
To contact the World Book Day team, email [wbd@education.co.uk](mailto:wbd@education.co.uk)

**HOW TO TRAIN YOUR DRAGON 20 YEARS**

**WIN A FIERY FAMILY ADVENTURE!**

Celebrate 20 years of Cressida Cowell's magical series with a chance to win a trip to Heide Park in Germany, the theme park that is home to an entire *How to Train Your Dragon* land. PLUS lots of extra goodies to be won.

To enter and for full terms and conditions visit [worldbookday.com/HowToTrainYourDragon](http://worldbookday.com/HowToTrainYourDragon)

**Changing lives through a love of books and reading**

World Book Day® is a charity sponsored by National Book Tokens

Registered charity number 1139457 (England and Wales) | Registered company number 02890953 (UK)

The token redemption date for the book token is from 16 February to 26 March 2023. Please click the following link for more details: <https://www.worldbookday.com/secondary-digital-token/>

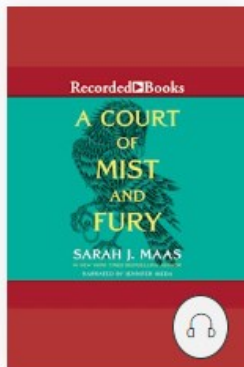


## Recently added Audiobooks on e Platform

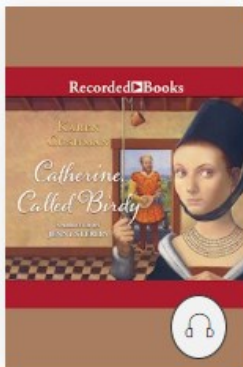
### Audiobooks

Please follow the link below for the recently added Audiobooks on ePlatform.

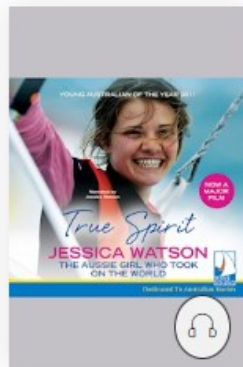
<https://highdown.eplatform.co/browse?sort=added&format=mp3>



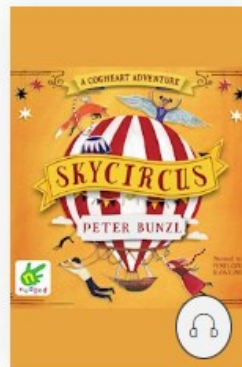
A Court of Mist and F...  
by Sarah J. Maas



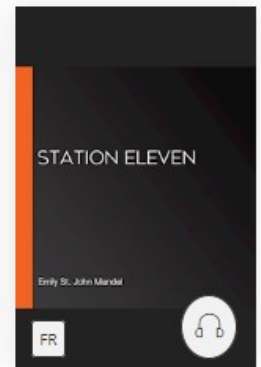
Catherine, Called Birdy  
by Karen Cushman



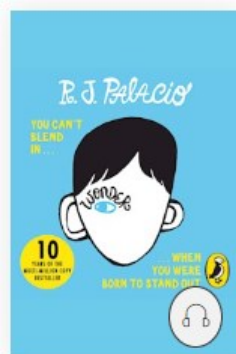
True Spirit  
by Jessica Watson



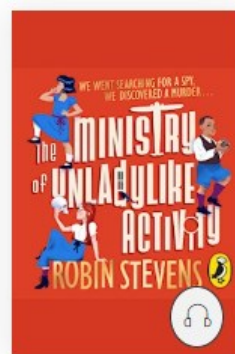
Skycircus  
by Peter Bunzl



Station Eleven  
by Emily St. John Mandel



Wonder  
by R. J. Palacio



The Ministry of Unlad...  
by Robin Stevens

### eBooks

Please follow the link below for the recently added eBooks on ePlatform:

<https://highdown.eplatform.co/browse?sort=added&format=epub>

This includes the following:

**Callum: A Noughts and Crosses Short Story** by Malorie Blackman

**What if it's Us** by Adam Silvera and Becky Albertalli

**Trash** by Andy Mulligan

### Zurich Insurance Apprenticeships

#### Applications are open until 19 March 2023

Insurance really is so much more than you think! We have a wide range of apprenticeships covering so many interesting areas, such as our popular [Data and analytics](#) scheme, our [IT & Operations](#) apprenticeships plus so many more. With roles spanning the UK in locations such as London, Cardiff, Fareham, Farnborough, Glasgow, Birmingham and Swindon, there really is something for everyone.

[Find out more and apply](#)

At Zurich, you'll have plenty of opportunities to develop your skills, build your career and even gain industry-recognised qualifications. You'll be made to feel welcomed by your people manager and buddy, they'll also be there to support you as you take on new challenges - we've got your back!

