



Highdown Bulletin

w/c 30 September 2024 Week A



Follow us

A MESSAGE FROM MR GRANTHAM



I promised myself not to mention the weather in my updates, but after this week, how can I not!? We've certainly had some heavy rainstorms to dodge. However, our students and staff have heroically navigated the intense downpours and resulting puddles (lakes in some cases!).

Despite the very poor weather yesterday afternoon, I was absolutely thrilled that our the main hall was full, with standing room only, at our Open Evening. It was great to welcome so many families to our school, to find out more about what Highdown offers, both academically and for personal development. The energy and passion for providing the best possible education for our young people in the school was tangible and the atmosphere on the tours abuzz. Our student prefects and those helping different subject areas were, as always, fantastic ambassadors for Highdown, and I really appreciate them giving up their evening to support the school (also to their parents for navigating the car park and local roads collecting them at the end of the evening). We have so much to be proud of in our community.

This week we don't just have one Student of the Week, but three! Megan Uden, Noah Baker, and Benedek Nagy spoke beautifully to over 500 people at our Open Evening as part of the main presentation in the hall. Year 7s, Megan and Noah have only been with us for 4 weeks, they spoke so eloquently about their transition from primary school to Highdown and how they have quickly settled in and made new friends. Benedek, approaching the end of his 7-year Highdown career, spoke of the 'fellowship' in the school and the opportunities and support he had had along the way to help him achieve his goals. I am in awe of all three at their ease and clarity in talking to such a large audience. Well done to all, and thank you. Amazing ambassadors for Highdown!

Following on from last week's celebration of being awarded the PTI Subject Mark in Design and Technology and in Science, this week I would like to congratulate Dr Capaldi for gaining the PTI Leadership Mark for the school. A fantastic recognition by the Princes Teaching Institute of our commitment to ongoing professional development and school improvement. Next week, we look forward to welcoming prospective Year 7 families to the school on our Open Morning Tours, which are now all fully booked, and a reminder that next Wednesday (2nd October) we will close at lunchtime as part of a GLF Trust-wide collaboration event.

Have a great weekend.

Matthew Grantham
Headteacher (Acting)





Highdown Bulletin

THIS WEEK

Mon 30 Sept	Year 7 to bring in laptops for IT lessons ONLY this week
Mon 30 Sept	Year 6 Open Mornings Running Every Day this Week - Fully Booked
Tues 01 Oct	Celebration of Achievement @ 6pm by Invitation
Tues 01 Oct	Y12/13 Senior Maths Challenge
Weds 02 Oct	Early Close for Students - 12:25pm
Thurs 30 Oct	Year 13 Music Tech Practical

COMING UP

Thurs 10 Oct	Rock Concert Rehearsals
Thurs 10 Oct	A-Level Geography Conference
Fri 18 Oct	PTA Quiz—book HERE
Fri 08 Nov	PTA Fireworks Night—book HERE

Spare Uniform

If you have school shoes, trainers or uniform that has been outgrown, please consider donating to school to be used as spares. We are in particular need of trainers.



HOUSE POINTS

Mapledurham	17,992
Grove	19,366
Rosehill	18,663
Caversham	18,853





Year 7

8C Krishan Kapur/Noah Baker
8D Faisal Hussain
8E Evan Weatherall
8F Tess Barker
8G Sophie Applebey
8H Reuben Shah
8J Poppy Welch
8K Harriet Wilding
8L Jason Brown

Year 8

8C Harry Turnball
8D Emily Zachariadis
8E Seerat Toqeer
8F Isaac Denney
8G Elodie Gamm
8H Josie Fox
8J Jana Elseady
8K Rie Bracewell
8L Freya Cooke

Year 9

9C Alfie Bird
9D Sreeya Kurup
9E Margot Smith
9F Oscar Williams
9G George Gealy
9H Stephanie Cooper
9J Beau Perry
9K James Taylor
9L Noah Flint

Year 10

10C Euan Boarder
10D Brooke Elton
10E Imogen Acteson
10F Betty Nowicki
10G Katla Baldursdottir
10H Sammy Smyth
10J Ila Namaseevayum
10K Aaditya Dasari
10L Jakub Fiddes

Year 11

11C Jemmia West
11D Freya Clements
11E Belle Lundberg
11F Alan Sesay
11G Emily Kingsmill
11H Theo Baker
11J Ruby Riddington
11K Jensen Ellmer
11L Milo Nanayakkara





HIGHDOWN PTA PRESENTS

QUIZ TIME

Are you ready?

18 October 2024

Doors open at 7pm for a 7:30 start in the Hall

The Quiz masters are our in-house celebrity quizzers, Mr Hutchinson and Mr Fasham! They have appeared on Television in University Challenge, Only Connect and Jeopardy! We had wonderful feedback from their last Quiz, it was truly amazing, and we are so lucky that they have agreed to do it again!

£16 Tickets buy you entrance and a delicious Momo House Curry

Wanna eat at home? Entrance only tickets are £8

Cash and Card bar with pre orders available when you buy your ticket

8 people teams, or if you just want to come along yourself, we'll allocate you a team!

BOOK NOW!

www.pta-events.co.uk/highdown

Bookings close midnight on 11 October 2024



Sign up to help out at the School Quiz!!! By clicking above.





