



Key Dates for GCSE

October 17	Yr11 Parents Evening (19th)
November 17	Start revising at home
November 17	Study Skills Evening (7th) Non Examination Assessment 1 (15%)
December 17	PPEs begin (4th) PPEs end (15th)
January 18	Revising should be picking up
February 18	Non Examination Assessment (35%)
March 18	Revision should be full steam now PPE2 begin (5th) PPE2 end (9th)
May 18	GCSE exams start (14th)
August	GCSE Results

Supporting with Revision

Revision is vital for all students but it can lead to a great deal of stress and anxiety. We've included some tips below for parents:

- Encourage them to attend GCSE clubs for one-to-one support and advice.
- Maintain motivation with rewards. Food/Cinema etc...
- Ensure they have breaks, eat well and get a good work/life balance.
- Let them cook as much as they can at home. Practice makes perfect.
- Useful Resources:
 - Eduqas GCSE Food Preparation & Nutrition: Student Book** by Alison Clough-Halstead and Fiona Dowling
 - WJEC EDUQAS GCSE Food Preparation and Nutrition** by Helen Buckland and Jacqui Keepin
 - www.foodfactoflife.com
 - www.foodlink.org.uk
 - www.Sainsbury.co.uk
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Exams

Assessment Details	%
Exam	50
Non Exam Assessment	50