



Highdown Bulletin

w/c 08 July 2024 Week



Follow us

HEAD OF SCHOOL ROUND UP



And we have a result! Congratulations to Holly and the Green Party for your win at our Highdown Mock Elections. Thank you to all candidates for your energy, enthusiasm and campaigning work. Thank you also to all students for engaging and taking part in voting yesterday. And a special thanks to Mrs Chamberlain for bringing the elections alive at Highdown!

In other news, we were delighted to welcome our new Highdowners, and their families, back to school on Monday for our Welcome Evening. Families spent time in mentor groups with their Year 7 mentors and were able to ask any of those last questions in preparation for September. Our hall was packed with excited young people following their first full day with us last week. We were also thrilled to welcome new colleagues joining our community in September. Thanks again to our wonderful Buddies who were on hand to direct families around the school and to those who put on a fantastic 'fashion show', demonstrating the full Highdown uniform and PE kit.

Thank you to our Year 7 parents and carers for your engagement with our Learning Review meetings yesterday. I hope you found these meetings helpful and that they provided useful feedback to help ensure Year 8 is another successful year. This academic year has gone by so quickly and I have been really impressed with how our students settled into the school and with the progress they've made.

Next week, we have some more important events and milestones! On Wednesday, we welcome students from Year 5 to spend the day with us to experience a day in the life of a Highdowner. We also have a special day planned for our Year 10 students, providing an opportunity to think about their post-16 choices, with our 'Sixth Form Unwrapped' event. The Autumn Term of their Year 11 will be busy preparing for their final GCSE exams, but also making plans for the future. Of course, there is another important event next week too – our annual Sport's Day (fingers crossed for good weather everyone!) with field events planned for Monday and track events on Tuesday. These final sporting events can make all the difference to determining our House Champions for the year – good luck everyone!

Our Year 8 trip to Rhos-Y-Gwaliau returns home on Saturday and we cannot wait to hear all about their adventures!

Wishing all families a lovely weekend.

M A Grantham
Head of School

MOCK ELECTION



NEW STAFF TRAINING WITH

DR LOVE READY FOR SEPTEMBER!





Highdown Bulletin

THIS WEEK (B)

Mon 08 July	Sports Day Field Events by Year Group
Tues 09 July	Sports Day—Whole School
Tues 09 July	Buddy Meeting in Barn at Lunchtime
Weds 10 July	School Closed to Students in Year 7, 8, 9, 11 and 13
Weds 10 July	Year 10 Sixth Form Unwrapped
Weds 10 July	Year 5 Highdown Experience Day
Thurs 11 July	Year 5 Parent Information Evening @ 6pm
Fri 12 July	Dance Company Show—tickets available via Class Charts

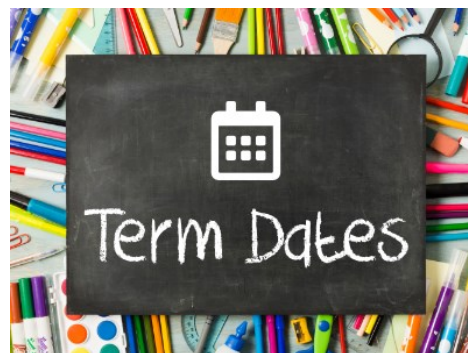
COMING UP

Tues 16 July	Highdown Literary Festival
Tues 16 July	Year 7/8 Tennis Fixture—Away
Thurs 18 July	Student Leadership Litter Pick with Keep Caversham Tidy
Thurs 18 July	Year 8 STEAM Fair
Thurs 18 July	House Litter Pick
Fri 19 July	Last Day of Term—12:25pm finish



