



ASPIRATION



RESPECT



EXCELLENCE

The weekly newsletter of Highdown School and Sixth Form Centre

w/c 13 November 2023 Week B



This week in assemblies, as we approach Armistice Day and Remembrance Sunday, we have been reflecting on the sacrifices made by those who served their country in the First World War and in subsequent conflicts. We remembered and honoured those who lost their lives, the veterans, and their families.

Earlier in the week a group of 34 students from across Years 11 to 13 travelled north to Birmingham to the annual NCSL Festival, which is the largest national careers and skills event in the country. Whilst there, students explored a wide range of potential apprenticeships, universities, careers and employability skills. This is just one part of our expansive programme of careers education for our students, and we have our second Careers Focus Week of the academic year next week with a range of activities planned.

It was an absolute pleasure to attend the Year 11 Music Recital on Thursday evening this week. The performances were amazing and students so talented. We were treated to a wide range of instruments and musical styles. The students' confidence to play/sing in solo performances in front of parents and siblings was impressive. Many thanks to the Music Department for organising this wonderful evening of music, and of course, our students for their performances.

I hope families have a great weekend.

M A Grantham
Head of School

HOUSE POINTS

Mapledurham	43315
Grove	42072
Rosehill	45191
Caversham	42864

CALENDAR OF EVENTS

Term dates can be found here: [2023/24](#)

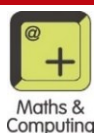
Term 2

All Week:	Careers Week 2 Anti-Bullying Week Geography Awareness Week Y11 MFL Speaking PPEs Y12 Learning Conversations Week
Mon 13 Nov:	Y12/13 GCSE Retake Exam (am) Y7 Alt Prov Group Presentation on Knife Crime
Wed 15 Nov:	Y12/13 Senior Kangaroos and Olympiad Maths Challenge
Thurs 16 Nov:	Careers Fair 6pm
Fri 17 Nov:	Y7 Learning Conference: Becoming Independent

Reminder the PTA Quiz takes place this evening, Friday 10 November. Doors open at 7pm.



Follow us



Information

The Highdown Herald

The latest edition of our student led newspaper, The Highdown Herald is now available to view of our [website](#).

Berkshire Music Trust October Newsletter

Please click [here](#) to read the latest copy of the Berkshire Music Trust Newsletter.



ParentMail Accounts

We respectfully request all parents and carers regularly check their student's dinner money balances to ensure they are in credit.

At peak times, around mid-morning, it can take up to 2 hours for the monies to show on the account.

Therefore, if you need to top them up, please allow time for these to be processed. We have found topping up in the evenings to be the quickest way to add monies to the account.

Absence Reporting

Please notify us if your son/daughter is unable to attend either online or onsite lessons due to illness or other reason.

Please report all absences using the Class Charts app rather than by telephone, email or ParentMail. We hope parents will find this route much more straightforward and efficient. You can find out more here:

<https://www.highdown.reading.sch.uk/attachments/download.asp?file=1803&type=pdf>.

Problems with Class Charts

If you are experiencing issues with accessing your Class Charts account, please contact office@highdown.reading.sch.uk



Children in Read 2023

The Largest Signed Book Auction In The World



Children in Need are doing a 'Children in Read' and are auctioning off author signed books. For more information visit their website:

<https://www.jumblebee.co.uk/childreninread2023>

3

Courses for Parents

Online Courses for Parents and Carers - November 2023

Understanding and supporting attention for learning

13 November 2023, 10.00am - 12.30pm

Free online session via MS Teams

For parents/carers with children of school age in a Reading school.

This workshop is targeted towards parents/carers whose children struggle with attention. This may include children who have a diagnosis of ADHD / ADD but is also open to parents of children who struggle with attention but do not have a diagnosis. The workshop explores how attention difficulties may present, support strategies and how SEN support may look in school.

To book or for more information email:

Wilma.Williams@brighterfuturesforchildren.org.

Online Courses for Parents and Carers - December 2023

Understanding Autism & Anxiety Workshop

6 December 2023, 9.30am - 12.00pm

Free online session via MS Teams

For parents/carers of Reading pupils ages 6 -16.

A 2.5 hour workshop targeted towards parents/carers of children with a diagnosis of autism or those who may be awaiting a diagnosis. It looks at common drivers for anxiety in those with autism, especially in relation to coping with uncertainty and not knowing what might happen. The workshop gives parents a chance to share their experiences and to learn strategies and approaches to manage anxious feelings.

To book or for more information email:

Wilma.Williams@brighterfuturesforchildren.org

AUTISM: Improving Communication



13th November 2023. 6:30-8:30pm

Jane Keyworth, Lead Facilitator at FACE giving a two hour online talk to parents (and teachers), explaining how simple changes in how you speak can lead to more positive communication with people on the spectrum.

