



# SPORTING SPOTLIGHT



Highdown Physical Education Department Newsletter  
Monday 20th January 2025

## Meet the Team



Miss Clark  
Head of PE



Mr Colvin



Mrs Sadler



Mr Patten



Miss Boswell



Mr Gordon



Miss Warne



Mr Thompson

## Welcome

Welcome to this weeks Sporting Spotlight .

It was great to see even more students attended the PE Extra Curricular Clubs last week. Extra curricular clubs are open to everyone so just come down to the PE changing rooms when the club you want to join takes place, get changed, get registered and join in. The more the merrier. It has been great to hear of all the students that have been in contact with the Sports Performance Group regarding volunteering to help with after school sporting clubs at The Heights. All the information about this sporting volunteering opportunity for year 9 and above students can be found on my classcharts announcement last week.

Last week saw a busy year 9 Learning Review evening and it was great to hear of so many students thinking of studying either GCSE PE or TECH Sport. If you still have any questions about the difference between each course please do not hesitate to get in touch.

## FIXTURE RESULTS

### Last Weeks Results

Tuesday 14th Jan	Yr 10 Netball vs Kendrick	Lost 2—12
Tuesday 14th Jan	Yr 10 Boys 5 aside Football Tournament	Finished 8th
Thursday 16th Jan	Yr 11 Netball vs Denefield	Lost 7-13
Thursday 16th Jan	U15 Girls County Football vs Edgebarrow	Won 4-3
Friday 17th Jan	Yr 7 Boys County Football vs RBCS	Won 2-1
Saturday 18th Jan	U13 & U15 Girls County Cross Country Championships	
U13s-Valentina Astuso Sartorel = 10th, Eirene Chiu = 57th, U15s Hagne Chiu = 51st		



## Upcoming Fixtures

### This Weeks Fixtures

Tuesday 21st Jan	Yr 10 Netball vs BHF	Away @ BHF
Tuesday 21st Jan	Yr 9 Boys 5 aside Football Tournament	Away @ JMA
Tuesday 21st Jan	U13 Boys County Football vs Brackenhale	Home @ Highdown
Wednesday 22nd Jan	U15 Bous County Football vs Desborough	Home @ Highdown
Thursday 23rd Jan	Yr 10 Girls 5 aside Football Tournament	Away @ Denefield

### Next Weeks Fixtures

Tuesday 28th Jan	Yr 8 Boys 5 aside Football Tournament	Away @ Denefield
Wednesday 29th Jan	Yr 9 Girls 5 aside Football Tournament	Away @ Bohunt
Thursday 30th Jan	Yr 11 Netball vs Kendrick	Away @ Kendrick



# SPORTING SPOTLIGHT



## Extra Curricular PE Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Before School</b>				<b>8am – Running Club</b> with Mr Colvin	
<b>Lunch Time</b>	<b>Yr 9 Fitness Club</b> with Mr Patten (Fitness Suite)  <b>Yr 7, 8 &amp; 9 Boys Basketball Club</b> with Mr Thompson (Gym)	<b>Yr 8, 9, 10 &amp; 11 Girls Badminton Club</b> with Mrs Sadler (Gym)  <b>Netball Shooting Club</b> with Miss Clark (Netball Courts)	<b>6<sup>th</sup> Form Fitness Club</b> with Mr Patten (Fitness Suite)  <b>Yr 10, 11 &amp; 6<sup>th</sup> Form Basketball Club</b> with Miss Warne (Gym)	<b>Yr 9, 10 &amp; 11 Girls Fitness Club</b> with Miss Clark (Fitness Suite)  <b>Yr 7, 8 &amp; 9 Girls Benchball Club</b> with Miss Boswell (Gym)	<b>Yr 10, 11 &amp; 6<sup>th</sup> Form Badminton Club</b> with Mr Colvin (Gym)
<b>After School</b>		<b>Yr 11 Girls Netball</b> with Miss Clark  <b>Yr 9 Girls Netball</b> with Miss Boswell  <b>Yr 10 Boys Football</b> with Mr Colvin  <b>Yr 8 Boys Football</b> with Mr Thompson	<b>Yr 8 Girls Netball</b> with Miss Clark	<b>Yr 10 Girls Netball</b> with Mrs Sadler  <b>Yr 7 Girls Netball</b> with Miss Warne  <b>Yr 9 Boys Football</b> with Mr Patten  <b>Yr 7 Boys Football</b> with Mr Gordon	
<b>League Fixture Nights</b>		<b>Yr 10 Girls Netball</b> ( <i>before Half Term</i> )  <b>Yr 7 Girls Netball</b> ( <i>after Half Term</i> )  <b>Yr 7 Boys Football</b> ( <i>after Half Term</i> )  <b>Yr 9 Boys Football</b> ( <i>after Half Term</i> )	<b>Yr 8 Girls Netball</b> ( <i>after Half Term</i> )  <b>Yr 10 Boys Football</b> ( <i>after Half Term</i> )	<b>Yr 11 Girls Netball</b> ( <i>before Half Term</i> )  <b>Yr 9 Girls Netball</b> ( <i>after Half Term</i> )  <b>Yr 8 Boys Football</b> ( <i>after Half Term</i> )  <b>Yr 11 Boys Football</b> ( <i>after Half Term</i> )	

## SPORTING SUCCESS OUTSIDE OF SCHOOL

### 2024 Reading Sports Awards

Highdown where well represented at the Reading Sports Awards in December last year. Highly commended in the Junior Sports Personality of the Year award in the Youth category was **Mia Gallagher (10D)**. In just 2 years of competitive climbing, Mia has won multiple championships, including the Irish Lead & Bouldering champions, 4 Nations Cups and the Junior British Lead Championships

The winner of the Junior Sports Personality of the Year Award in the Junior category was **Iris Hajda (7J)**. At just 11, Iris is a BMX sensation, winning the National Series and British Championships titles and is earning top rankings globally.

Well Done to both students. An amazing achievement.