



SPORTING SPOTLIGHT



Meet the Team



Miss Clark
Head of PE



Mr Colvin



Mrs Sadler



Mr Patten



Miss Boswell



Mr Gordon



Miss Warne



Mr Thompson

Highdown Physical Education Department Newsletter

Welcome

Welcome to this weeks Sporting Spotlight.

Numbers to Extra Curricular Clubs continue to rise and it is great seeing so many students attending. It is still not too late to get involved in any of the PE clubs. Just come along to the changing rooms at the time of the club you would like to join and get involved. The more the merrier.

The U16 Girls Football Team had another great set of results last week. More teams have fixtures this week with the U16 Boys Football team having their first fixture in the ESFA competition and the first Hockey fixture of the session.

One final call for anyone that wants to support the PE department during the schools Open Evening on Thursday 26th September. We will be showing our sporting talent in the Fitness Suite and the pool as well as showing Trampolining and Table Tennis in the Gym. If you are interested in taking part in any of these activities then please do talk to your PE teachers about getting involved.

Extra Curricular PE Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School				7.45am – Running Club with Mr Colvin	
Lunch Time	Yr 9 Fitness Club with Mr Patten (Fitness Suite) Yr 7, 8 & 9 Boys Basketball Club with Mr Thompson (Gym)	Yr 9, 10 & 11 Girls Badminton Club with Mrs Sadler (Gym) Netball Shooting Club with Miss Clark (Netball Courts)	Yr 10 & 11 Fitness Club with Mr Colvin (Fitness Suite) Yr 10 & 11 Basketball Club with Miss Warne (Gym)	Yr 9, 10 & 11 Girls Fitness Club with Miss Clark (Fitness Suite) Yr 7, 8 & 9 Girls Basketball Club with Miss Boswell (Gym)	Badminton Club with Mr Colvin (Gym)
After School		Yr 7, 8 & 9 Hockey Club with Miss Clark Yr 11 Boys Rugby Club with Mr Gordon All Years Cross Country Training with Miss Boswell	All Years Girls Football Club with Mrs Sadler and Miss Warne Yr 7 Boys Rugby with Mr Colvin Yr 8 Boys Rugby with Mr Thompson GCSE PE Badminton Club with Miss Clark	Yr 10 & 11 Hockey Club with Miss Clark Yr 7, 8 & 9 Girls Rugby with Miss Boswell Yr 9 Boys Rugby with Mr Patten Yr 10 Boys Rugby Club with Mr Colvin	

FIXTURE RESULTS

Last Weeks Results

U16 Girls Football Vs. Reading Girls won 2—1 and Vs. Little Heath lost 1—0





SPORTING SPOTLIGHT



Upcoming Fixtures

This Weeks Fixtures

Tuesday 24th September	U16 Boys Football	Vs. St Crispin's (ESFA)	Away @ St Crispin's
Wednesday 25th September	U16 Girls Football	Vs. BHF & Denefield	Home @ Highdown
Thursday 26th September	U16 Girls Hockey	Vs. St Joes	Away @ Reading Uni

Next Weeks Fixtures

Tuesday 1st October	Yr 7 Boys Rugby	Vs. Forest & Little Heath	Home @ Highdown
Tuesday 1st October	Yr 9 Boys Rugby	Vs. Willink & St Crispins	Away @ Willink
Wednesday 2nd October	Yr 10 Boys Rugby	Vs. Theale Green & Waingels	Home @ Highdown
Wednesday 2nd October	U16 Girls Football	Vs. Abbey & ME Wokingham	Away @ Abbey
Thursday 3rd October	Yr 8 Boys Rugby	Vs. St Crispins & Piggott	Away @ St Crispins
Thursday 3rd October	Yr 11 Boys Rugby	Vs. Willink & St Crispins	Away @ St Crispins
Friday 4th October	Yr 7 & 8 Boys Rugby	Abbey RFC School Tournament	@ Abbey Rugby

SPORTING SUCCESS OUTSIDE OF SCHOOL

Harry Turnbull 8C

Harry has had a great Cricket session for his club Kidmore End. At their recent end of session presentation he was awarded players player of the season. A great achievement to be voted by your team mates. Well Done

Please do continue to share your sporting achievements outside of school with the PE department so we can celebrate your success. Send your write ups, and photos if you wish, to Miss Clark (viclark@highdown.reading.sch.uk)

PERFORMANCE SPORTS GROUP Creating Unbeatable Sporting Moments

SHIPLAKE COLLEGE BIG SMASH TOURNAMENT

TUES 29TH OCTOBER

Shiplake College, RG9 4BW

09:30 - 16:00
drop off from 08:30

Girls & Boys
Ages 9-13

EARLYBIRD BOOKING OFFER*
*valid until 6th October
£20

CHILD CARE VOUCHERS ACCEPTED

SCAN FOR MORE INFO

Ofsted Registered

www.performancesportsgroup.co.uk | jeremy@performance-sports.org.uk | 07866 628878

PERFORMANCE SPORTS GROUP Creating Unbeatable Sporting Moments

SHIPLAKE COLLEGE CRICKET MASTERCLASS DAY

WED 30TH OCTOBER

Shiplake College, RG9 4BW

Pace Bowling (9am-10.30am)
Batting Against Pace (10.45am-12.15pm)
Batting Against Spin (12.45pm-2.15pm)
Spin Bowling & Wicket Keeping (2.30pm-4pm)

Girls & Boys
Ages 9-14

EARLYBIRD BOOKING OFFER*
*valid until 6th October
£20/CLASS
£70/FULL DAY

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