Book online now £24 facefamilyadvice.co.uk

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about MICROTRANSACTIONS

Microtransactions (often abbreviated as "MTX") are digital purchases made within an app or game to unlock extra features or additional content such as new levels. A popular sub-set of these are loot boxes, which contain a selection (usually random) of virtual items: from character skins to game-changing equipment like better weapons. Microtransactions (and loot boxes in particular) are now widespread in apps and games, but concerns persist that they normalise gambling and can foster addictive behaviours – especially among younger players.

WHAT ARE THE RISKS?

GATEWAY TO GAMBLING?

Microtransactions have been criticised for promoting gambling-adjacent behaviour in children. Research has also suggested that exposure to the loot box system could affect the likelihood of a young person suffering gambling harms later in life: children who purchased or used loot boxes in the last 12 months were found to be more likely to have gambled during the same period, as well.

ADDICTIVE NATURE

Microtransactions (and loot boxes especially) could lead to young people displaying compulsive behaviours. Loot boxes are designed to be addictive, and the sought-after prizes they contain are dispensed at random. This means that young gamers might not get what they want straight away, causing them to spend more money as well as additional time gaming.

PAYING TO WIN

In many popular games (the FIFA series being a notable example), microtransactions make it far easier to succeed – which is a concern because children can often find it difficult to keep track of their spending. Once a child starts making in-game purchases, they may continue buying to keep up with their friends and other players – sometimes without recognising the mounting real-world cost.

EXCLUSIVE CONTENT

DATA COLLECTION

To allow a young person to complete microtransactions, many app and game developers collect personal data such as their name, address, email, geolocation information, photos, payment details and so on. Even if this data remains secure (which is by no means guaranteed), there's always the chance that it will be used – and possibly sold on to third parties – for marketing purposes.

AFFECTING DAILY ROUTINE

Online games tend to revolve around repeated loops of activity that can affect purchasing decisions and potentially influence children's spending patterns. This could lead to your child not only handing over more money but also adjusting their daily routine to match the game's schedule – potentially impacting more important elements of their day, such as homework and family time.

SATELLITE SPENDING

If you've linked a payment method like a debit card or a PayPal account to your child's game or app, it's wise to keep a close eye on their microtransactions to ensure they aren't racking up a large bill. Letting a child have access to your card (if they're still too young to have their own) or other means of payment could also lead to them spending beyond the apps and games they normally use.

Advice for Parents & Carers

DO YOUR RESEARCH

It's important to have a serviceable idea of whether the games your child plays use the loot box system (even if it goes by a different name) or include the option of buying items, equipment and so forth. If so, it's crucial to help your child understand that this costs actual money, and that they shouldn't feel pressured into making any purchases.

CHAT ABOUT 'CHANCE'

It may help to explain to your child that many microtransactions involve an element of chance: they could pay money and still not get what they want in return. Emphasise that – while not usually costing much individually – these in-app and in-game purchases can soon add up. Talk to your child about how spending their money in a game or app means they have less to use in the real world.

(GIFT) CARDS ON THE TABLE

Investing in an in-game currency gift card can be a useful way of helping your child get to grips with budgeting. If you buy, say, a £10 V-bucks Fortnite gift card, monitor how long it takes them to spend it. When they come to you asking for more, you could make it the starting point for a conversation about how quickly that money went and how they could earn their next gift card.

STOP SPENDING AT SOURCE

You might decide that the wisest strategy is to remove the potential for spending money on microtransactions. If so, most games, apps and devices have options in their settings to help you manage what your child can spend – or to disable that function altogether, preventing them from buying additional items for their games or boosted functionality for certain apps.

WATCH FOR THE SIGNS

If you're worried that your child's passion for a particular game or app may tempt them into habitual spending on microtransactions, it's important to remember the indicators of addictive behaviour. Irritability, a lack of concentration and prioritising recreational screen time ahead of homework or mealtimes could all be signs that you need to have a conversation about a more balanced routine.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.