THE HIVE – LIBRARY

Opening times:

8.30am - 9.05am

Breaktimes

Lunchtimes

After school until 4.00pm (except Tues)

The **library catalogue** is also available for students to view on the school website. Click on this link to look at the books we have in the library or come in to the Hive for a browse:

<https://www.highdown.reading.sch.uk/library>

Books can also be reserved online and then collected from the library

The school subscribes to an **Audiobook and eBook service - ePlatform** - students can download the app to any device or search on the school website and sign in with their Highdown log in

<https://www.highdown.reading.sch.uk/library>

Highdowner Book Recommendations

Highdowner: Miss Morten (Data Manager)

What books did you enjoy reading when you were a teenager?

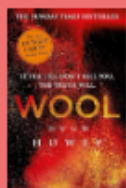
JRR Tolkien Lord of the Rings, CS Lewis Narnia. All sci-fi or fantasy genre.

What books/genre do you like reading now?

I still enjoy reading sci-fi, fantasy or dystopian future - The Martian by Andy Weir, the Passage by Justin Cronin, Wool by Hugh Howey

Who is your favourite author or what is your all-time favourite book?

Day of the Triffids John Wyndham





Highdown Bulletin

MAINS From £2.75

Week Two: 9th Sept, 30th Sept, 21st Oct, 18th Nov, 9th Dec

MON	TUE	WED	THU	FRI
Mexican Chili Beef Con Carne with Steamed Rice and Sour Cream (Mk)	BURGER BAR Quarter Pounder Beef Burger in a Sesame Bun (G,So) or Spicy Chicken Burger in a Sesame Bun (G,Se,Mu)	ASIAN FLAVOURS Crispy Asian Sweet Chili Chicken (G,So,E) or Szechuan Spiced Pork with Ginger Noodles (G,So,E)	Slow Cooked Beef Lasagne Topped with Mozzarella (G,Mk,E) Chef Salad Coleslaw (E) Extra Focaccia Fingers (G)	FISH & CHIP SHOP Battered Fish Fillet (GF) Cheese and Onion Paste (G,So,Mk) "Chip Butty" (G,Se,Mk) Jumbo Sausage (G,So) Fish Fingers (G,F,E) Oven Baked Chips Garden Peas Baked Bean Chunky Tartare Sauce (Su,E) Ketchup and Lemon
Nachos Sweetcorn and Peppers	Falafel Burger in a Sesame Bun (G,Se) Add Mayonnaise (E) Shredded koberg Ketchup Sweetcorn BBQ Beans (Su,So,G,Ce) Baked Potato Wedges	Tofu and Mushroom Mapo Stir Fry (G,So,Mu) Shredded Asian Slaw (Su,So,Se) Egg Noodles (G) Coriander Steamed Rice Spring Rolls (G,So,Mk,E,Ce)	Mediterranean Vegetable Lasagne Topped with Mozzarella (G,Mk,E) Chef Salad Coleslaw (E) Extra Focaccia Fingers (G)	

MEAL DEAL
Check out what's on offer today, available for free school meals!

GLOBAL EATS From £2.35

MON	TUE	WED	THU	FRI
Love Joes Tandoori Chicken with Mango Chutney (G,Mk,E) and Green Coriander Chutney (Mk)	Cauliflower Keralan Curry with Steamed Rice (G)	Pulled Pork in a Bun with Chipotle Slaw (G,So,Se,Mu,Ju,E)	Fiery Jerk Chicken Burger with Pineapple Salsa (G,Su,Se)	Fish and Chip Shop

DESSERTS

Selection of home bakes, flapjacks, cookies, sponges, jelly and fruit pots
From £1.15

Daily Pasta Bar
Slow Cooked Beef Bolognese (G) Tomato and Basil (G) Mac 'n' Cheese (G,Mk)
Served with Home baked Garlic Bread (G,So,Mk) Cheese (Mk)
From £2.35, extras from £0.55

ALLERGENS

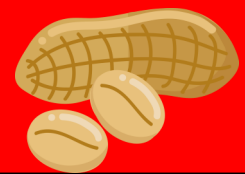
we're allergy aware!

Ce = Celery
Cr = Crustacean
E = Eggs
F = Fish
G = Cereals containing Gluten
L = Lupin
Mk = Milk
Ma = Mustard
N = Nuts
P = Peanuts
Se = Sesame Seeds containing Gluten
Su = Soya
Sul = Sulphur Dioxide

Speak to one of our chefs if you have any allergies.



Please be aware that we have students in school with severe peanut allergies so being mindful of this when making packed lunches would be very helpful. A reminder that peanuts can be found in chocolate spreads, cereal bars, satay and curry sauces.



SEP/OCT TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each
Book online at facefamilyadvice.co.uk

FREE SESSIONS	
Supporting Kids with School Anxiety	26 SEP
Introduction to Facing Defiance	24 OCT
Understanding Anger	23 SEP
Supporting a Child with ADHD	24 SEP
Understanding the Teenage Brain	7 OCT
Raising Self-Esteem	8 OCT
Decreasing Depression	15 OCT
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Drug Awareness for Parents	22 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Understanding Addictive Behaviour	31 OCT
Improving Family Communication	4 NOV
Raising Self-Esteem	5 NOV

facefamilyadvice.co.uk info@facefamilyadvice.co.uk

Exploring a career in Prosthetics and Orthotics

Are you aged 14+ and considering a career in healthcare?
Are you interested in design, engineering, science and technology?
Would you like to find out more about Prosthetics and Orthotics?

Join us to learn more about the different roles and ways to get into the Prosthetic and Orthotic profession (including apprenticeships)

Norfolk & Weymouth AHP Faculty

Online via Microsoft Teams
Tuesday October 15th 2024
5pm - 6pm

Scan the QR to register your interest