



SPORTING SPOTLIGHT



Meet the Team



Miss Clark
Head of PE



Mr Colvin



Mrs Sadler



Mr Patten



Miss Boswell



Mr Gordon



Miss Warne



Mr Thompson

Highdown Physical Education Department Newsletter

Welcome

Welcome to the first addition of the PE departments weekly newsletter Sporting Spotlight. This weekly newsletter is to celebrate the sporting success of Highdown students both in and outside of school. Each week we will share the results of all sporting fixtures from the pervious week, keep you up to date of what students are doing in their PE lessons and celebrate sporting success outside of School.

This week all our extra curriculum clubs will be starting. These are all highlighted below. We also have the U16 Girls Football team taking part in the first fixture for the academic year and we wish the team the best of luck.

We love hearing about your sporting success outside of school. Please do email me your successes so we can include them in our weekly newsletter.

Miss Clark (viclark@highdown.reading.sch.uk)

Extra Curriculum PE Clubs

All PE clubs start this week. You do not need to sign up in advance, just come down to the PE changing rooms at the time of the club you wish to join, get changed and get involved. We look forward to seeing lots of you coming along.

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School				8am – Running Club with Mr Colvin	
Lunch Time	Yr 9 Fitness Club with Mr Patten (Fitness Suite) Yr 7, 8 & 9 Boys Basketball Club with Mr Thompson (Gym)	Yr 9, 10 & 11 Girls Badminton Club with Mrs Sadler (Gym) Netball Shooting Club with Miss Clark (Netball Courts)	Yr 10 & 11 Fitness Club with Mr Colvin (Fitness Suite) Yr 10 & 11 Basketball Club with Miss Warne (Gym)	Yr 9, 10 & 11 Girls Fitness Club with Miss Clark (Fitness Suite) Yr 7, 8 & 9 Girls Basketball Club with Miss Boswell (Gym)	Yr 10 & 11 Badminton Club with Mr Colvin (Gym)
After School		Yr 7, 8 & 9 Hockey Club with Miss Clark Yr 11 Boys Rugby Club with Mr Gordon All Years Cross Country Training with Miss Boswell	All Years Girls Football Club with Mrs Sadler and Miss Warne Yr 7 Boys Rugby with Mr Colvin Yr 8 Boys Rugby with Mr Thompson GCSE PE Badminton Club with Miss Clark	Yr 10 & 11 Hockey Club with Miss Clark Yr 7, 8 & 9 Girls Rugby with Miss Boswell Yr 9 Boys Rugby with Mr Patten Yr 10 Boys Rugby Club with Mr Colvin	

FIXTURES & RESULTS

This Weeks Fixtures

Wednesday 11th Sep U16 Girls Football Vs. Prospect & Oakbank Away @ Prospect

Next Weeks Fixtures

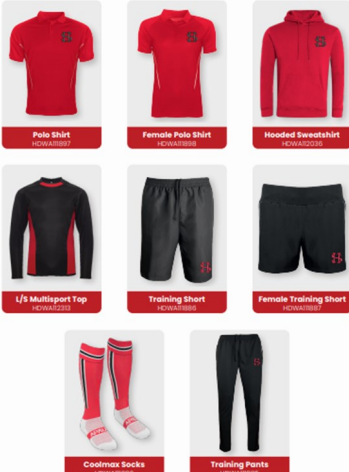
Wednesday 18th Sep U16 Girls Football Vs. Little Heath & Reading Girls Away @ Little Heath



SPORTING SPOTLIGHT



Highdown PE Kit



Last week in students first PE lessons we took the time to hand out sharpies to make sure that all PE kit was named to help us be able to return any lost kit. We also went through with all students what they should be wearing in their PE lessons.

- Red Highdown Polo Shirt
- Black Highdown Shorts
- Black Tracksuit Bottoms (either Highdown ones or plain ones but no leggings)
- Red Socks (for Football, Rugby and Hockey lessons)
- White Socks
- Red Highdown Hoodie or Highdown Multi Sports Top
- Trainers (different to you school shoes)
- Black, White or Red base layer to wear under Highdown Polo Shirt

SPORTING SUCCESS OUTSIDE OF SCHOOL

Ollie William 13C

Ollie Williams was in the paper over the Summer after his bowling success, finishing career best figures of 6 wickets for only 11 runs in 4 overs for the U17 Theale And Tilhurst Team against U17 Peppers Stoke Row. A fantantasic achievement.

Williams's six-wicket haul proves decisive

OLLIE Williams inspired an astonishing THEALE AND TILHURST U17s collapse as PEPPARD STOKES ROW U17s on their way to a sparkling seven-wicket win in the West Division of the Berkshire Twenty20 Blast.

Theale and Tilhurst flew out of the blocks in reaching 44-0 from just four overs at the Lee Clark Oval but off-spinner Williams took 3-1 in his opening over to stem the charge.

From the fourth team to the first in nine months, Highdown School pupil as he recorded career-best figures of 6-11 from four overs, a two-week holiday now interrupting an incredible campaign which has seen the 17-year-old take 36 wickets in recent times only Chris Hampshire and Connor Lamsdale have produced these kind of numbers, both going onto play Home Counties and Minor Counties cricket.

The in-form Adi Hector cracked a run-a-ball 30 to set-up the chase, Rudi Derbyshire, Jacob King and Ethan Day then finishing the job with double-figure contributions as they passed their target with 30 balls in hand.

Nick Park (ex Highdown student)

If you were glued to the TV screens over the summer watching the Olympics you would have seen ex Highdown student Nick Park representing England in the Hockey. The team were sadly knocked out in the Quarter Finals after losing to India in a shootout.



Please do share your sporting achievements outside of school with the PE department so we can celebrate your success. Send your write ups, and photos if you wish, to Miss Clark (vielark@highdown.reading.sch.uk)