NOS
National
Online
Safety®
#WakeUpWednesday

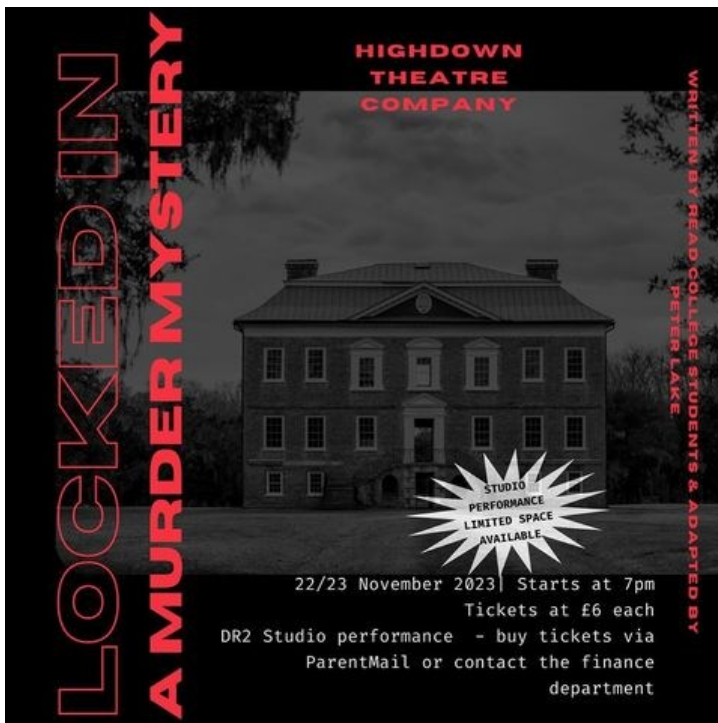
@natonlinesafety

/NationalOnlineSafety

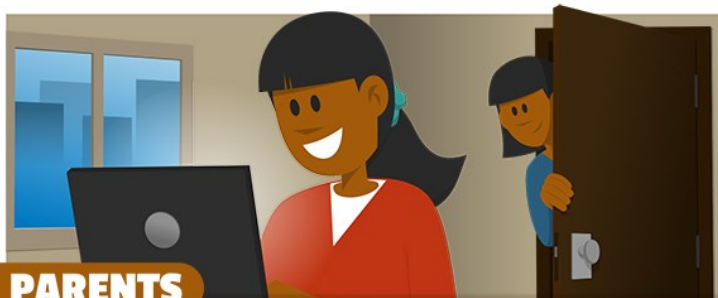
@nationalonlinesafety

@national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 08.11.2023



Year 11/13: Top Tips For Helping Your Child Revise



PARENTS

7 WAYS TO MAINTAIN STUDENT LEARNING

by @inner_drive | www.innerdrive.co.uk

- 1** **Quizzes** – getting students to answer questions is one of the best ways to learn.
- 2** **Little and often** – this is far more effective than cramming it all in one go.
- 3** **Mindmaps** – if making a mindmap, be sure to combine both pictures and words as this accelerates learning.
- 4** **Get them to teach the material to someone else** – this helps the brain categorise, organise and focus.
- 5** **Ensure they eat breakfast** – this aids concentration over the course of the day.
- 6** **Ensure they get plenty of sleep** – sleep improves mood, memory, concentration and learning.
- 7** **Get them to 'explain why'** – getting them to tell you why something is the case, known as 'elaborative interrogation', is an effective memory booster.

Top tips for helping your child succeed in their learning.

As the Year 11 and Year 13 PPEs approach, you may be wondering what you can do to help your child succeed.

You may have already seen the top tips to helping your child on the school website here: <https://www.highdown.reading.sch.uk/revision> and I recommend you also look at The Essential Revision Guide which is here: <https://www.highdown.reading.sch.uk/attachments/download.asp?file=1996&type=pdf>

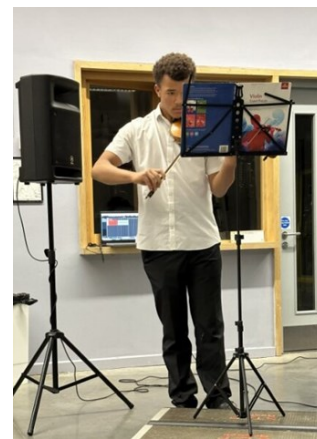
In addition to this, here is a short video specifically designed for parents and carers, informing them about retrieval practices and how the science of learning can help improve progress in your child. Teachers use these techniques in school, but you can enhance that by using them at home too. <https://www.youtube.com/watch?v=U-TaSzYmx8>

I hope you find all this information useful, both now and as the year goes on.

Year 11 Music Recital

This week the two Year 11 music classes performed their solo pieces in two evening recitals on Tuesday and Thursday night. The standard of performance was very high and we had a wide variety of performances ranging from Mozart, to the musical Hamilton, to AC/DC. The students had been working hard on these performances since Year 10 and it was a fantastic display of all their hard work and dedication to their instruments. Here are a variety of photos from the evening kindly taken by Mrs Reid. Well done Year 11!