Our apprentices start on a competitive starting salary plus excellent lifestyle benefits, which include private medical cover, discounted gadget insurance, discounted gym membership, discounted technology offers and much more. You'll also get three volunteering days per year to make a difference in your local community.

Zurich is a great place to work and we are always looking for talented and inspiring people to help us create a brighter future. Take the first step in loving what you do, developing your skills and making a difference by applying today.

[Find out more and apply](#)

### Omnicom Media Group and Rapp Live Online Career Challenges

Omnicom is a global network of leading marketing communications companies. Serving over 5,000 brands across 70 countries, we provide the best talent, creativity, technology and innovation to some of the world's most iconic and successful brands.

RAPP Worldwide is one of the agencies within Omnicom's network. We are fiercely individual. We are a global creative agency, with the individual at the heart of everything we do. We use data to find out what makes them tick. We use technology to talk to them one-to-one and we use creativity to encourage them to engage, click, buy and bond, again and again.

**Join us in our live online career challenges to find out the different questions we answer for our clients and the date we use to help us.**

**Monday 20th March at 4.30pm - First Step event: Y 7-9**

[How can Tropicana reach a young audience?](#)

[Register to attend](#)

**Tuesday 21st March at 5pm - Next Step event: Y10-13**

[Can you help KFC get more finger lickin' chicken delivered to customers?](#)

[Register to attend](#)

**Thursday 23rd March at 6.30pm - Invites students, career leaders and parents to attend**

Omnicom Media Group and Rapp agencies talk about the exciting career opportunities they are recruiting for.

[Register to attend](#)



### HSBC Foundation Apprenticeships are now open for Applications!

HSBC's Foundation Apprenticeships provide you with a permanent contract entry-level role, giving the opportunity to gain working experience whilst studying towards professional qualifications. We offer a competitive salary and benefits package, as well as support and encouragement to develop and progress your career within HSBC.

Applications are now open across various locations and areas across the bank, all with an expected start date of July 2023!

#### Roles available:

- ♦ Early Careers - Foundation Apprenticeship Programme 2022-2023 – Branch Network (UK – UK locations)  
UK Locations: Chester, St Helens, Altrincham, Crawley, Hereford
- ♦ Early Careers – Foundation Apprenticeship Programme 2022-2023 – Customer Services (UK – UK locations)  
UK Locations: Leeds, Hamilton, Birmingham
- ♦ Early Careers – Foundation Apprenticeship Programme 2022-2023 – M&S Bank (UK – UK locations)  
UK Locations: Chester

[Click here](#) to find out more and to submit your application.

Application deadline: 26 March 2023. We would encourage you to apply sooner rather than later. Good luck!

### Medic Mentor's FREE, VIRTUAL Get into Medicine Conferences

**Saturday, 4 March (1:30pm - 7pm)**

**Sunday, 5 March (10am - 3:30pm)**

Dr Siva and Dr Kennedy will provide a full guide to the UCAS application process, and getting into medical school.

Registration link: <https://medicmentor.co.uk/get-into-conferences/>

### Medic Mentor's FREE VIRTUAL Get into Dentistry Conference

**Saturday, 4 March (9:30am 1pm)**

Chief Dental Mentor Dr Safiyyah Yacoobali and Dr Siva will lead your students step-by-step through UCAS and how to get into dentistry.

Registration Link: [https://medicmentor.co.uk/online-get-into-dentistry-conference/?et\\_fb=1&PageSpeed=off](https://medicmentor.co.uk/online-get-into-dentistry-conference/?et_fb=1&PageSpeed=off)

### Medic Mentor's FREE VIRTUAL Medical, Dental, and Veterinary Societies

**Tuesday, 7 March (5:45pm - 6:45pm)**

Free-to-join virtual societies led by students and doctors, dentists, and vets. These weekly meetings will allow your students to network with medical professionals across the UK and boost their UCAS applications and CVs.

Students can join by signing up for a student portal here: <https://medicmentor.co.uk/the-medic-mentor-portal/>

For Further information, please click this link to their website: <https://alliedhealthmentor.org/wp-content/uploads/2023/03/MM-Programmes.pdf> or contact the Medic Mentor Helpline: 01530 417299

### International Women's Day Virtual Event

Are you a female looking to break into the corporate environment? Would you like an opportunity to hear from and speak to many senior women who are leaders within their industry? To celebrate International Women's Day, Young Professionals are extremely excited to invite you to the biggest '**International Women's Day**' virtual event Nationwide!

On **Wednesday, 8 March 2023**, they will be hosting this absolute blockbuster of an event online via zoom, between 5pm - 7pm. We will be joined by many huge, global companies who are all leaders in their industries. These companies include:

**PwC** - PwC is the second-largest professional services network in the world with 300,000+ employees, numerous offices in 152 countries and a gross revenue of \$50.3 billion as of 2022.

