



SPORTING SPOTLIGHT



Meet the Team



Miss Clark
Head of PE



Mr Colvin



Mrs Sadler



Mr Patten



Miss Boswell



Mr Gordon



Miss Warne



Mr Thompson

Highdown Physical Education Department Newsletter

Welcome

Welcome to this weeks Sporting Spotlight.

The U16 Girls Football team finished 3rd in the League last week and now through to the finals on Tuesday 8th October. We wish them the best of luck.

The Year 7 Boys Rugby Team took part in their First Tournament and finished a very impressive 3rd out of 8 Schools. Well done to al the Team, Archie ANTHONY (7K) Marcel CARR (7J) Eli CLARK (7F) Teddy CUTHBERTSON (7F) Ollie GRIFFIN (7L Benjamin LOAR (7D) Leighton James (7L) Mason LOWRY (7L) Seb MCQUILLAN (7F) James NATH (7L) Reuben SHAH (7H) Rafa THAXTER-NOBLE (7E) Oscar WARE (7) Evan WEATHERALL (7E)

As always, our Extra Curricular Clubs still continue to run and it is never too late to join in and get involved.

FIXTURE RESULTS

Last Weeks Results

- Yr 7 Boys Rugby Vs. Forest (lost 6 –1) & Little Heath (won 5-1)
- Yr 9 Boys Rugby Vs. Willink (won 29—0)
- Yr 10 Boys Rugby Vs. Theale Green (won 49—7)
- U16 Girls Football Vs. Abbey (won 3—0) & ME Wokingham (won 2-0)
- Yr 8 Boys Rugby Vs. Piggott (training game due to numbers)
- Yr 11 Boys Rugby Vs. Reading Sch (won 10—0) & St Crispins (lost 12—0)
- Yr 7 Boys Rugby Abbey RFC School Tournament (Finished 3rd Overall)



Extra Curricular PE Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School				7.45am – Running Club with Mr Colvin	
Lunch Time	Yr 9 Fitness Club with Mr Patten (Fitness Suite) Yr 7, 8 & 9 Boys Basketball Club with Mr Thompson (Gym)	Yr 9, 10 & 11 Girls Badminton Club with Mrs Sadler (Gym) Netball Shooting Club with Miss Clark (Netball Courts)	Yr 10 & 11 Fitness Club with Mr Colvin (Fitness Suite) Yr 10 & 11 Basketball Club with Miss Warne (Gym)	Yr 9, 10 & 11 Girls Fitness Club with Miss Clark (Fitness Suite) Yr 7, 8 & 9 Girls Basketball Club with Miss Boswell (Gym)	Badminton Club with Mr Colvin (Gym)
After School		Yr 7, 8 & 9 Hockey Club with Miss Clark Yr 11 Boys Rugby Club with Mr Gordon All Years Cross Country Training with Miss Boswell	All Years Girls Football Club with Mrs Sadler and Miss Warne Yr 7 Boys Rugby with Mr Colvin Yr 8 Boys Rugby with Mr Thompson GCSE PE Badminton Club with Miss Clark	Yr 10 & 11 Hockey Club with Miss Clark Yr 7, 8 & 9 Girls Rugby with Miss Boswell Yr 9 Boys Rugby with Mr Patten Yr 10 Boys Rugby Club with Mr Colvin	



SPORTING SPOTLIGHT



Upcoming Fixtures

This Weeks Fixtures

Monday 7th October	U14 County Hockey Tournament	Away @ Bradfield
Monday 7th October	Yr 10 Boys Rugby Vs The Downs (Cup Game)	Home @ Highdown
Tuesday 8th October	Yr 7 Boys Rugby Vs. St Crispins & Wren	Away @ St Crispins
Tuesday 8th October	Yr 9 Boys Rugby Vs. Emmbrook & Reading Boys	Home @ Highdown
Tuesday 8th October	U16 Girls Football Finals	Away @ Denefield
Wednesday 9th October	Yr 10 Boys Rugby Vs. Reading Boys & ME Reading	Away @ Reading Boys
Wednesday 9th October	U14 Girls Football Vs. ME Reading & Abbey	Home @ Highdown
Thursday 10th October	Yr 8 Boys Rugby Vs. Willink & Waingels	Away @ Willink
Thursday 3rd October	Yr 11 Boys Rugby Vs. Holme Grange & Piggot	Home @ Highdown
Thursday 3rd October	Girls & Boys Cross Country—Round 1	Away @ Piggot

Next Weeks Fixtures

Monday 14th October	Yr 9 Boys Rugby Vs Little Heath (Cup Game)	Home @ Highdown
Monday 14th October	Yr 8 Boys Rugby Vs Bohunt & Embrook	Away @ Bohunt
Tuesday 15th October	Yr 7 Boys Rugby Vs. Piggott & Theale Green	Home @ Highdown
Tuesday 15th October	Yr 9 Boys Rugby Vs. Waingels & Forest	Away @ Waingels
Wednesday 16th October	Yr 10 Boys Rugby Vs. Forest	Home @ Highdown
Wednesday 16th October	U14 Girls Football Vs. Bohunt & Reading Girls	Home @ Highdown
Thursday 17th October	Yr 11 Boys Rugby Vs ME Wokingham & Forest	Home @ Highdown

GOOD LUCK

SPORTING SUCCESS OUTSIDE OF SCHOOL

Noah Kendall 7L

Noah Kendall Year 7 took part in The Caversham Jnr Golf Championship last weekend. He enjoyed a great round finishing up on 36 points which earned him second place in his age category.



Valentina Artuso Sartoreli 7G

Valentina has been doing athletics since the beginning of Y4. She loves the sport and trains 3x per week at Palmer Park.

Last year, with her teammates, she beat the U11 relay club record and, moving up to U13 this year, she had her first track and field season competing officially for Reading Athletic Club.

At the recent Club Award Ceremony, she has been recognised for all the effort she puts into athletics and came back home with a handful of trophies as 'Sprint award', 'Improver of the year' and 'Dedication award'.



Please do continue to share your sporting achievements outside of school with the PE department so we can celebrate your success. Send your write ups, and photos if you wish, to Miss Clark (viclark@highdown.reading.sch.uk)