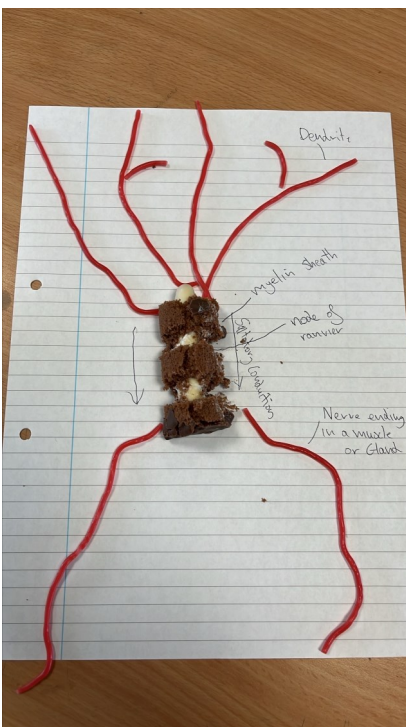
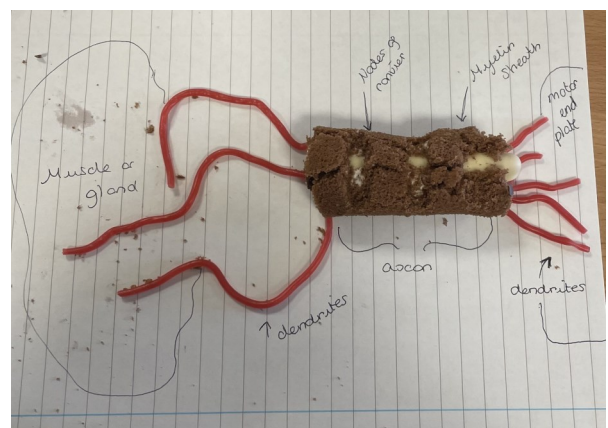
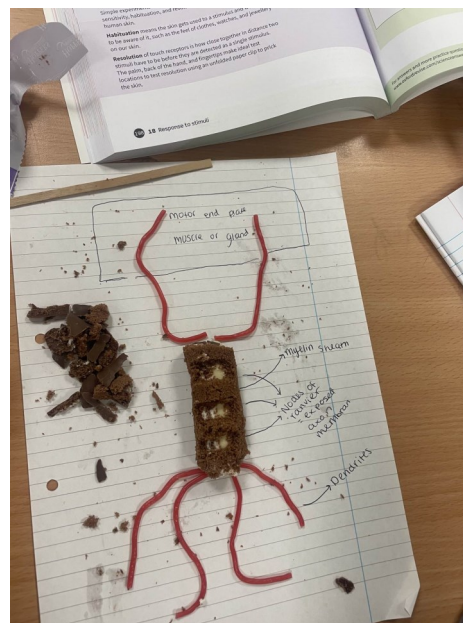
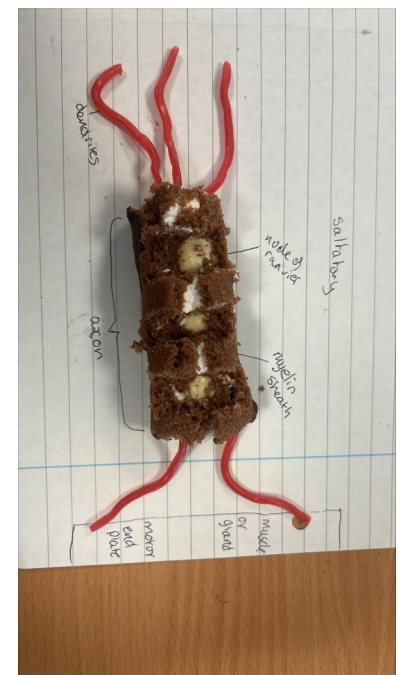
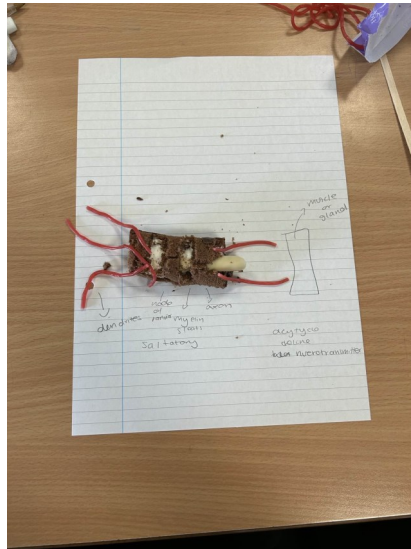
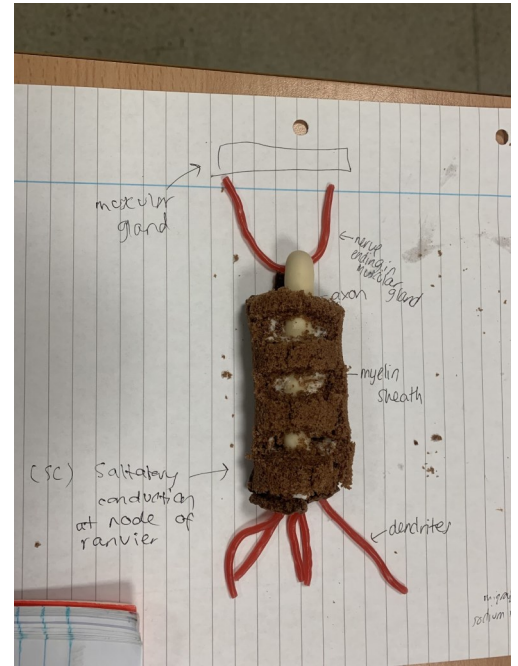
Miss Jefferies



Year 13 Biology

Year 13 biologists have been studying the structure and function of neurones...and no better way to model it than using a swiss roll, chocolate finger and a strawberry lace or two. Carefully the chocolate finger was inserted into the swiss roll to represent the axon, while the swiss roll represented the insulating myelin sheath. The students cut away tiny gaps in the swiss roll to represent the exposed areas of the axon where the impulse develops. Well done 13A ...top quality modelling.

