



	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11
TERM 1	Promoting emotional health during transition What makes us human Being me Getting to know one another What is in a name? Our influences	Who am I? My Family Location and Hobbies Family Factors Faith & Beliefs Influences on Personal Identity Restart a Heart Week	Health and Emotions Personal Conflicts Restart A Heart Week Questions of Identity Identity Conflicts Qualities I Admire Who Am I?	Forward together Promoting Emotional Health During Transition to KS4 Study Strategies - Revision Strategies Sexual Identity Peer pressure Restart a heart	Forward together A letter to my future self Thinking strategically Study and Revision strategies Creating a study timetable Coping with stress Restart a heart
TERM 2	Acts of kindness Anti-bullying Our attitudes Stereotyping Diversity, empathy and inclusion Sex discrimination Disability and discrimination	Anti-Bullying Week- All different all Equal What can I do? What is Poverty? Why Poverty Exists Fair Trade Global Acts of Unity	Anti-Bullying Week - All Different All Equal Images of Britain/Being British Building Bridges Anti-Racism Attitudes and Influences Refuges Global Acts of Unity	Emotional Wellbeing Exploring diversity Anti-Bullying Week - All Different All Equal Influencing attitudes and fake news Parliament week What is my career goal? Social media and careers Global acts of unity	Understanding and preventing extremism/radicalisation How can language divide us? Anti-bullying Influences Community Life after Year 11 Global Acts of Unity
TERM 3	Emotional health and wellbeing Brand awareness Buying online Using the internet – scams Marketing on the internet	Resilience- Reframing Failure Unhealthy Coping Strategies - Self Harm Banking and Debt Budgeting Managing Money Safer Internet - Create, Connect & Share Respect	Choosing Options Future Jobs Stereotyping and Gender Inequality Labour Market Intelligence Safer Internet - Create, Connect & Share Respect Action Planning	Safer Internet - Create, Connect & Share Respect What influences decisions? How can I make informed decisions? Why do my decisions matter? Money lending organisations A different type of debt	Understanding and managing money Money and work Financial risk and security Future money Safer internet Gambling – the maths, the issues
TERM 4	Body Image Healthy Eating and Exercise Healthy bodies and Healthy Minds Puberty Healthy Relationships	Heathy Lifestyles Operation Fashion Show Alcohol Drugs Study Skills Study Strategies - Revision Strategies	Female beauty Male beauty The What and Why of Sex Contraception Live Streaming - Grooming Study Strategies - Revision Strategies	Mental health and stress Exam stress Building resilience Online stress and FOMO Body image PPE preparation	Healthy Living Body Image in the digital world Alcohol and the law Drugs The Government Face-it-revision/DIRT
TERM 5	Gender Stereotyping Sexualised Behaviour Sharing Sexual Images Safer Online Relationships Consent	Relationships & Sex Empathy Attraction Pressures in relationships Loss	Getting Intimate Safer Sex STIs My Values Unhealthy Relationships Pornography	Relationship abuse Consent Sharing sexual images Forming positive relationships Revision for all	Consent Issues in relationships Issues of Gender and Sexuality

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TERM 6	Peer Pressure FGM What is Risk? Risk and Temptation Reducing Risks Risk Awareness Guide	What is Risk? Why do people take risks? Risks worth taking Reaching a Goal Risks & Rights What is the House of Commons and Lords?	Influences of Health Supporting Good Health Parenthood game Financial Cost of Parenthood Teenage Parenting	What do we know about drugs? Classification of drugs Consequences of possession and supply of drugs Impact of alcohol Binge drinking US elections – how do they work? Happy careers Apprenticeships Career speed dating	N/A – Public examinations