



SPORTING

SPOTLIGHT

Highdown Physical Education Department Newsletter
Monday 13th January 2025

Meet the Team



Miss Clark
Head of PE



Mr Colvin



Mrs Sadler



Mr Patten



Miss Boswell



Mr Gordon



Miss Warne



Mr Thompson

Welcome

Welcome to 2025 and this weeks Sporting Spotlight .
Extra curricular clubs for Terms 3 & 4 have already started and are all listed in this weeks Newsletter. Extra curricular clubs are open to everyone. There is no need to sign up in advance, just come down to the PE changing rooms when the club you want to join takes place, get changed, get registered and join in. The more the merrier.
Within KS3 lessons, both boys and girls are on Football and in Indoor lessons we are rotating around swimming. Those who have swimming this term have already been informed by their teacher. Those not swimming this term will be swimming after half term.
Last week saw the cold weather have a big impact on our outdoor lessons with very few classes able to get outside due to frozen pitches and astro. The weather forecast is looking much better for this week so hoping lessons will be able to get back to normal.

FIXTURE RESULTS

Last Weeks Results

Yr 10 Netball	Lost to Denefield	2—19
Yr 11 Netball	Lost to BHF	8—16



Upcoming Fixtures

This Weeks Fixtures

Tuesday 14th Jan	Yr 10 Netball vs Kendrick	Away @ Kendrick
Tuesday 14th Jan	Yr 10 Boys 5 aside Football Tournament	Away @ Bohunt
Thursday 16th Jan	Yr 11 Netball vs Denefield	Away @ Denefield
Thursday 16th Jan	U15 Girls County Football vs Edgebarrow	Home @ Highdown
Friday 17th Jan	Yr 7 Boys County Football vs RBCS	Home @ Highdown

Next Weeks Fixtures

Tuesday 21st Jan	Yr 10 Netball vs BHF	Home @ Highdown
Tuesday 21st Jan	Yr 9 Boys 5 aside Football Tournament	Away @ JMA
Tuesday 21st Jan	U13 Boys County Football vs Brackenhale	Home @ Highdown
Wednesday 22nd Jan	U15 Bous County Football vs Desborough	Home @ Highdown
Thursday 23rd Jan	Yr 10 Girls 5 aside Football Tournament	Away @ Denefield



SPORTING SPOTLIGHT



Extra Curricular PE Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School				8am – Running Club with Mr Colvin	
Lunch Time	Yr 9 Fitness Club with Mr Patten (Fitness Suite) Yr 7, 8 & 9 Boys Basketball Club with Mr Thompson (Gym)	Yr 8, 9, 10 & 11 Girls Badminton Club with Mrs Sadler (Gym) Netball Shooting Club with Miss Clark (Netball Courts)	6th Form Fitness Club with Mr Patten (Fitness Suite) Yr 10, 11 & 6th Form Basketball Club with Miss Warne (Gym)	Yr 9, 10 & 11 Girls Fitness Club with Miss Clark (Fitness Suite) Yr 7, 8 & 9 Girls Benchball Club with Miss Boswell (Gym)	Yr 10, 11 & 6th Form Badminton Club with Mr Colvin (Gym)
After School		Yr 11 Girls Netball with Miss Clark Yr 9 Girls Netball with Miss Boswell Yr 10 Boys Football with Mr Colvin Yr 8 Boys Football with Mr Thompson	Yr 8 Girls Netball with Miss Clark	Yr 10 Girls Netball with Mrs Sadler Yr 7 Girls Netball with Miss Warne Yr 9 Boys Football with Mr Patten Yr 7 Boys Football with Mr Gordon	
League Fixture Nights		Yr 10 Girls Netball (<i>before Half Term</i>) Yr 7 Girls Netball (<i>after Half Term</i>) Yr 7 Boys Football (<i>after Half Term</i>) Yr 9 Boys Football (<i>after Half Term</i>)	Yr 8 Girls Netball (<i>after Half Term</i>) Yr 10 Boys Football (<i>after Half Term</i>)	Yr 11 Girls Netball (<i>before Half Term</i>) Yr 9 Girls Netball (<i>after Half Term</i>) Yr 8 Boys Football (<i>after Half Term</i>) Yr 11 Boys Football (<i>after Half Term</i>)	

SPORTING SUCCESS OUTSIDE OF SCHOOL

Joshua Allen 10E

Before Christmas Josh qualified for the indoor Nationals for his 60m hurdles. He needed 9.10 to qualify and achieved at 8.76. The Nationals are 8/9 February in Sheffield. He wish him the best of luck.

Rea Bracewell 8K

Rea has recently been selected for the Youth National Artistic Swimming Development Programme 24/25. This is the first step on the Swim England talent pathway which sets out to train promising artistic swimmers to achieve high performance. Good luck at all your upcoming training camps.