Dr Love



Stars of the Week

7C Albie O'Neill

7D Greta Nagy

7E James Prodger

7F Niamh Rafferty

7G Jessica Loveridge

7H Evie Titchener

7J Abeeha Hussain

7K Makar Shapovalov

7L Isla Kingsmill

8C Summer King

8D Leah Fothergill

8E Luke Preece

8F Jacob Martin

8G Kimi France-Miller

8H Oscar Nash

8J Sam Escott

8K Tula Matthews

8L Ken Díaz

9C Ben Hughes

9D Alfie Dixon

9E Tabby Bradbury

9F Joshua Packer

9G Ellie Chan

9H Sammy Smyth

9J Felicity Pohler

9K Isla Routledge

9L Josh Church

Mrs Robinson's bonus:

9C Georgie Barnbrook

10C Corey Hawkes

10D Hollie Martin

10E Ashlynn Kingshott

10F Charlie Waterman

10G Erin Powell

10H Callum Pieper

10J Ruby Riddington

10K Joel Fenning

10L Eva Stratton

11C Joshua Smith

11D Theo Turay

11E Erin Bonsall

11F Ophelia Baldwin

11G Alice Jolley

11H Michael Foulkes

11J Dexter Jeynes

11K Dylan Sandrey

11L Brooke Mattingley

11M Sam Hayes

Numeracy Puzzle

Here is a puzzle from the film Die Hard.
With a 5 gallon and a 3 gallon jug (and a fountain)
how do you measure out exactly 4 gallons in one of
the jugs?

You can watch the video, the first minute is the
problem, and the rest of the video is the solution:

<https://www.youtube.com/watch?v=6cAbgAaEOVE>

Note: There is one swear word (s***) in the above
video from the movie. For a clean alternative, with
the problem and solution, but not using the movie
clip:

<https://www.youtube.com/watch?v=CQTfH1zmivA>

We're keen to get some competition going!

Try this numeracy problem at home, if you think you
have an answer, submit it to us using the given link or
QR code!

We'll post a leaderboard in the next newsletter.

<https://forms.office.com/e/jX1H1N3pii>

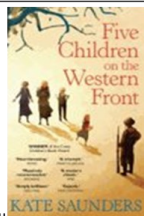




WWI and WWII fiction recommendations from the Hive as we remember, this weekend, those who gave their today for our tomorrow.

Five Children on the Western Front – E Nesbit

Set on the eve of the First World War, in this heart wrenching sequel to Five Children and It, Cyril is off to fight, Anthea is at art college, Robert is a Cambridge scholar and Jane is at high school. The Lamb is the grown-up age of 11, and he has a little sister, Edith, in tow. The sand fairy has become a creature of stories...until he suddenly reappears. The siblings are pleased to have something to take their minds off the war, but this time the Psammead is here for a reason, and his magic might have a more serious purpose. Before this last adventure ends, all will be changed, and the two younger children will have seen the Great War from every possible viewpoint - factory-workers, soldiers and sailors, nurses and the people left at home, and the war's impact will be felt right at the heart of their family.



The Valley of Lost Secrets – Lesley Parr

September 1939. When Jimmy is evacuated to a small village in Wales, it couldn't be more different from London. Green, quiet and full of strangers, he instantly feels out of place. But then he finds a skull hidden in a tree, and suddenly the valley is more frightening than the war. Who can Jimmy trust? His brother is too little; his best friend has changed. Finding an ally in someone he never expects, they set out together to uncover the secrets that lie with the skull. What they discover will change Jimmy -- and the village -- forever.



Kicking Off – Eve Ainsworth

It's 1917, and Britain is at war. Shy teenager Hettie wants to help the war effort, and signs up to work in the local Dick, Kerr & Co. munitions factory. She's nervous, but she has no idea quite how much her life is about to change... For, inside this factory are young women who are going to make sporting history. Can Hettie find the courage to join them, and in doing so, find her own place in the world?



My Brother's Secret – Dan Smith

Germany, 1941. 12-year-old Karl Friedmann is looking forward to joining the Hitler Youth, like all boys his age. But when his father is killed, his rebellious older brother Stefan shows him things that leave his faith in the Fuhrer shaken. What does it mean to be a good German? What does it mean to wear the mysterious flower sewn inside his brother's jacket? Who is the real enemy?



Recommended Diwali reads from the Hive and eBooks/Audiobooks.

<https://highdown.eplatform.co/>

Stay a Little Longer – Bali Rai

Aman's dad is gone, leaving her feeling lost and alone. She struggles to talk about it, but it's a fact and he isn't coming back. When a lovely man called Gurnam moves in to her street and saves Aman from some local bullies, he and Aman quickly become friends, perhaps even like family. But Gurnam has his own sadness. One that's far bigger than Aman can understand, and it's tearing his life apart. Particularly suitable for struggling, reluctant or dyslexic readers aged 13+



Anita and Me – Meera Syal – eBook

This poignant coming-of-age tale follows Meena, the irreverent teenage daughter of the only Punjabi family in the mining village of Tollington. When she becomes friends with the impossibly feisty Anita, she thinks she's found her soul mate but her world is turned upside down and she finds herself caught between her two cultures.

