



The weekly newsletter of
Highdown School and Sixth Form Centre



ASPIRATION



RESPECT

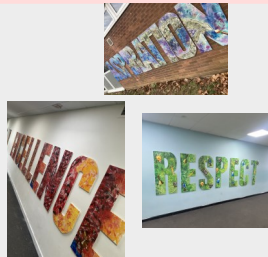


EXCELLENCE

w/c 25 March 2023 Week B

HOUSE POINTS

Mapledurham	114326
Grove	113926
Rosehill	115703
Caversham	116153



It has been our fourth House Week of the academic year this week, and we have been thinking about our environment at a variety of scales – on our school site, our local community, and global environmental issues. We have asked students for their views about sustainability, what they feel the really important environmental and global issues are, and their ideas on how we can further improve our environment. This will help contribute towards our Sustainability and Climate Change Action Plan, as part of a national strategy. Highdown has also joined the National Education Nature Park initiative, working alongside a number of other schools across the UK, to explore our environment.

Thank you to our Year 10 families for working with us yesterday at our Learning Review meetings. Year 10 have settled into their GCSE and Technical courses really well and are making great progress. I am confident they will take on board all the feedback they have received, as well as the advice and guidance, and will prepare well for their Pre-Public Examinations (PPEs) next term.

Thank you to our Year 10 students who represented Highdown School at Reading's Youth Council Annual Conference this week. The conference is an opportunity for young people across Reading to come together and discuss issues of importance to them, as well as helping to plan the youth council's priorities for the coming year.

We wish our students who are departing today for a trip to Berlin well. Have a great time! Gute Reise! And to all families, have a lovely weekend.

M A Grantham
 Head of School

CALENDAR OF EVENTS

Term dates can be found here: [2023/24](#)

Term 4

- Mon 25 Mar:** Y11 Trip to Berlin
Y12 Textiles/Photography PPEs (3 days)
- Tues 26 Mar:** Y9 State School's Hockey Tournament
Y7 Resilience Rucksack
- Wed 27 Mar:** Y10/12 MEP China Trip
Y11 GCSE Drama Practical
Netball Festival
Y13 A-Level Music Recital
- Thurs 28 Mar:** End of Term 4 - Academy closes to students at 12.25pm.
- Sun 31 Mar:** Y10/12 Iceland Adventure



Follow us



CALENDAR OF EVENTS TERM 5

Term dates can be found here: [2023/24](#)

Term 5

Mon 15 Apr:	Professional Learning Day 4 Academy closed to students
Tue 16 Apr:	Start of Term 5 (8.40am) Y12 PPEs (4 days) Y10 Art/Art Graphics PPEs
Wed 17 Apr:	Y10 Art/Art Graphics PPEs Y9/Y10 Italian Speaking PPEs
Thurs 18 Apr:	Y10 Photography/Textiles PPEs Y10 Greek Speaking PPEs Student Leadership Meeting Y10 Arabic Speaking PPEs
Fri 19 Apr:	Y10 Photography/Textiles PPEs Y10 Portuguese Speaking PPEs

Absence Reporting

Please notify us if your son/daughter is unable to attend either online or onsite lessons due to illness or other reason.

Please report all absences using the Class Charts app rather than by telephone, email or ParentMail. We hope parents will find this route much more straightforward and efficient. You can find out more here:

<https://www.highdown.reading.sch.uk/attachments/download.asp?file=1803&type=pdf>.

PTA Quiz Update

Unfortunately this event, has had to be cancelled.

A full refund will be provided to all who bought tickets.

Could you be entitled to Free School Meals? (FSM)

You can find more details about FSM and download an application form on our [website](#).

If you need any support with your application, please contact us at finance@highdown.reading.sch.uk or call 0118 9015 809.

When completed, please return your application to the email address above or to the school office for the attention of the Finance Department.



Problems with Class Charts

If you are experiencing issues with accessing your Class Charts account, please contact office@highdown.reading.sch.uk



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

ENCOURAGING OPEN CONVERSATIONS AT HOME

With tricky topics and occasional clashes of opinion, it can be challenging to maintain an environment where children feel able to talk candidly and honestly. However, encouraging such conversations helps to develop trust – making it easier to unpack even sensitive subjects as children get older. Here are our top tips for promoting open conversations at home.