HOUSE POINTS

Mapledurham	155,001
Grove	156,267
Rosehill	155,730
Caversham	158,349





Highdown Bulletin



Time/Period	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
KS3 Break	KS3 Book Crew Club Mrs Robinson Yr8/9 HIVE			Year 7 Book Club Mrs Robinson HIVE	
Lunch	Girls Fitness Suite Yr 9-11 Miss Clarke	KS4/5 Photography Lunch Miss	Badminton Year 7 & 8 - Mrs Sadler	KS3 Women in Stem DT8 Maddie	Boy's Badminton - Mr Potter
	Barbershop Group Mr Santer Mu3	Reptile Club - Dr Love, S7	Voice Club Ms Pickaver - CR5 - all years	Basketball (Gym) - Mr Gordon	KS4/5 Photography Miss Woronkowicz A4
		Cipher Challenge Maddie and Beni CR4	Funk & Soul Group Mr Santer Mu3	Reptile Club - Dr Love, S7	Fitness Club Year in Fitness Suite - KS4 Mr Patten
			KS4 Photography Lunch (ANW A4)	KS4 Photography Miss Woronkowicz A4	
			String Ensemble - all years Mrs Reid MU1	Junior Choir - KS3 Mrs Reid MU1	
After School - 4:14pm		Year 11 GCSE PEP Coursework & Revision CR7 - Mr Potter	All years Cricket Training - AG & TB	All Years Girl's Athletics Training - Miss Clarke and Mrs Sadler	Quiz Club (M5) Mr Hutchinson
		KS4/5 Photography Miss Woronkowicz A4	KS4/5 Photography Miss Woronkowicz A4	KS4/5 Photography Miss Woronkowicz A4	
		All Years Boys Athletics Training - Mr Patten & Mr Colvin	KS3 Art Club - (A3/A2)	The Medic Society (S5)	
		House Drama Mrs Lake - DR2	Excellence Club - (CR1) Lisa Pattison	All Years Tennis Training - Mr Thompson	
		Physics Revision - S5	Orchestra - all years 3.10-3.50pm Mrs Reid MU1	Knit and Natter - Ms Lobo - DT3	
		Excellence Club - (CR1) Lisa Pattison	Textiles club Miss Cutler DT4	Excellence Club - (CR1) Lisa Pattison	
			All Years Rounders Training - Miss Clarke and Mrs Sadler	History Club H15 KS3 Mr Lilley	
				Highdown Dance Company DR1 Mrs Hawkins (Jan-July)	



Year 7

7C Jane Adeyeba
 7D Sammy James
 7E Daniel Drury
 7F Tala Istatiah
 7G Elodie Gamm
 7H Kian Waite-O'Leary
 7J Agamveer Chandhok
 7K Zara Akhter
 7L Oliver Murray

Year 8

8C Oscar McQuillan
 8D Chris Callander
 8E Alana O'Reilly
 8F Hagne Chiu
 8G Jude van Rensburg
 8H Kseniia Miliaeva
 8J Sam Escott
 8K Sam Rawlings
 8L Dylan Crook

Year 9

9C Euan Miller
 9D Katie Tsui
 9E Ayan Asgarova
 9F Iris Uden
 9G Holly Parr
 9H Fletcher Bramley
 9J Rafael Andrade
 9K Lucy Sampson
 9L Matej Cvetkov
 Miss Robinson

Year 10

8C Anita Lau
 8D Luke Donnelly
 8E Elsir Ibrahim
 8F Oscar Squires
 8G Mia-Rose Somenthal
 8H Charlie Harvey
 8J Benjamin Amos
 8K Lucy Ray
 8L Afonso Basto De Lima



29th April,
 20th May,
 17th June
 8th July

Week 3

Summer Menu

Mon

Tue

TASTE OF AFRICA

Wed

ASIAN FLAVOURS

Thu

Fri

FISH & CHIP SHOP

<div style="text-align: center;"> <p>From £2.70</p> <p>MAINS</p> <p><i>fresh flavours</i></p> </div> <p style="font-size: 0.7em;">Katsu Breaded Chicken with Steamed Rice and Katsu Curry Sauce (G,So,E)</p> <p style="font-size: 0.7em;">Katsu Breaded Sweet Potato with Steamed Rice and Katsu Curry Sauce (G,So,E)</p>	<p style="font-size: 0.7em;">Moroccan Chicken Tagine (G) Harissa Meatballs in Tomato Sauce (Su,Ce) Sweet Potato Falafel with Turmeric Raita (G,So,Mu,Mk) Mujadara (G,Mk) Moroccan Carrot & Orange Salad (G,Su) Grilled Mint Flatbreads (G,So,Mk)</p>	<p style="font-size: 0.7em;">Crispy Asian Sweet Chilli Chicken (G,So,E) Szechuan Spiced Pork with Ginger Noodles (G,So,E) Tofu and Mushroom Mapo Stir Fry (G,So,Mu) Shredded Asian Slaw (Su,So,Se) Egg Noodles (G,E) Coriander Steamed Rice Spring Rolls (G,So,Mk,E,Ce)</p>	<p style="font-size: 0.7em;">Sticky BBQ Chicken (G,Su,So,Ce) with Potato Wedges and Cowboy Beans (Su,So,G,Ce) Gnocchi with Roasted Tomato Sauce and Mozzarella Cheese (G,So,Mu,Mk,E) Served with Pesto Green Beans (Mk)</p>	<p style="font-size: 0.7em;">Battered Fish Fillet (G,F) Cheese and Onion Pastie (G,So,Mk) "Chip Butty" (G,Se,Mk) Jumbo Sausage (G,Su) Fish Fingers (G,F,E) Oven Baked Chips Garden Peas Baked Bean Curry Sauce (Mk) Chunky Tartare Sauce (Su,E) Ketchup and Lemon</p>
---	---	---	--	---