Adapted from the much-loved novel by the award winning playwright Tanika Gupta, *Anita And Me* paints a colourful portrait of village life in 1970's West Midlands during the era of flares, power cuts and glam rock.



Bend It Like Beckham – Narinder Dhama

Celebrate the 20th anniversary of the global smash hit film! If you're 18, love football and can bend a ball like Beckham, the world must be your oyster, right? Wrong. If you're Jess - 18, Indian and a girl - forget it.

Jess just wants to play football but her wedding-obsessed parents have other ideas so she hides it from them. But when Jess and her friend Jules join a ladies team and get spotted by a talent scout, it all kicks off...

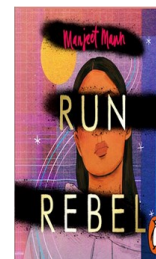


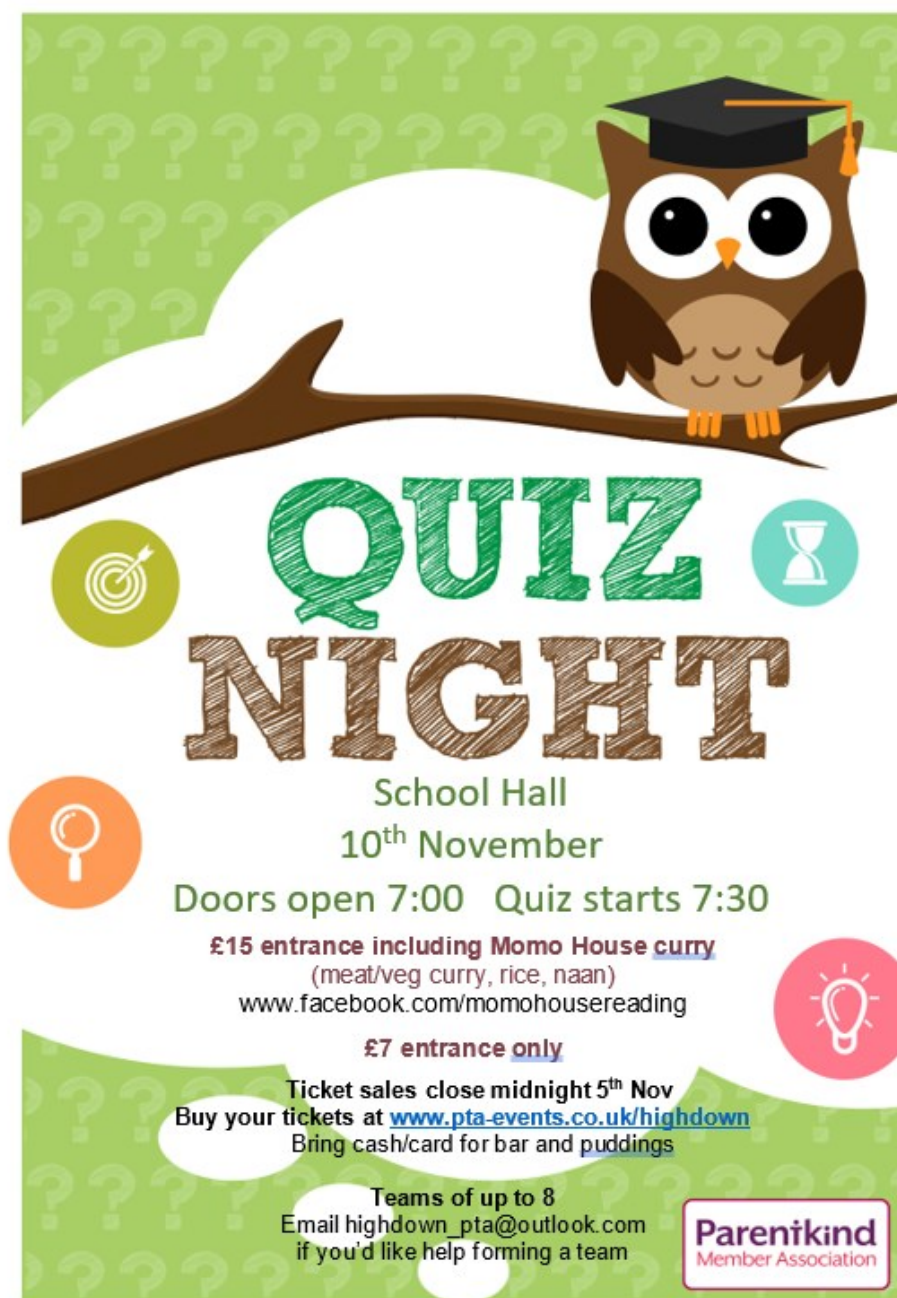
Run Rebel – Manjeet Mann – Audiobook

When Amber runs, it's the only time she feels completely free - far away from her claustrophobic home life. Her father wants her to be a dutiful daughter, waiting for an arranged marriage like her sister Ruby.