**Grant Thornton** - Grant Thornton is one of the world's largest professional services networks of independent accounting and consulting member firms which provide assurance, tax and advisory services to privately held businesses, public interest entities, and public sector entities.

**Legal & General** – FTSE 100 Legal & General provide services such as investment management, pensions and life assurance and their asset management arm is the second largest institutional investment management firm in Europe. They also currently manage assets worth over £1 trillion!

**CIMA** - CIMA is the Chartered Institute of Management Accountants, based in the UK, they are a global professional management accounting body. CIMA will give you a real insight into Management Accounting and what a career within the industry can look like.

**Mazars** - Mazars are a leading international audit, tax and advisory firm, aspiring to build the economic foundations of a fair and prosperous world.

**WTW** - WTW provides data-driven, insight-led solutions in the areas of people, risk and capital. Leveraging the global view and local expertise of their colleagues serving 140 different countries and markets, WTW help to sharpen their clients' strategy, motivate their workforce and maximise performance.

**Experian** – FTSE 100 Experian is the world's leading global information services company. Experian help individuals to take financial control and access financial services, businesses to make smarter decisions and thrive, lenders to lend more responsibly, and organisations to prevent identity fraud and crime.

These companies cover different Industries such as Accounting, Financial Services, Management and Technology giving you the chance to learn about many different sectors in the working environment, as you prepare to think about your next steps.

On the evening you can expect to be joined by many inspirational women who are at a senior level in their profession, as they will provide panel discussions where you can learn more about their career. This will give you an insight into what their background is, how they got to where they are currently and what it is like being a woman in a high responsibility role within their organisations. You will also be given the chance to network with these Female Leaders, so seize the opportunity! A connection on LinkedIn can go a long way.

This event is open to any UK students who are in Years 10-13

As this will be the biggest International Women's Day event for School Leavers, we expect record-breaking numbers attending. Make sure you sign up using the link below to be a part of history!

#### Application Link:

<https://www.surveymonkey.co.uk/r/K7NRVFZ>

### READING FOOTBALL CLUB'S 4TH AND FINAL SCHOOL & GRASSROOTS FIXTURE OF 2022-23

Thank you to all the young supporters, their friends and family, teachers and teammates who have taken part in our School and Grassroots Ticketing initiative so far this season; the noise they have made has had a real impact. Three wins from three, nine points from a possible nine in the first three Schools and Grassroots games of 2022-23 - and now we face the biggest challenge yet!

Our fourth and final Schools and Grassroots game is due to take place on Saturday 15 April...against runaway league leaders, Burnley!

Can you raise your game and make it the biggest crowd of the season? Can the players then raise their game to tackle the toughest team in the division? There is only one way to find out...



#### Reading vs Burnley

Reading Football Club's 4th School and Grassroots fixture of 2022-23 is **Reading vs Burnley** on **Saturday 15th April at 3pm**, at the Select Car Leasing Stadium.

As part of our special invitation, we would like to offer the below discounted prices:

**12 and Under: £1**

**17 and Under: £3**

**18 to 24: £5**



**65 and over: £5**

**Adult: £10**

To redeem, please visit <https://ticketing.readingfc.co.uk> and enter the following unique coupon code: **#HighdownSchool** in the basket once you have logged in and selected your tickets.

There is no limit on the number of tickets you can buy using your unique code. And, for every ticket which is purchased you will receive one entry in a prize draw for a chance to win a series of 'money can't buy experience' prizes!

Important! This offer applies to tickets in the Eamonn Dolan Stand blocks and Y19/Y20 of the Sir John Madejski Stand. Coupon codes are valid up until 4 hours before kick-off and availability is limited, so please act quickly to avoid disappointment.







**WIN AN  
IPHONE 14  
PRO 128GB**  
WORTH OVER £1000



- Tickets cost just £1 a week
- Win an amazing new iPhone 14 Pro
- Please help give our fundraising a boost
- Win up to £25,000 every week

**PLAY NOW**

Supporters must be 16 years of age or older. See website for Terms & conditions. Enter by 25th March 2023

## School Lottery

The MySchoolLottery has raised almost £200 for the school so far and we have had a Highdown winner every week!

The current additional prize is an iPhone 14 Pro! Tickets are available at <https://www.yourschoollottery.co.uk/lottery/school/highdown-school-and-sixth-form-centre>

## Quiz night

Quiz night is on 24 March, ticket sales start Monday, 6 March and can be purchased at:

<http://www.pta-events.co.uk/highdown/>

## Funding Requests

If anyone would like to see and comment on this round of requests, please email us by Monday, 6 March at:

[highdown\\_pta@outlook.com](mailto:highdown_pta@outlook.com)

## Numeracy Answer

For the First 10km A and B share the £10 fare, paying £5 each. Then B continues on the journey and pays the remaining £10 himself. In total, A pays £5 (a quarter of the total) and B pays £15 (three quarters of the total).