



Supporting your child through their PE GCSE

Key Dates for PE GCSE



October 17	Yr11 Parents Evening (19th)
November 17	Start revising at home Study Skills Evening (7th) Practical and theory intervention
December 17	PPEs begin (4th) PPEs end (15th)
January 18	Revising should be picking up
March 18	Practical Moderation Day 30% of GCSE Revision should be full steam now PPE2 begin (5th) PPE2 end (9th)
May 18	GCSE exams start (14th)
August	GCSE Results

Supporting with Revision

Revision is vital for all students but it can lead to a great deal of stress and anxiety. We've included some tips below for parents:

- Ensure students are playing their main sports outside of school.
- Suggest that they attend revision clubs when advertised.
- Maintain motivation with rewards. Food/Cinema etc...
- Ensure they have breaks, eat well and get a good work/life balance.
- Recommended revision books:
Edexcel PE Unit 1 Theory of PE—
Revision Guide and Revision
Workbook.



Exams

Assessment	%
2 theory exams	60
3 practical assessments	30
Personal exercise programme	10