Running is a quiet rebellion. But Amber wants so much more - and she's ready to fight for it.

It's time for a revolution.





PTA Lottery

Win a PS5/VR2 prize bundle!

We are thrilled to introduce our biggest EVER Super Draw prize: A HUGE PlayStation bundle, consisting of not only a Limited Edition Spider-Man 2 PS5 console (disc edition, of course) – undeniably the hottest console of the year – but also the BRAND NEW PlayStation VR2 Virtual Reality headset, which ALSO comes bundled with Horizon: Call of the Mountain, for an unforgettable Virtual Reality gaming experience!

With our new Super Draw, there are exciting new flexible way to play – so get your tickets now ready for the big draw on 25 November!

[Support Highdown School and Sixth Form Centre when you play Your School Lottery - Your School](#)

HIGHDOWN SCHOOL AND SIXTH FORM CENTRE

YOU ARE INVITED TO A

CAREERS FAIR!

16TH
NOV
2023

We are delighted to announce the return of our annual Careers Fair for students (years 9-13) and their families. This is a key event in our careers development programme and we are extremely grateful to all the employers and organisations for all their support.

6-8PM

A wide range of organisations will be available to talk to students about their careers, qualifications and pathways.

There will be something for everyone including advice and guidance on progressing to university, further education, apprenticeships and traineeships. There will also be presentations on volunteering and gap years.

YEAR
9-13

Thursday 16th November

6pm-8pm

Years 9-13

**Job
Fair
2023!**

Thursday 16th November
6pm-8pm
Year 9-13



JM

OXFORD
BROOKES
UNIVERSITY

NHS

Royal Berkshire
NHS Foundation Trust

Lancaster
University

BATH
SPA
UNIVERSITY



SIEMENS



Grant Thornton

UNIVERSITY OF
DERBY



University of
Hertfordshire **UH**



INVESTIN

Summer Career Experiences in London

Registration for our 2024 Summer Career Experiences are now open!

Where : University College London (UCL)

When: During the summer holidays

InvestIN provides teenagers with the chance to experience life beyond school, as well as receive unparalleled career preparation.

Opportunities include:

Work with world-class industry professionals across 15 top careers.

Participate in hands-on career simulations.

Visit exclusive professional venues.

Receive personalised industry reference letters and certificates to showcase on university and job applications.

For a limited time only, students can use the early bird discount code SUMMER15A to receive 15% off programme fees.

<https://investin.org/collections/summer-experiences-2024>

[View & Register: Ages 15-18](#)

[View & Register: Ages 12-14](#)

Insight to Deloitte Virtual Webinar

Wednesday 15 November from 5pm-6.30pm

FAO Students in Y11, 12 & 13

Deloitte is one of the most prestigious professional services and accounting firms in the world, offering careers in audit, tax, legal and advisory services to enable brands to grow, succeed and maintain their global status.

This fantastic evening will give you an insight into what Deloitte do and what a career at such a huge global firm can look like. They will be sharing tips on how you can succeed in your future and we will be hearing from top professionals who will be sharing their personal insights into a Big 4 firm.

Providing such a range of professional services all in-house, makes a lifetime career at Deloitte so exciting, vibrant and full of opportunities.

Future 'you' could be auditing or advising global brands like GSK, Boeing or even Morgan Stanley!

Click here to sign up now:

<https://www.surveymonkey.co.uk/r/InsightintoDeloitte>

Teacher of Geography

Main Scale, Full time/Part time

Required for January 2024

We are looking for an outstanding, passionate and dynamic practitioner to join our highly successful and well-resourced Geography department of 6 staff.

A willingness to teach across all years and abilities is essential. We welcome applications from ECTs, for whom we have a superb induction programme.

Applications will be considered on receipt.

Full details and an application form can be accessed via our [website](#).

Teacher of Physical Education

Main Scale Full time/part-time.

Required for January 2024

This is an excellent opportunity for an enthusiastic and well-qualified teacher of Physical Education to join a successful department with excellent resources and facilities. A willingness to teach across all years and abilities is essential. We welcome applications from ECTs, for whom we have a superb induction programme.

The successful candidate should be a highly motivated and successful practitioner who is willing to contribute to all aspects of the school vision and the many extra-curricular activities that the department offers.

Full details and an application form can be accessed via our [website](#).

Senior Leisure Attendant

Part-time position, evenings and weekends

Up to £11.50ph dependent on experience and qualifications.

We are seeking to appoint a Senior Leisure Attendant to join our dedicated team. You will have level 2 fitness instructing or preferably level 3 personal training, working mainly weekends and some evening during the week.

You will have responsibility for supervising the use of the sports centre facilities whilst maintaining high standards of cleanliness and customer service. No previous experience is necessary as training will be provided, but an interest in fitness is an advantage.