1 CREATE A SAFE SPACE

Criticism, blaming or shaming can all prevent children from feeling emotionally safe – while showing affection, positive attention and an interest in what a child has to say builds their sense of security. These formative years are when children's opinions and values begin to take shape, so it's important to provide a non-judgmental environment in which to discuss them – especially if their opinions differ from your own.

2 CONSIDER OTHER OUTLETS

Some children may find it easier to talk while they're participating in another activity such as drawing, writing, walking or sport. If it's possible, taking part in these activities together presents you with an opportunity to communicate while doing something side by side. A child may feel less pressure that way and can be more inclined to open up of their own accord.

3 NORMALISE CHATS ABOUT FEELINGS

Incorporate mental health and emotional wellbeing into everyday conversations, using age-appropriate language and examples to help children understand their emotions. Ask questions like "How are you feeling today?", "What was the best and worst part of your day?", "If you could start today again, what would you do differently?" and "Is there anything you want to talk about?"

4 LISTEN ACTIVELY

When children express themselves, make it obvious that you're listening closely and giving them your full attention. Maintain eye contact and validate their feelings without immediately trying to solve the problem. It's not helpful to dismiss their issues as childish or "teenage angst" – or to assume that they'll simply "get over" whatever they're feeling. Children don't have your life experience; their resilience is still developing as they learn to push through difficulties and handle problems.

5 ASK OPEN QUESTIONS

Encourage children to share their thoughts by asking open questions about their feelings and experiences. Closed questions (such as "Did you enjoy school today?") are more likely to elicit a simple "yes" or "no" response. Instead, you could ask things like "Who did you spend time with at break?" or "Who did you sit with at lunchtime?"

6 RESPECT THEIR BOUNDARIES

If a child isn't ready to talk to about something yet, respect their boundaries: this reinforces that their feelings are important and worthy of consideration. Ideally, you're aiming to let them know you care without smothering them, so just make it clear that you're there for them whenever they're ready to chat. Gentle, regular check-ins can sometimes be the best form of progress.

7 LEAD BY EXAMPLE

Model open, honest and healthy communication in front of children and young people. Try to demonstrate kindness when talking about others and yourself, because if children hear adults being overly harsh, critical or judgmental, or see them having unrealistic expectations of themselves, it makes them more likely to adopt and repeat this behaviour themselves as they grow.

8 HAVE REGULAR CHECK-INS

Check in with children periodically to discuss how they're feeling and what's going on in their lives. This could be a weekly or monthly conversation, where the child has an opportunity to share whatever's on their mind. For parents and carers, getting away from the house and other distractions might be productive here: you could consider regular trips to a coffee shop or a café, or just a weekly walk.

9 PROVIDE RESOURCES

It's often beneficial to let children know about other support that's available to them if they're struggling to talk to you specifically. Encourage them to talk to school counsellors, trusted adults or even a therapist, if necessary – while normalising this route and dispelling the harmful stigma around asking for help. Older children could engage with resources such as Kooth or YoungMinds.

10 CELEBRATE EMOTIONAL EXPRESSION

It's beneficial to praise children for expressing their feelings honestly – emphasising how important it is to talk about their emotions and how proud you are of them for doing so. This can be especially pivotal for boys, who often experience more of a stigma around talking frankly about their feelings and their mental health – a barrier that can be overcome, with enough love and support.

Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



#WakeUpWednesday

The National College

X @wake_up_weds

f /www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

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Childnet
International

ARLINGTON
BUSINESS
PARK 35
1989-2024

INTERNET SAFETY WORKSHOP

FREE
EVENT

Tuesday 26th March

5:30pm - 7pm

Hosted by Arlington Business Park, Theale, RG7 4SA

We invite you to attend this **FREE** Internet Safety session which will cover an overview of the key areas of online risk, whilst offering practical tips and advice that can be implemented at home. This workshop will cover key issues including digital wellbeing, online friendships, bullying, adult content and more. This is a must for any parent or carer, grandparents may also find it beneficial.

