

Highdown School - Physical Education Department



Boys

Timetable of Extra Curricular Activities - Terms 3+4

	Lunch	After School
Monday		
Tuesday	Badminton – All Years	Football – Year 9 Football – Year 7
Wednesday		Football – Year 10 Boys Fitness suite – Years 9-13 Trampoline – All Years (Term 3)
Thursday	Table Tennis – All Years	Football – Year 8 Hockey – All Years Football – Year 11
Friday	Beginners swimming Boys Fitness suite – Years 9-13 Reading Rockets basketball – All Years	