Full details can be accessed on our [website](#).

Learning Support Assistant

Full time, term time only plus 2 staff training days, 8.30am-3.15pm

(NJC P3-4) Actual salary £14,968pa

Part time hours would be considered.

You will need a high level of interpersonal skills, be well motivated and enthusiastic about working alongside young people. You will also have an excellent standard of literacy and numeracy. Funding is available for further training to obtain Qualified Teacher Status.

For more information please click [here](#).

Examinations Invigilator

£10.79 per hour, Flexible hours

We are looking to expand our team of invigilators to support the running of internal and external examinations.

You should enjoy working as part of a team and an interest in working in a school is essential. This will ideally suit responsible, punctual, calm, organised and approachable individuals. Full training will be provided.

Full details and an application form can be accessed via our [website](#).



THE JUNGLE BOOK StageWorks Performing Arts School

The students of StageWorks Performing Arts School are about to perform their immersive show, at Shiplake memorial.

HAVE YOU GOT YOUR TICKETS?

Monday 20-25th Nov, 2023
1pm Sat matinee, 7pm Evening

Tickets on sale NOW
email: enquiries@stageworks.org.uk
Schools: Buy 10 get 1 FREE
WWW.STAGWORKS.ORG.UK

Stageworks Performing Arts School are putting on a production of The Jungle Book. Among the cast are some students from Highdown School.



Reading **FREE!**

Sport In Mind
Registered Charity 1161323

Youth Activities for Mental Wellbeing

Sport in Mind provides **free sport and physical activity** opportunities for children and young people to help build confidence and self esteem, meet new people and support low mood and other mental health challenges.

Reading Sessions (Autumn term)

Day	Time	Activity	Age	Venue
Mon	5-6pm	Football	10-14 years	Palmer Park 3G pitch
Wed	4:45 - 5:45pm	Football	10-14 years	Prospect Park 3G pitch
Thur	4:30- 5:30pm	Sport & Games	10 - 14 years	South Reading leisure centre tennis courts
Fri	4-5pm	Sport & Games	9-12 years	Morgan Centre, Queen Anne's School
Fri	5-6pm	Sport & Games	13 - 16 years	Morgan Centre, Queen Anne's School

Sessions restart from Monday September 11th and run weekly excluding school holidays

 [@sportinmind](https://www.facebook.com/sportinmind)
 info@sportinmind.org
 www.sportinmind.org
 01189479762



Sport In Mind



FREE!





Sport & Games - for Youth Mental Wellbeing

Time Fridays 4-5PM (Ages 9-12) 5-6PM (Ages 13-16)
sessions running weekly during term time

Venue Morgan Centre - Queen Annes School, 6 Henley Rd, Reading RG4 6DX

Description Fun, free and interactive sessions to help improve the mental wellbeing of young people. A great way to help build confidence, support self-esteem and meet new people. To book please email: youth@sportinmind.org

This group is provided **FREE** by mental health charity Sport In Mind for the benefit of local young people. Your local representative is Kieran.

 [@sportinmind](https://www.facebook.com/sportinmind)
 info@sportinmind.org
 www.sportinmind.org
 01189479762



INFORMATION EVENT

LOCATION

Deanfield and Rotherfield campuses

18th November 2023
@ 10:00-12:30pm



Visit The Henley College for our Saturday open event, as we welcome prospective students and their parents to explore our impressive campuses after an enormous summer refurbishment, including new facilities and equipment such as:

- 3D Printers
- Virtual Reality Room
- VR Metaverse Headsets
- Data Network Cabinet for Computing Students
- Corporate style boardroom
- New study spaces

Hear from the Senior Leadership team, meet enthusiastic teaching staff, and find out more about our high-achieving, diverse, and welcoming College in the centre of the beautiful Henley-on-Thames. Learn about the varied qualifications on offer, including A-Levels, Applied A-Levels, BTECs, and the introduction of brand-new T-Levels in Health, Digital, Business, and Engineering.

We look forward to welcoming you. For more information and to secure your place, please click [here](#).

Invitation to Reading Football Club's 2nd Schools and Grassroots fixture of 2023-24

When?

Reading vs Barnsley

Saturday 9 December, 3pm

Where?

Select Car Leasing Stadium

As part of the invitation, we would like to offer the following discounted prices:

12 and Under: £1

17 and Under: £3

18 to 24: £5

Adult: £10

To redeem, please visit <https://ticketing.readingfc.co.uk> and enter the unique coupon code:

#HighdownSchool in the basket, once you have logged in and selected your tickets. There is no limit on the number of tickets you can buy using your unique code. For every ticket which is purchased you will receive one entry in a prize draw for a chance to win a series of 'money can't buy experience' prizes!

Important! This offer applies to tickets in the Eamonn Dolan Stand blocks and Y19/Y20 of the Sir John Madejski Stand. Coupon codes are valid up until 4 hours before kick-off.