CLICK HERE OR SCAN
TO RESERVE YOUR SPACE



For further information please contact:
events@arlingtonbusinesspark.co.uk

Courses for Parents and Carers

Are you aware of teenage brain development and how it impacts on behaviour?



Understanding the Teenage Brain

"Every parent and teacher should hear this...."

Mr Mead, Headteacher at Lytchett Minster School, Dorset

Two-hour online talk **25th March 7-9pm**

Book Now £24

facefamilyadvice.co.uk

self-esteem underpins all that we do



Raising Self-Esteem

Jane Keyworth gives a two-hour online talk

Tuesday 26th March 7-9pm

Book Online £24 facefamilyadvice.co.uk



COFFEE EVENING FOR PARENTS AND CARERS OF CHILDREN WITH ADDITIONAL NEEDS

THURSDAY, 28TH MARCH 2024

6.30 PM – 8.30 PM

AVENUE SCHOOL, CONWY CLOSE, TILEHURST, READING RG30 4BZ

Meet other parents and find out about the new Reading Inclusion Support in Education from **Joyshree Saikia**, Community Engagement and Research Advisor, Brighter Futures for Children. Talk to them about what schools need to do to help include children with additional needs and disabilities.



Also, the Racial Literacy Team will be there to talk about their services.

Booking is essential, fran@readingfamiliesforum.co.uk

Mobile: 07516 185380. An on-line link is available if you cannot attend in person.

www.readingfamiliesforum.co.uk



SEND Short Breaks During The Easter Holidays For Children And Young People In Reading

[SEND Short Breaks Easter Holiday Sessions - Reading Play](#)

9th and 11th April 2024

Each session is 2.5hrs with 8 spaces per session

Each short break day will consist of 2 sessions, unique activity themes for each session like seasonal arts and crafts where young people can take home their work and crafts. Young people will all have access to mini golf, climbing tree, low ropes, archery and more.

Further information and how to book a place can be found here [Reading Directory | SEND Short Breaks Easter Holiday Sessions](#)

Reading Play Education Play and Support,
Communications & Bookings Officer 01189373283E-
reading.play@reading.gov.uk

[SEND Short Breaks -Chance to Dance Stars CIC - Dance and Multi Activity Program](#)

Short breaks are available for Reading children aged 5 years to 18 years old.

Chance to Dance Stars CIC will provide group activities for children & young people with disabilities to have new experiences with sport and dance, to have fun and to build upon social and physical needs.

Note Cost - £20 per day for anyone outside of Reading.

Reading Residents - Sessions are partial funded by Brighter Futures for Children. You receive a 50% discount only paying £10 per day. Don't forget to enter your discount code: EQN344. Proof of residence will be required in booking. If your child requires 1:1 you must contact Vicky before booking on sendanceclub@hotmail.com or 07736343570

[SEND Easter Holidays 2024 - Short Breaks – Reading FC](#)

SEND Short Breaks - Holiday Clubs - Easter Holidays 2024 - Reading FC SEND Play Camp 5 to 10 years Easter 2nd/3rd/8th/9th April

Come and join our SEND Play Camps at The Avenue School. The camps are for children aged 5 to 10 years of age and will take place from 10am - 1pm. Our staff are qualified in working with SEND young children and have experience in working within a school setting.

Further information can be found here [Reading Directory | SEND Short Breaks - Holiday Clubs - Easter Holidays 2024 - Reading FC SEND Play Camp 5 to 10 years](#)

Our SEND Multi sports camps are back this Easter taking place at The Avenue School. These camps are for young people with SEND from the ages of 8 to 18 years. Each day the camps will be on from 10:30 - 14:00. Our qualified and experienced staff will engage with your child to take part in sporting activities/ games put on by qualified coaches.