From £2.20

GLOBAL EATS

MONDAY
Singapore Noodles with Chicken Teriyaki (G,Su,So,E)

TUESDAY
Mediterranean Chicken Wrap (G,Su,Mk,E)

WEDNESDAY
Fiery Jerk Chicken Burger with Pineapple Salsa (G,Su,Se)

THURSDAY
5 Spice Chicken Wrap (G,So,E)

FRIDAY
Fish and Chip Shop

From £2.25

PASTA BAR

SERVED EVERYDAY

Freshly Cooked Pasta:
 Slow Cooked Beef Bolognese (G)
 Tomato and Basil (G)
 or
 Mac 'n' Cheese (G,Mk)

Served with:
 Home baked Garlic Bread (G,So,Mk)
 Pesto (Mk)
 Cheese (Mk)

From £1.15

DESSERT

Selection of home bakes, flapjacks, cookies, sponges, jelly and fruit pots

deliciously good food.
 At the heart of everything we do is our love of good, fresh and healthy food, prepared by a team who cares!

every week!
Look out for our
★ Theme Bars ★

JACKET POTATOES
 WITH ALL THE BEST TOPPING!

SALAD BAR
 Fresh every day packed with tasty choices!

MEAL DEAL

Check out what's on offer today!
 Available for Free School Meals

ALLERGENS
we're always here!

Ce = Celery	Mo = Molluscs
Cr = Crustacean	Mu = Mustard
E = Eggs	N = Nuts
F = Fish	P = Peanuts
G = Cereals containing Gluten	Se = Sesame Seeds
L = Lupin	So = Soya
Mk = Milk	Su = Sulphur Dioxide

Speak to one of our chefs if you have any allergies.



NUMERACY ESCAPE ROOM

Skippy and Anna are imprisoned in a castle and need to find their way out of five locked rooms to escape. To unlock each room, they need to find the solution to a problem. In each case, the solution provides the key to that room.

Can you help them to get out?

Week 1 was:

Three dice are put in a row. The numbers on the top of these three add to 8.

What do the hidden numbers on the bottom add to?

This number is the first key.

Week 2 was:

Skippy and Anna have the first key number. They have gone through the first locked door.

There are ten cards numbered from 0 to 9. Five of these are face down in a row on the table.

The numbers on the first two cards add to the first key number.

The numbers on the second and third cards add to 9.

The numbers on the third and fourth cards add to 11.

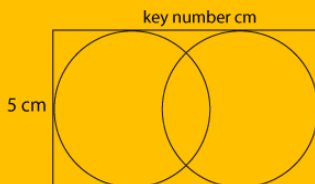
The numbers on the fourth and fifth cards add to 16.

What number is on the last card? This number is the second key.

Week 3 was:

Skippy and Anna have the second key number. They have gone through the second locked door. Here there is a diagram.

There are two overlapping circles inside a rectangle. The rectangle is the second key number of centimetres long and 5 centimetres high.



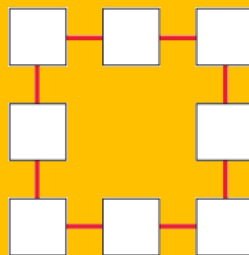
How far apart are the centres of the two circles?

Square this answer and subtract one. This will give you the third key number.

This week

Skippy and Anna have the third key number. They have gone through the third locked door.

On the floor there is a strange diagram and the numbers from 1 to 8 on eight cards. The diagram is a square with eight boxes arranged round it.



Skippy and Anna have to arrange the numbers in the boxes so that each side of the square adds to the third key number.

To find the fourth key number, add the numbers on all the corner boxes and then subtract 10.



Get Into a Series This Summer

<https://www.highdown.reading.sch.uk/library>

<https://highdown.eplatform.co/>

There are many book series in the Hive and on ePlatform for you to get into this summer. Here are some recommendations:

Robin Hood – Robert Muchamore

When his dad is framed for a robbery, Robin and his brother Little John are hounded out of Locksley and must learn to survive in the Sherwood forest, stretching three hundred kilometres and sheltering the free spirits and outlaws. But Robin is determined to do more than survive. Small, fast and deadly with a bow, he hatches a plan to join forces with Marion Maid, harness his inimitable tech skills and strike a blow against Gisborne and the Sheriff.



Shadow and Bone – Leigh Bardugo

TV series on Netflix

Soldier. Summoner. Saint. Follow Alina Starkov through Shadow and Bone, Siege and Storm, and Ruin and Rising as she discovers her dormant powers and is swept up in a world of luxury and illusion. As Alina struggles to fit into her new life, a threat to the kingdom of Ravka grows, one that will test old alliances and challenge the very limits of magic, one that will forge a leader from a frightened girl.

