



Kendrick School
Ms Helen Stacey
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Reading Girls' School
Miss Kimika Gardner
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Support for Parents/Carers of Secondary Students in Reading

The Reading Young Peoples' Emotional Wellbeing Partnership is delighted to offer a series of opportunities for parents/carers to find out more about a range of difficulties that young people may be facing, and how they can best support their child. The team of Educational Psychologists and Primary Mental Health Workers who work closely with school staff to improve outcomes for young people across Reading, will deliver these sessions. We will be delighted to welcome parents/carers from students attending **any secondary school in Reading.**

The sessions will be delivered twice on the same day:

- **Reading Girls' School (RG2 7PY) at 9.30am**
- **Kendrick School (RG1 5BN) at 6.00pm**

Please use this link if you would like to reserve a place for the session on **Anxiety**:

<https://www.surveymonkey.co.uk/r/DKTD2NN>

Date	Topic
Wednesday 12th December 2018	Anxiety
Wednesday 30 th January 2019	Depression/Low Mood
Wednesday 27 th February 2019	Self-Harm
Wednesday 27 th March 2019	Eating Disorders
Wednesday 24 th April 2019	Exam Anxiety
Wednesday 3 rd July 2019	Resilience

(Please note that parking onsite at Kendrick School is very limited and so public transport should be used where possible - we are a 5 minute walk from the Oracle. Parking at Queens Road car park is the nearest but we can accommodate parking for anyone with mobility issues (please contact Reception in advance to arrange this). Please arrive at Reception on East Street for the event.)

Please contact the host schools if you have any queries about these events.