Further information can be found here [Reading Directory | SEND Short Breaks - Reading FC SEND Multi sports Camp - Easter 2024](#)

[SEND Easter Holidays 2024 - Short Breaks - Holiday Clubs - Make Sense Theatre](#)

Our different sessions cater for young people aged 4-25+ and are designed in a way to ensure that we are fully inclusive, giving all young people with SEN the opportunity to attend. We will be running our Primary Sensory, Secondary Sensory and MLD groups over the first week of the Easter holidays (Tuesday 2nd April - Friday 5th April). [Reading Directory | SEND Easter Holidays 2024 - Short Breaks - Holiday Clubs](#)



The Resilience Rucksack's Project

Next Tuesday, 26 March, school will be hosting a 'Resilience Rucksack' Fair run by Reading University as part of a research project to support young people's mental health and wellbeing. Students will be invited to visit the fair with their mentor group class during one period of the school day. Students will be made aware of which period they will be attending via Class Charts Announcements.

On Monday, students will be shown a video to introduce the fair and asked to complete an anonymous questionnaire about their wellbeing. After the fair there will be 2 further short questionnaires to complete, just after the fair and again 2/4 weeks after that, to find out what impact the fair, and its resources, have had. This is an important part of the event as it will provide part of the evidence of whether the event has benefitted the young people.

Highdown staff will be on hand to support at the event and students will come away with a number of items or tools designed to support wellbeing. The project was aimed to support students during the transitional phase between primary and secondary school. Now that students have settled into Highdown this is an appropriate time to use the event as a reflective point to explore mental health and wellbeing in general.

Donations For Art Club



We are creating a mosaic mural in Art Club every 3rd Wednesday.

The image is showing our idea for the mural.

We are looking for more colourful tiles (any type of tiles, including broken ones) and glass stones.

If you are able to help with this, we would be very grateful. Please feel free to drop them off in School Reception.

Thank you!

Ms A Woronkowicz

House Stars of the Week

ROSEHILL HOUSE

- 
- R1** Eshaal Ashraf
 - R2** Tommy Elson
 - R3** Sian Shannon
 - R4** Ethan Frew
 - R5** Elodie Gamm
 - R6** Griffin Barnett-Ward
 - R7** Kathleen Gordon
 - R8** Fejiro Orife
 - R9** Ben Bridge
 - R10** Alex Schofield
 - R11** Emyln Sandrey
 - R12** Oskar Towers
 - R13** Eason Wu

GROVE HOUSE

- 
- G1** Ellie Houghton
 - G2** Alex Chinn
 - G3** Yusif Fofana
 - G4** Jonathan Durrant
 - G5** Alex Kenyon
 - G6** Eddie Wenman-Bateson; Saba Prins-Mills
 - G7** Sam Lovegrove
 - G8** Josh Glister
 - G9** Holly Sarjeant
 - G10** Joshua Lam
 - G11** Rorke O'Reilly; Albie O'Neill; Jasper Gilchrist; Ben Patterson; John Paudel
 - G12** Luke Vickery; Darby Buck
 - G13** Jake Staples; Alex Stannard

MAPLEDURHAM HOUSE

- 
- M1** Summer King
 - M2** Farhan Ali
 - M3** Holly Parr
 - M4** Charlotte Burgess
 - M5** Nicola Nadworna-Jada
 - M6** Jerome Jones
 - M7** Bethia Miller
 - M8** Summer Rapley
 - M9** Corey Hawkes
 - M10** Henry Hawkins
 - M11** Jacob Gough
 - M12** Harvey Dew
 - M13** Freyja Baldursdottir

CAVERSHAM HOUSE

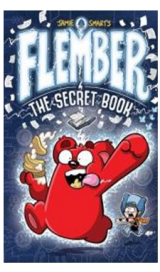



- 
- C1** Ashlesh Bairy
 - C2** Jayden Allen
 - C3** Zoe Eighteen
 - C4** Amelia Atwal
 - C5** Grace Hilden; Amelia Hunt
 - C6** Denzel Kejang
 - C7** Beatrice Arman
 - C8** Inigo Wrottesley
 - C9** Aubin Smith
 - C10** Lenny Rogers
 - C11** Imogen Coyne; Skye Potter
 - C12** Miriam White
 - C13** Ethan Bishop

During March we are looking at Graphic Novels and Manga recommendations in the Hive

Graphic novels, manga and comic books can be especially appealing to readers who are reluctant to read a more traditional book.