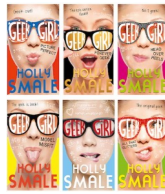


Geek Girl - Holly Smale -

Recently released as a TV series on Netflix

Available in the Hive and as an eBook or Audiobook

The series follows Harriet as she embarks on a reluctant modelling career veering from one disaster to another both on the catwalk and off. The fashion world turns out to be no easier than school and she has to deal with real life dramas too – from a new baby step-brother or sister, to trying to keep up with her old friends. Harriet learns to stand up to the mean girls and never lose touch with her roots as a geek.



Good Girls Guide to Murder – Holly Jackson

Recently released as a TV series on BBC

Available in the Hive and as an eBook or Audiobook

The case is closed. Five years ago, schoolgirl Andie Bell was murdered by Sal Singh. The police know he did it. Everyone in town knows he did it. But having grown up in the same small town that was consumed by the crime, Pippa Fitz-Amobi isn't so sure. When she chooses the case as the topic for her final project, she starts to uncover secrets that someone in town desperately wants to stay hidden. And if the real killer is still out there, how far will they go to keep Pip from the truth



Saga of Darren Shan – Darren Shan

The Saga of Darren Shan is a young adult 12-part book series written by Darren O'Shaughnessy about the struggle of Darren Shan, a boy who has become involved in the world of vampires.



Paper Hearts Society - Lucie Powrie

Tabby Brown is tired of trying to fit in. She doesn't want to go to parties - in fact, she would much rather snuggle up on the sofa with her favourite book. It's like she hasn't found her people ... Then Tabby joins a club that promises to celebrate books. What could go wrong? EVERYTHING - especially when making new friends brings out an AWKWARD BUZZING feeling all over her body.



Highdowner Book Recommendations

Highdowner: Miss Eveleigh

What books did you enjoy reading when you were a teenager?

I read a range of books as a teenager but dystopian books such as Maze Runner, Hunger Games, Divergent, Ready Player One and The Selection

What books/genre do you like reading now?

Dystopian is still my favourite genre but I also love a good thriller, or a YA coming of age novel

Who is your favourite author or what is your all-time favourite book?

My favourite all-time books are The Midnight Library, Hamnet, The Goldfinch and The Hunger Games





HIGHDOWN DANCE COMPANY presents

Kaleidoscope

FRIDAY 12TH JULY 2024
7PM START - MAIN SCHOOL HALL
TICKETS VIA TICKETSOURCE
£5 GENERAL TICKET

YOUNG CARERS AT HIGHDOWN

WHO ARE YOUNG CARERS?

- Are you under the age of 18?
- Do you help look after someone?
- They could be ill, elderly, have a learning or physical disability, substance or alcohol misuse or a mental health condition.

WHAT MIGHT A YOUNG CARER DO?

- You may help with:
- Cleaning, cooking, shopping
 - Managing medicines or money
 - Providing personal care
 - Supporting someone emotionally or physically
 - Helping someone communicate

If you help look after someone, you may be a young carer. We are here to help. Please speak with your Head Of Achievement or contact:



JENNA HOLDER
YOUNG CARERS
CHAMPION



MR CLAWSON
ASSISTANT
HEADTEACHER

SUPPORT FOR YOUNG CARERS

- One-to-One Mentoring
- Star Centre Drop In at break and lunch times
- Referrals to No.5 Counselling
- Referrals to School Nurse Service
- Referrals to Excellence Club (homework support)
- Young Carers Forum

CONTACT US

From your school email address ONLY, please email:
star@highdown.reading.sch.uk

VISIT US

Visit the Star Centre during break or lunch time for more information about being a young carer.

We have a number of posts available at Highdown, please click on the job roles below for more info or visit our website [HERE](#) to view all vacancies, including teaching roles.

Free School Meals 
Are you entitled?

Are you aware of teenage brain development and how it impacts on behaviour?



Understanding the Teenage Brain

"Every parent and teacher should hear this..."
Mr Mead, Headteacher at Lytchett Minster School, Dorset



Two-hour online talk **Monday 15th July 7-9pm**
Book Now £24
facefamilyadvice.co.uk



Addictive Behaviour
Thursday 11th July (7pm to 9pm)



An online session looking at the process of addiction and how we can fight back

Available to book now £24

facefamilyadvice.co.uk
on the PARENT page

BEN KINSELLA TRUST

The Ben Kinsella Trust's aim is to tackle Knife Crime through education and awareness. They offer parent workshops as part of their training offer. Please visit their website for more information and for workshop details [The Ben Kinsella Trust](#) | [#StopKnifeCrime](#)