They are full of exciting stories and artwork that encourage readers to think creatively and use their imagination.

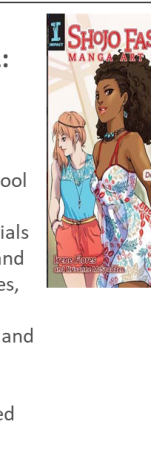
These books are a great way to strengthen vocabulary, help confidence with reading and build a deeper appreciation for storytelling.

<p>Flember – Jamie Smart A mysterious island! A strange and mystical power called Flember! A boy-inventor called Dev, who uncovers a long-forgotten secret... And a giant red robot bear!! The sleepy village of Eden is about to descend into hilarious chaos. Can disastrous Dev save his brand-new best friend?</p>		<p>The Babysitters Club (Ann M Martin) – Raina Telgemeier Kristy, Mary-Anne, Claudia and Stacey are best friends and founding members of The Baby-sitters Club. Whatever comes up - cranky toddlers, huge dogs, scary neighbours, prank calls - you can count on them to save the day. Baby-sitting isn't always easy, and neither is dealing with strict parents, new families, fashion emergencies, and mysterious secrets. But no matter what, the BSC members have what they need most: friendship.</p>	
<p>Black Bird, Vol. 1- Kanoko Sakurakoj – Young Adult There is a world of myth and magic that intersects ours, and only a special few can see it. Misao Harada is one such person, and she wants nothing to do with magical realms. She just wants to have a normal high school life and maybe get a boyfriend. All that changes one day when Misao is attacked by a demon. Her childhood friend Kyo suddenly returns to save her and tend to her cuts - with his tongue! It turns out Misao is the bride of prophecy, whose blood gives power to the demon clan who claims her.</p>		<p>B. T. X. Vol 1 – Masami Kurumada Teppei Takamiya joins forces with X, a highly-advanced artificial intelligence machine, to search for his brother, who was abducted by the Machine Empire.</p>	

eBooks and Audiobooks are available to all Highdowners at:

<https://highdown.eplatform.co/>

All you need is your Highdown log-in

<p>eBook – Graphic Novel Odd is on Our Side (Odd Thomas graphic novel) - by Dean Koontz, Fred Van Lente The first graphic novel from Dean Koontz, featuring the famously well-loved character of Odd Thomas. Nineteen-year-old Odd Thomas, a young fry cook from Pico Mundo, California, can see the dead. Beautifully drawn by Australian artist Queenie Chan, this graphic novel tells the story of Odd's race to solve the murder of a young boy whose killer appears to be stalking a second child. With the help of his beautiful girlfriend Stormy, his friend Police Chief Porter and the ghost of Elvis Presley, Odd must find the killer before he strikes again.</p>		<p>eBook – Manga Shojo Fashion Manga Art School, Year 2: Draw modern looks – Irene Flores, Krisanne McSpadden Readers find modern looks and fashions for all the classic shojo graphic novel themes such as: high school romances, complex dramas stories about friendship and sweet comedies. Starting with basics like materials (primarily pencil and ink), colour, movement, lines and shading, the book covers casual styles, school clothes, work attire, glamorous fancy dress and seasonal/situational looks. Loaded with techniques and tips from an exciting young artist and writer with a fresh style, this book includes great step-by-step instruction from initial lines, to black-and white inked illustration, to finished art in color.</p>	
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Dixon Wilson Tax Apprenticeship Scheme



Dixon Wilson are looking for you to be a part of the Private Client Tax Team and earn while you learn!

The Tax Apprenticeship Scheme is a fully-funded apprenticeship where you will study towards the highest-level tax qualification in the UK. Based in their London office, gain a Level 7 qualification, a competitive salary and be a part of their international team.

[Apply today!](#)

Deloitte

Deloitte Brightstart Apprenticeship - Business and Finance Technology

When: 27 March 2024

[Audit - England](#)

[Apply here](#)

Marsh McLennan

Guy Carpenter Apprenticeship Programme [London](#)

[Birmingham](#)

[Norwich](#)

[Essex](#)

Liverpool John Moores University



Free Revision Masterclass with Liverpool John Moores University

When: 26 March 2024

Time: 6.30-7.15pm

[Register here](#)

Have you got GCSE's or A-Level Exams on the horizon?

Liverpool John Moores University are here to help!

Come along to our insight webinar where you'll learn the most effective revision techniques, how to create a revision schedule and how to manage your mental health during the exam period.

Do you Enjoy Maths - Could an actuarial career be for you?



Institute
and Faculty
of Actuaries

We have a series of three webinars ranging from **What Is An Actuarial Career And Where Could Maths Take You?** To **Application Skills Masterclasses** with all the tips on how to ace interviews and pass numerical reasoning tests.

Register below and we will send you more details soon.

[Register here](#)

Junior Site Controller

37 hours a week, full-time (part time/term time will be considered) NJC P2-5. Full time salary: £23,114-£23,500 pa

We are seeking an enthusiastic team player to join our Estates Team to help with the day-to-day cleanliness and maintenance of our large school estate.

This is a key role which requires energy and resilience, good interpersonal skills and proven health and safety awareness. You will have a 'can do' approach and the ability to carry out the physical aspects of the role, for example, cleaning, manual handling, DIY, lifting and general maintenance.

Full details can be accessed on our [website](#).

Learning Support Assistant

Full time, term time only, + 2 staff training days. (NJC P3-P4). Actual Salary: £14,968pa, 8.30am-3.15pm

We require enthusiastic and committed candidates, who have experience working with children, to join our hardworking and successful team.

You will need a high level of interpersonal skills, be well motivated and enthusiastic about working alongside young people. You will also have an excellent standard of literacy and numeracy. Funding is available for further training to obtain Qualified Teacher Status.

Full details and an application form can be accessed via our [website](#).

Senior Leisure Attendant

Part-time position, evenings and weekends.

Up to £11.50ph dependent on experience and qualifications.

We are seeking to appoint a Senior Leisure Attendant to join our dedicated team. You will have level 2 fitness instructing or preferably level 3 personal training, working mainly weekends and some evenings during the week. You will have responsibility for supervising the use of the sports centre facilities whilst maintaining high standards of cleanliness and customer service. No previous experience is necessary as training will be provided, but an interest in fitness is an advantage.

Full details can be accessed on our [website](#).

Examinations Invigilator

£11.79 per hour, Flexible hours

We are looking to expand our team of invigilators to support the running of internal and external examinations.

You should enjoy working as part of a team and an interest in working in a school is essential. This will ideally suit responsible, punctual, calm, organised and approachable individuals. Full training will be provided.

Full details and an application form can be accessed via our [website](#).

Cleaner/Housekeeping

15 hours per week, Monday to Friday 3pm to 6pm. Morning shifts also available. £11.79 per hour.

Come and join our Housekeeping team. Duties include; cleaning classrooms and offices, toilets, emptying bins, vacuuming, mopping floors helping to create a safe and welcoming environment to promote learning for our students.

The successful candidate will be conscientious and reliable with a friendly and pro-active attitude. Experience is desirable, but training will be provided.

Full details can be accessed on our [website](#).

[Teacher of Maths - Key Stage Leader](#)

**Main Scale, Full / Part time + TLR 2.2
Required for September 2024**

We are seeking a well qualified, innovative and enthusiastic Key Stage Leader to join our successful Maths department. You will have a passion for Maths, a proven track record in producing excellent subject results and student outcomes, the ability to demonstrate excellent leadership and management skills and a commitment to raising achievement. The Maths department strives to stay at the forefront of research to support the upward trend in results.

Closing date: Applications considered on receipt.

Full details and an application form can be accessed via our [website](#).

[Teacher of Sociology](#)

**Main Scale, Full time. Required for
September 2024**

We are seeking to appoint a well-qualified, innovative and enthusiastic Teacher of Sociology to join an established Humanities team in a well-resourced, successful department. Government and Politics is taught at A-Level and is a popular subject. Sociology is also taught within the department.

Closing date: Applications considered on receipt.

Full details can be accessed on our [website](#).

[Teacher of Music - Temporary](#)

**Main Scale, Full / Part time
Temporary role until July 2024**

This is an excellent opportunity for an enthusiastic and well-qualified teacher of Music to join a lively and expanding music department, which forms part of the Performing Arts Department. The department benefits from excellent facilities. Music and Music Technology are popular options at GCSE. We welcome applications from ECTs, for whom we have a superb induction programme.

Full details and an application form can be accessed via our [website](#).

[Teacher of Economics \(within Maths Department\)](#)

**Salary: Main Scale/Full time/Part
time. Required for September 2024**

We are looking for an outstanding, passionate and dynamic practitioner to teach A-Level Economics as part of our highly successful and well-resourced Maths and Economics department. We welcome applications from ECTs, for whom we have a superb induction programme.

Closing date: Applications considered on receipt

Full details and an application form can be accessed via our [website](#).



Team Charlie · Follow

28 Feb · 🌐

This was Charlie in Summer 2019 when he bumped into a local fire crew. He was in his total element ❤️
👨‍🚒 🚒 🔥

Fast forward almost 5 years later, and it seems the perfect tribute to Charlie that firefighting Man of Steel [Matt Hooper](#) is running the [TCS London Marathon](#) in April in memory of Charlie and to raise funds for us . . . he'll be running 26 miles in full firekit. With apparatus. Yep, you read it correctly. Total legend! 🗨️ 👟 🏃 🧯

AND . . . until race day on 21 April, every donation made to a London Marathon runner's fundraising page will count as an entry to win a £100 bonus donation from JustGiving [#winwin](#)

So if you do have a spare few quid and would like to support Matt in his hero antics, here is his fundraising page:

<http://tinyurl.com/MattHooper24>

Thank you 🙏🙏🙏

[#GoMatt](#) [#SuperFundraiser](#)



Matt Hooper's
JustGiving Page



British Cycling Female Endurance Talent Identification 2024

If you enjoy sports that are fast and tactical, this could be an opportunity for you!



This Talent ID Programme will be looking to identify young females with endurance potential born in 2009/2010/2011 from across England with those successful going on to join British Cycling's Talent Development and Performance Pathways.

You will need to have some basic riding experience which could be as simple as riding your bike for fun when you were younger. Any riders who are currently in a club are not eligible for this programme and are advised to get into the sport through their club.

To apply, you will need to complete the online form by **Friday, 26 April 2024**.

Link to application: <https://forms.office.com/e/kaxWvEEQk1>

If successful, they will be invited to attend one of our testing days later this year.

Further information can be found on the Talent Development Pathway by following this link:

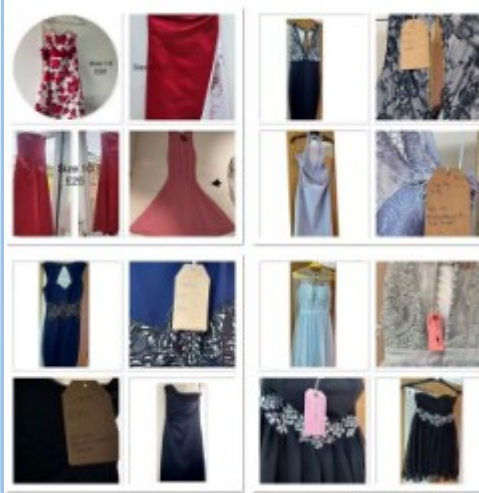
<https://www.britishcycling.org.uk/talentdevelopment>

**Maiden Erlegh
Chiltern Edge
CESA**

**Second-hand
Charity Prom
Dress and Suit
Sale**

Dresses from £5 to
£60

Suits from £20



Saturday, 16 March

Saturday, 20 April

Saturday, 11 May

Saturday, 8 June

10am to 1.00pm

Where:

Chiltern Edge School,
Sonning Common

Reades Lane, Reading,
RG4 9LN

DISCOVER SAILING



Reading Sailing Club Open Day

Saturday 11th May - 11am to 3pm

enquiries@readingsc.org.uk / www.readingsc.org.uk

RYA

rya.org.uk/discover sailing